SUPER STAR LANGUAGE CENTER
IELTS Reading Practice (Band 4 Level)
Allotted time: 35 minutes

Reading 1: The Life of Honey Bees (Band 4 Level)

Honey bees are very important insects. They live together in large groups called colonies. Each colony has one queen bee, many worker bees, and some drones. The queen bee's main job is to lay eggs. Worker bees are all female, and they collect nectar and pollen from flowers to make honey. Drones are male bees, and their only job is to mate with the queen.

Bees are social insects, which means they work together to survive. When a bee finds flowers, it returns to the hive and does a special dance to tell other bees where the flowers are. This dance shows the direction and distance of the food.

Honey bees also help humans by pollinating plants. When they move from flower to flower, pollen sticks to their bodies and helps plants grow fruits and vegetables. Without bees, many plants would not be able to reproduce. However, in recent years, the number of honey-bee colonies has fallen in many countries because of pollution, the use of pesticides, and loss of habitat.

Exercise 1: Gap Filling (Vocabulary Practice)

Complete the sentences below using NO MORE THAN TWO WORDS from the passage.

1. Honey bees live together in large groups called _____.
2. The _____ lays eggs in the colony.
3. Worker bees collect _____ and pollen from flowers.
4. Drones only have one job — to _____ with the queen.
5. Bees are called _____ insects because they live and work together.

Exercise 2: Gap Filling (Summary Completion)

Complete the summary below using words from the text with NO MORE THAN TWO WORDS

When a bee finds food, it tells other bees by doing a special (6)_____. This shows other bees where to find the (7)_____. Bees help people by (8)_____ plants so they can produce fruits and vegetables.

IELTS Reading Practice (Band 4.5 Level)

Topic: The Importance of Sleep

Sleep is an important part of human life. Most adults need around seven to eight hours of sleep each night, while children and teenagers usually need more. During sleep, the body rests and repairs itself, and the brain organizes memories and information learned during the day. Without enough sleep, people often feel tired, forgetful, and less able to concentrate.

Write:

- **TRUE** if the statement agrees with the passage
- **FALSE** if the statement contradicts the passage
- **NOT GIVEN** if there is no information

9. Teenagers usually need more sleep than adults.
10. The brain stops working completely when people are asleep.
11. People who sleep too much can become ill more easily.
12. Drinking coffee before bed can make it harder to sleep.

LIVEWORKSHEETS

Many studies show that sleep affects both physical and mental health. People who do not get enough sleep may have a higher risk of becoming sick or feeling stressed. Lack of sleep can also influence emotions, making people more anxious or unhappy.

There are several things that can help people sleep better. For example, going to bed at the same time every night helps the body create a regular routine. It is also helpful to avoid caffeine or electronic devices before sleeping. These things can make it harder to fall asleep quickly.

However, in modern society, many people suffer from sleep problems because of busy lifestyles, long working hours, or too much screen time. Experts suggest that people should give more importance to rest in order to stay healthy and productive.

13. Many people have sleeping problems because they work long hours.
14. The article says everyone should sleep exactly eight hours every night.
15. Experts believe sleep is important for health and productivity.

IELTS Reading Practice (Band 4 Level)

Topic: The Giant Panda

1. The giant panda is one of the most famous animals in the world. It lives mainly in the mountains of China, where there are many bamboo forests. Pandas eat mostly bamboo, but sometimes they also eat small animals or birds.

2. Pandas are large animals with black and white fur. They can grow up to 1.5 meters long and usually weigh about 100 kilograms. Even though they look strong, pandas are very gentle and spend most of their time eating and sleeping.

3. Female pandas can have one or two babies at a time, but it is not easy for baby pandas to survive in the wild. Because of this, pandas are an endangered species. Many nature reserves have been built to protect them. In these places, people help pandas find food and stay safe.

4. Today, thanks to these efforts, the number of pandas in China is slowly increasing. However, pandas still face problems such as loss of forests and climate change. More work is needed to make sure these beautiful animals can live safely in the future.

A. Appearance and daily habits
B. The future of pandas
C. Where pandas live and what they eat
D. How humans protect pandas
E. Why pandas are important to people

Headings:

16.....
17.....
18.....
19.....

LIVEWORKSHEETS