

Nhiệm vụ 1: Đọc bài đọc và chọn đáp án đúng

Happiness is **the key** to a healthy life. Here are some things you can do to make you happy.

Love others fully

When you love somebody, express your love. Don't keep it to yourself. There are many ways to do it. For example, you can say "I love you" more often, do things together, and help them when they need you. You can make yourself and others happy by doing so.

Laugh more often

Laughter shows that you are happy, and it has the magic power of making others happy too. Laughter is like medicine. It helps people live longer.

Enjoy adventures

Visit a new place, do a new thing, or talk to a new person every week. You will get new knowledge and experience.

1. The phrase "the key" in the first line is closest in meaning to ____.

- A.** the first factor **B.** the most important factor **C.** the new factor

2. To show your love to other people, you ____.

- A.** give them money **B.** take care of yourself **C.** do things with them

3. The writer says "Laughter is like medicine" because ____.

- A.** it makes others laugh too **B.** it helps you make friends
C. it helps people live longer

4. You can get knowledge and experience by ____.

- A.** visiting new places **B.** loving other people **C.** laughing more often

5. The best title for this passage is "____".

- A.** Live to be happy **B.** Laughter is the power of happiness
C. Happiness is hard to find