

Health problems:

Health tips:

1.do exercise			Giữ dáng
3. get rest			Giữ sạch sẽ
5. sleep more			Rửa tay
7. eat more fruit			Xem ít ti vi
9.avoid junk food			Hạn chế thời gian
11.wear a hat			Rửa mặt
13. stay in bed			Ăn kiêng
15.do aerobics			Giảm cân
17.set the alarm			Chơi thể thao

boating

cycling

suncream

lunch box

sunburn



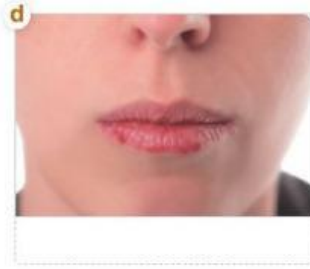
1. dim light

2. lip balm

3. chapped lips

4. coloured vegetables

5. red spots



tidy

fit

dirty

healthy

active

1. always busy doing things, especially physical activities:

2. good for your health:

3. everything in order:

4. in good shape:

5. not clean: