SCHOOL:_____NAME:_____
CLASS:_____DATE:_____

ENGLISH FORM 1

Topic: **NEW YEAR, NEW YOU**

Theme: People and Self

Read the text carefully in each question. Choose the best answer A,B or C. For each question, mark the correct answer A,B or C.CEFR LEVEL

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1. What is the purpose of Healthy Life Café for kids?

☐ A. To sell fast food

☐ B. To promote healthy eating

☐ C. To give free snacks

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2. What is the special offer at the café?

☐ A. Buy one meal, get two free

☐ B. Buy two healthy meals and get a free drink

☐ C. Free meal on weekends

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3. Which goal helps improve health?

☐ A. Sleep late

☐ B. Exercise three times a week

☐ C. Watch more TV

4. What can you do to be a better person?

☐ A. Be kind to everyone

☐ B. Ignore your friends

☐ C. Play games all day

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Saving for a Better You

Tip of the Day:
A little planning goes a long way in saving money!
Make a list before shopping. Avoid buying things you don't need.

5. What should you do before shopping?
☐ A. Make a list
☐ B. Buy more snacks
☐ C. Forget your plan

6. What is the meaning of "goes a long way"?
☐ A. It is useless
☐ B. It is very helpful
☐ C. It is very far

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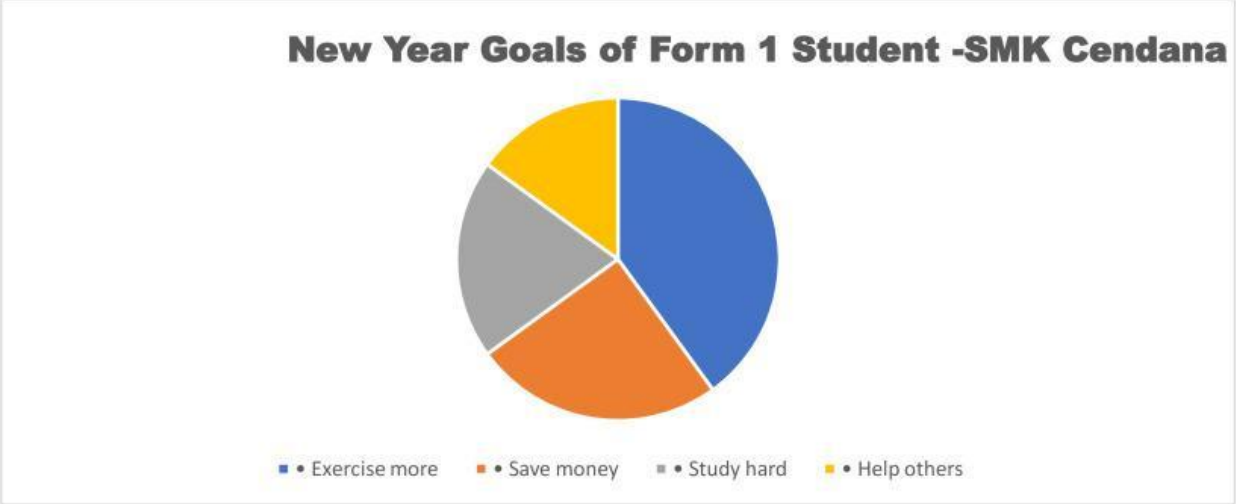
Hobbies of Students (Chart)

New Year Goals of Form 1 Students – SMK Cendana



- Exercise more – 40%
- Save money – 25%
- Study hard – 20%
- Help others – 15%

7. From the chart, we know most students want to _____.

☐ A. play more games

☐ B. exercise more

☐ C. sleep more

8. The least popular goal is _____.

☐ A. help others

☐ B. save money

☐ C. study hard

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✍ Activity 2: Fill in the blanks

1. This year, I want to _____ more.
   (Example: read / help / exercise)
2. I plan to _____ every weekend.
   (Example: clean my room / visit my grandparents / study)
3. I want to _____my time better.
4. I will _____kind to my family and friend

Activity 3:Match the words Gapped Text

Read the text below.2 sentences have been removed from the text for 1 to 2, choose from the sentences A-B to fit each gap.

My favorite subject is English; my goal this year is to speak English fluently.1_____it helps me communicate with people from different countries. I also enjoy reading stories and writing essays in English.

Learning English is Important because it is a global language.2_____knowing English will help me in my future career and when I travel to other countries. In conclusion, English is my favourite subject because it is fun, interesting and useful.

A	Many people around the world use English to talk, write, and share ideas
B	I enjoy learning English because it is very interesting and useful

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☑ Activity 4: Choose the correct sentence

☐ a) I will helps my mother.
☐ b) I will help my mother.
☐ c) I will helping my mother.

☐ a) I will study hard this year.
☐ b) I will studied hard this year.
☐ c) I studying hard this year.

💬 Activity 5: Write your own sentence

1)Write one way you can be a better person this year.
Example: I will say thank you to my teachers.

_____
_____
_____

2)Write one habit you want to start this year.

Example: I want to read one book every month

_____
_____
_____

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