

assemble (v): tập hợp ~ gather

UNIT 3. TEEN STRESS AND PRESSURE

A. PHONETICS

~ journalist (n)

(adj): khó chịu

(adj): xấu hổ

I Find the word which has a different sound in the part underlined.

1. A columnist ^a B. frustrated [^] C. study [^] D. adulthood [^]
 2. A. helpline ^e B. September ^e C embarrassed ⁱ D. depressed ^e
 3. A. tense ^s B. skill ^{sk} C decision ^s D. house-keeping ^s
 4. A. resemble ^e B. adolescence ^e C. independence ^e D destruction ⁱ
 5. A. delighted ⁱ B. depressed ⁱ C. embarrassed ⁱ D relative ^e

(v): giống

(adj) ~ happy

II Find the word whose stress pattern is different from the others.

1. A. worried ¹ B. cognitive ¹ C. concentrate ¹ D. frustrated ²
 2. A. wonderful ¹ B. emergency ² C. adulthood ^{1/2} D. indicator ¹ (n): người chỉ điểm
 3. A. adolescence ³ B. independence ³ C. discipline ¹ D. metropolitan ³
 4. A worried ¹ B. relaxed ² C. resolved ² D. aware ²
 5. A. relate ² B. contain ² C. boredom ¹ D. informed ²

B. VOCABULARY AND GRAMMAR

III Fill in each blank with a suitable word given.

- 2 house-keeping 7 self-disciplined 8 columnists 5 resolve
 6 frustrations 3 cognitive skills 1 adolescents 4 independence

1. adolescents and young adults, both male and female, benefit from physical activity.
 2. Some students like to have a house-keeping job. ^V male (n): nam, giống đực
 3. Maths requires a lot of cognitive skills. ⁽ⁿ⁾ female (n): nữ, giống cái
 4. Villager students often are more independence than city dwellers. ⁽ⁿ⁾ frustrated (adj): khó chịu
 5. They will need to + V: (S) cần phải làm gì. ⁽ⁿ⁾ need + V-ing: (S) cần được làm gì
 6. Students should take part in some social activities to reduce school pressures and frustration ~ discomfort (n)
 7. Your brain will grow if you improved self-control and self-disciplined. ^{(adj): tự chủ} ^{(adj): tự giác}
 8. You can become an advice columnist when you graduate from this faculty. ⁽ⁿ⁾

IV Choose the best answer A, B, C, or D for each blank. move toward + smth : hướng tới điều gì

1. As children move toward they are less likely to ask for advice.
 A dependent adj B. dependence n C independent adj D independence n: sự tự lập
 2. My parents asked me to figure out = find out gave me so much trouble. ^{><} dependence
A. what B. which C. how many D. where ^{hỏi lựa chọn}
 3. I'm not sure I can solve this problem.
A. how B. what C. who D. by whom (bởi ai đó?)
 4. Our car at the side of the highway in the snowstorm. This letter was written by Jane.
 By whom was this letter written?

LIVEWORKSHEETS

break smth down into smth

= divide smth into smth : chia... ra....

break away : rời bỏ, tách

break in : đột nhập

come up with : nảy ra ý tưởng, suy nghĩ...

break down : hỏng hóc, suy sụp, phân chia

- A. broke into B. broke away C. broke in **D. broke down**
5. Mike Alaska, so **he's used to cold weather.** to be used to smth/V-ing : đã quen với điều gì
A. comes over B. comes in C. comes across **D. comes from** come from : tới từ...
6. Jane had a difficult childhood. She a broken home. come over = move
A. came from B. came over C. came in D. came up with come in : đi vào
7. The woman **when the police told her that her son had died.** khi nào (tell) D. came up with
A. broke down B. broke away C. broke in D. broke into come across : bước qua, tình cờ gặp
8. Our teacher **broke the final project** into three **separate parts.** đột nhập, vỡ, đột nhiên làm gì
A. in B. into C. away (v): **tách** **D. down**
9. Lan asked her teacher what requirements she a monitor. where?
A. needs to become B. needed doing C. need to do D. needed to do
10. We need to prepare food, **do laundry** and chores at home. It's
A. social skills B. self-care skills **C. housekeeping skills** D. cognitive skills

V Change the following sentences into reported speech.

- xem loại câu (?(có từ để hỏi hay dùng trợ Đt) , + , -)

1. **Where did you spend your holidays last year?** she asked me.
- She asked me **where I had spent/ spent my holidays the previous year.**
2. He said, "Don't go too far."
- He **advised her not to go too far.** S + advise (sb) +(not) to V: khuyên (ai) (không) nên làm gì
3. "You should take more exercise, Mr. Robert," the doctor said.
- The doctor advised **Mr Robert to take more exercise.**
4. **Will I find a job?** Tim said to himself. không sd trợ đt ở trước S trong câu tường thuật
- Tim wondered **if he would find a job** lại câu nghi vấn
5. **When is the first day of your holiday, Peter?** Martha asked.
- Martha asked Peter **when the first day of this holiday was.** / whether

VI Find and correct the mistake in each sentence.

1. My classmate **told** me you **can't** explain the rule **to** her. couldn't.....
A B C D
2. I'm **not** sure **what** I can solve this problem. if.../ how
A B C D
3. You have a **problem** with your classmate, you don't know **what** to do, you **may** feel **happy**. unhappy/sad/ bored...
A B C D
4. You notice something **strange** **happen** to your body **when** you **start** your adolescence. happening
A B C D notice sb/sth + Ving: chú ý đến ai đó / cái gì đó làm gì
5. She **finds** that **it** is **difficult** **staying** awake **during** the meeting. to stay....
A B C D

✓ find smth + adj + (to V)

cảm thấy (điều gì đó) như thế nào để làm gì

LIVEWORKSHEETS

- find sb + adj : cảm thấy ai đó như thế nào

(người/ vật chịu tác động của hành động)

S + V + O + ...

He **told** me **a story**.

He **advised** me

~~He **advised** me~~

LIVEWORKSHEETS