

## TEST 1 FORM 2025

Read the following advertisement and mark the letter A, B, C or D on your answer sheet to indicate the option that best fits each of the numbered blanks from 1 to 6.

### Connect Deeper Than Wi-Fi Ever Could

- NeuroSync Family effectively helps everyone stay (1)\_\_\_\_\_ across multiple devices and platforms. Our revolutionary (2)\_\_\_\_\_ creates strong emotional bonds between generations every day.
- The small portable device (3)\_\_\_\_\_ by our experienced team works instantly in any home environment. NeuroSync brilliantly brings lifelong happiness and genuine connection (4)\_\_\_\_\_ your entire family throughout the year.
- NeuroSync Family always keeps you in (5)\_\_\_\_\_ with all your loved ones no matter the distance. We sincerely want (6)\_\_\_\_\_ families everywhere in our increasingly digital modern world.
- ❖ Try NeuroSync Family today!

**Question 1:** A. connected      B. connect

    C. connection      D. connective

**Question 2:** A. family advanced technology

    B. advanced family technology

    C. advanced technology family

    D. technology family advanced

**Question 3:** A. was designed      B. designing

    C. designed      D. which designed

**Question 4:** A. for      B. at

    C. about      D. to

**Question 5:** A. touch      B. contact

    C. communication      D. sync

**Question 6:** A. connecting      B. to connect

    C. connect      D. to connecting

Read of the following leaflet and mark the letter A, B, C or D on your answer sheet to indicate the option that best fits each of the numbered blanks from 7 to 12.

### Family Life Elevated: Beyond Traditional Boundaries

- Modern families are embracing new (7)\_\_\_\_\_ of living together in diverse and supportive environments. Some families live in apartments near city centers, while (8)\_\_\_\_\_ prefer houses in the quiet and peaceful countryside.
- Families grow closer when they (9)\_\_\_\_\_ each other every day with love, patience, and understanding. (10)\_\_\_\_\_ busy schedules and the challenges of modern life, quality family time remains important for emotional wellbeing.
- Children need guidance and support from their parents during all (11)\_\_\_\_\_ of growth and development. (12)\_\_\_\_\_ of the outdoor and creative activities can bring families together in meaningful and memorable ways.

**Question 7:** A. forms

    B. ways

    C. methods

    D. styles

**Question 8:** A. another

    B. other

    C. the others

    D. others

**Question 9:** A. care for

    B. stand by

    C. put up with

    D. look after

**Question 10:** A. Contrary to

    B. According to

    C. In spite of

    D. Subsequent to

**Question 11:** A. stages

    B. phases

    C. periods

    D. aspects

**Question 12:** A. Much

B. Few

C. Many

D. Most

**Mark the letter A, B, C or D on your answer sheet to indicate the best arrangement of utterances or sentences to make a meaningful exchange or text in each of the following questions from 13 to 17.**

**Question 13:**

a. Sam: Yes! It sends messages to my phone when it needs water. Very cool!

b. Maya: Does it play music too?

c. Maya: Hi Sam! Do you like your new smart plant?

A. a-c-b

B. b-a-c

C. a-b-c

D. c-a-b

**Question 14:**

a. Ana: Yes, it shows messages and the weather too. And it counts my steps.

b. Liam: Hi Ana! Is that a hologram watch?

c. Liam: How long does the battery last?

d. Liam: Amazing! Can it do other things?

e. Ana: Yes! It shows the time in the air. Look!

A. c-b-a-d-e

B. b-e-d-a-c

C. b-d-a-c-e

D. a-e-d-b-c

**Question 15:**

Dear Lin,

a. Do your children use AI toys? I worry sometimes. Emma talks to her AI friend more than her real friends. Is this OK?

b. What rules do you have? Does AI help your children with homework too? Please write back soon.

c. We have rules at home - only 1 hour of AI games each day.

d. How are you? My daughter Emma loves her new AI reading buddy. It reads stories and asks her questions. She learns new words every day!

e. The rest of the time is for outdoor play and family time.

Your friend,

LK

A. a-e-d-c-b

B. d-a-c-e-b

C. e-b-a-c-d

D. c-a-d-e-b

**Question 16:**

a. The FamilyConnect app helps people find their chosen families. You answer questions and find people with the same values. More than 50 million people use this app now!

b. In 2025, many people create new kinds of families. These are called "chosen families."

c. Schools now celebrate Family Day instead of Mother's or Father's Day. Everyone brings their family members - by blood or by choice. This makes all children happy.

d. A chosen family is a group of friends who love and help each other. They are not blood relatives, but they care like real family. They share meals and holidays together.

e. Some chosen families live together in big houses. They share costs and help with children. This makes life easier and less lonely.

A. a-b-d-e-c

B. d-b-e-a-c

C. b-d-a-e-c

D. e-b-a-d-c

**Question 17:**

- a. With these apps, families can add photos, videos, and short stories every day. Grandparents, parents, and children can all write in the same journal. The app saves everything in the cloud.
- b. Schools now teach children how to create digital family histories. This helps families keep their stories for many generations. Old photo albums get dusty, but digital journals last forever.
- c. Digital family journals are new apps for saving family memories. They are easy to use and fun for everyone.
- d. Some digital journals have AI that asks questions about special days. "How did you feel on your birthday?" The answers help families remember important feelings.
- e. Many families use voice notes in their digital journals. You can hear baby's first words or grandma's stories years later. The app also makes beautiful timeline videos of your family.

A. c-a-e-d-b

B. c-d-a-e-b

C. c-b-e-a-d

D. c-e-a-b-d

**Read the following passage about Reconnecting Families with the Natural World and mark the letter A, B, C or D on your answer sheet to indicate the option that best fits each of the numbered blanks from 18 to 22.**

In today's fast-paced digital era, many families have become disconnected from the natural world as technology dominates their daily lives. Children spend countless hours on electronic devices, while parents often struggle to balance work and family time. Plants, (18)\_\_\_\_\_, can easily be incorporated into any living space regardless of its size. If more attention were given to incorporating natural elements indoors, our mental health would significantly improve. Studies have consistently shown that exposure to natural elements reduces stress hormones and promotes overall well-being. Indoor gardening, requiring minimal investment but yielding substantial benefits, (19)\_\_\_\_\_. Nature-inspired décor creates a serene environment and encourages mindfulness; (20)\_\_\_\_\_. Families enjoying indoor gardening together while learning about different plant species strengthen their bonds through shared experiences. The natural world (21)\_\_\_\_\_. Experts recommend starting with low-maintenance plants such as succulents or pothos for beginners before advancing to more demanding varieties. Research indicates that children exposed to nature indoors develop greater environmental awareness and responsibility. (22)\_\_\_\_\_ and hanging planters maximizing limited space. The integration of natural elements indoors not only beautifies living spaces but also connects us to the rhythms and cycles of nature that modern lifestyles often obscure. Bringing nature indoors represents a simple yet profound way to heal our disconnection from the environment that sustains us.

**Question 18:**

- A. had absorbed toxins and prevented noise pollution
- B. attract beneficial insects and enhance soil quality
- C. which purify the air and create a calming atmosphere
- D. which will filter sunlight and would regulate humidity

**Question 19:**

- A. has become increasingly popular among urban families
- B. becoming gradually essential for suburban households
- C. grown significantly valuable for modern professionals
- D. considered highly beneficial by environmental activists

**Question 20:**

- A. however, they function as natural barriers against noise
- B. moreover, it serves as a conversation starter for guests
- C. therefore, we consider it purely decorative in design
- D. similarly, people view it as an investment opportunity

**Question 21:**

- A. which has dramatically transformed rural landscapes through technological integration and community engagement
- B. that consumers increasingly demand from commercial spaces despite economic constraints and traditional values
- C. having been extensively modified for international exhibitions through artistic collaborations and media coverage
- D. has been gradually reintroduced to modern homes through innovative designs and sustainable practices

**Question 22:**

- A. While modern offices must provide comfortable workspaces for remote employees
- B. Even small apartments can become green sanctuaries with vertical gardens
- C. Although traditional gardens require extensive maintenance and regular watering
- D. Because urban developers focus primarily on maximizing available living space

**Read the following passage about How Families Are Changing and mark the letter A, B, C or D on your answer sheet to indicate the best answer to each of the following questions from 23 to 30.**

In today's fast-paced world, families face challenges in spending quality time together. Parents work long hours, and children have busy schedules with school and activities. Recent studies show the average family spends only 37 minutes of **undistracted** time together on weekdays. This limited interaction has prompted families to adopt new strategies to connect despite hectic lifestyles. Some families schedule "digital detox" evenings when electronic devices are turned off, allowing meaningful conversations and traditional games.

Modern families are changing their approach to weekends and holidays. Instead of expensive trips, more parents discover the value of simple activities at home. Cooking meals, gardening, or small projects can create lasting memories and strengthen family bonds. These activities teach children important life skills while providing opportunities for natural conversation. Surveys show children often prefer intimate home activities to expensive entertainment, as **they** treasure undivided attention from parents.

Technology, despite potential distractions, is helping families stay connected. Many use video calls to include distant relatives in daily routines or celebrations. Some parents use family management apps to coordinate schedules and ensure time for family activities. However, experts warn that digital solutions should complement rather than replace face-to-face interactions. Children need physical presence and emotional engagement to develop healthy social skills and feel secure.

**Psychologists predict families will continue adapting traditions to match modern life realities.**

Communities are creating family-friendly spaces and events that accommodate busy schedules. Schools increasingly recognize family time importance by reducing homework and scheduling parent-child activities. Employers are beginning to understand that supporting family life through flexible working benefits everyone. These societal changes suggest that while family time may evolve, its fundamental importance remains unchanged.

**Question 23:** According to the passage, which of the following is NOT mentioned as a way families spend quality time together?

- A. Cooking meals together
- B. Playing outdoor sports together
- C. Gardening together
- D. Video calls with distant relatives

**Question 24:** The word “undistracted” in paragraph 1 is OPPOSITE in meaning to \_\_\_\_\_.

- A. focused
- B. attentive
- C. engaged
- D. diverted

**Question 25:** The word “**they**” in paragraph 2 refers to \_\_\_\_\_.

- A. children
- B. surveys
- C. activities
- D. parents

**Question 26:** The word “coordinate” in paragraph 3 could be best replaced by \_\_\_\_\_.

- A. manage
- B. create
- C. synchronize
- D. discuss

**Question 27:** Which of the following best paraphrases the underlined sentence in paragraph 4?

- A. Experts believe family customs will keep changing to fit contemporary lifestyle demands.
- B. Mental health professionals suggest that modern families are losing their traditional values.
- C. Family therapists recommend that parents should enforce traditional customs at all costs.
- D. Social scientists observe that families now prefer modern activities over traditional pastimes.

**Question 28:** Which of the following is TRUE according to the passage?

- A. Most families prefer expensive vacation trips rather than engaging in simple activities at home.
- B. Schools are reducing homework assignments and scheduling activities to support family time.
- C. Digital solutions have largely replaced the need for traditional face-to-face family interactions.
- D. Children generally prefer expensive entertainment options over receiving attention from parents.

**Question 29:** In which paragraph does the writer mention the challenge of finding quality time and new family strategies?

- A. Paragraph 4
- B. Paragraph 3
- C. Paragraph 2
- D. Paragraph 1

**Question 30:** In which paragraph does the writer mention how technology is helping families?

A. Paragraph 1

B. Paragraph 3

C. Paragraph 4

D. Paragraph 2

**Read the following passage about the Ending the Cycle in Modern Families and mark the letter A, B, C or D on your answer sheet to indicate the best answer to each of the following questions from 31 to 40.**

Intergenerational trauma happens when pain from past events affects many family members over time. This trauma can come from big problems like war, natural disasters, or abuse. When parents do not heal from their pain, they may sweep it under the rug and unknowingly pass it to their children. Children learn behaviors and feelings from watching their parents. These patterns can continue for many generations if no one stops them. Recent research shows this process often occurs at neurological and psychological levels simultaneously.

[I] Breaking this cycle starts with awareness. People must first see how past pain affects them now.

[III] Talking openly about hard times helps everyone understand each other better. As the saying goes, "sunlight is the best disinfectant" - bringing problems into the open helps solve them. [III] Many families find that professional help from therapists trained in family trauma can provide useful tools for healing. The journey requires patience, compassion, and willingness to face difficult emotions together. [IV]

Creating new, healthy patterns is important for ending the trauma cycle. Parents who learn better ways to handle stress can teach these skills to **their** children. Simple actions like deep breathing, talking about feelings, and spending quality time together can make a big difference. When families make rules about respect and safety, everyone feels more secure. Children who grow up in homes with clear communication often become adults who continue these good habits. **Consistency** in practicing these healthy behaviors reinforces positive change across multiple generations.

**The benefits of healing family trauma extend beyond immediate family members.** When one family breaks the cycle, they create a positive ripple effect in their community. Children who grow up in healed families tend to form healthier relationships as adults. They are better at solving problems without using hurtful behaviors. While addressing family trauma takes time and effort, the rewards last for generations. Every family has the power to transform pain into strength and wisdom.

**Question 31:** The phrase "sweep it under the rug" in paragraph 1 could be best replaced by \_\_\_\_\_.

A. brush off      B. cover up      C. gloss over      D. bottle up

**Question 32:** Where in paragraph 2 does the following sentence best fit?

**Some families carry pain for so long that it feels normal.**

A. [I]

B. [III]

C. [III]

D. [IV]

**Question 33:** According to the passage, all of the following help break the trauma cycle EXCEPT?

A. seeking professional help from therapists trained in family trauma  
B. talking openly about difficult experiences within the family  
C. creating rules about respect and safety in the home  
D. avoiding all discussions of past pain to protect family members

**Question 34:** Which of the following best summarises paragraph 3?

- A.** Establishing new healthy patterns of communication and behavior helps break trauma cycles, as parents model positive coping skills that children continue into adulthood.
- B.** Maintaining consistent discipline and structured family activities strengthens resilience and prevents emotional disturbances from affecting children through multiple family generations.
- C.** Teaching specific stress management techniques like deep breathing requires professional guidance, but creates lasting benefits for children's emotional development over time.
- D.** Creating strict family boundaries and limiting discussions about difficult emotions provides security that children need to develop healthy relationships later in life.

**Question 35:** The word “**their**” in paragraph 3 refers to \_\_\_\_\_.

- A.** children
- B.** families
- C.** parents
- D.** therapists

**Question 36:** The word “**Consistency**” in paragraph 3 is OPPOSITE in meaning to \_\_\_\_\_.

- A.** Regularity
- B.** Steadiness
- C.** Persistence
- D.** Sporadic behavior

**Question 37:** Which of the following best paraphrases the underlined sentence in paragraph 4?

- A.** Resolving family trauma creates positive impacts that reach outside the nuclear family unit into broader social circles.
- B.** Processing painful experiences within families requires commitment from extended relatives and community members to succeed.
- C.** The therapeutic techniques used to heal generational trauma must be expanded beyond traditional family counseling approaches.
- D.** Family members experience varying degrees of improvement when addressing trauma, with some gaining more benefits than others.

**Question 38:** Which of the following is TRUE according to the passage?

- A.** Children who experience family trauma must receive professional therapy before the age of twelve to prevent neurological damage that becomes permanent in adulthood.
- B.** Addressing intergenerational trauma requires identifying which family member originally caused the trauma pattern and focusing therapeutic interventions specifically on them.
- C.** Parents who learn healthier ways to manage stress can teach these skills to their children, creating positive patterns that may continue across multiple generations.
- D.** The most effective approach to healing family trauma involves temporarily separating family members so each person can process their emotions independently before reuniting.

**Question 39:** Which of the following can be inferred from the passage?

- A.** Families who successfully heal from intergenerational trauma typically require at least three generations of consistent therapeutic work before lasting change occurs.
- B.** Without deliberate intervention, patterns of trauma tend to continue indefinitely across subsequent generations, affecting both neurological and psychological development.
- C.** Professional therapists are more effective than family members at identifying trauma patterns because family members become desensitized to abnormal behaviors over time.

**D.** Communities with higher rates of family trauma tend to develop more extensive support systems naturally as a protective response to widespread suffering.

**Question 40:** Which of the following best summarises the passage?

**A.** Scientific research on family trauma demonstrates that neurological damage from traumatic experiences can be reversed through specific therapeutic techniques, though success depends primarily on early intervention during childhood development stages.

**B.** Intergenerational trauma passes through families when pain remains unaddressed, but awareness, open communication, healthy coping mechanisms, and consistent practices can break this cycle, creating positive effects for families and communities.

**C.** Cultural differences significantly influence how families process trauma across generations, with some communities developing protective rituals naturally while others require professional intervention to maintain healthy family dynamics.

**D.** Modern approaches to family counseling focus on individual healing before addressing group dynamics, recognizing that personal recovery must precede broader family reconciliation to effectively interrupt generational patterns.

## TEST 2 FORM 2025

**Read the following advertisement and mark the letter A, B, C or D on your answer sheet to indicate the option that best fits each of the numbered blanks from 1 to 6.**

### Bridge Generations with Tomorrow's Heritage Technology

- ❖ Proudly presenting Ancestral Echo, the revolutionary technology that connects you with your family history!
- (1)\_\_\_\_\_ memories deserve digital preservation and secure storage for future generations. Our (2)\_\_\_\_\_ brings stories to life through innovative digital storytelling and interactive timelines. The app (3)\_\_\_\_\_ by experts is easy to use even for seniors with limited technical experience.
- We deliver these cherished memories (4)\_\_\_\_\_ your family through personalized digital experiences and interactive presentations. It's time to (5)\_\_\_\_\_ a trip down memory lane with Ancestral Echo and rediscover your roots in stunning detail. (6)\_\_\_\_\_ with your ancestors is now simple and beautiful through our award-winning interface with AI assistance.
- ❖ Download Ancestral Echo today and start your journey through time!

**Question 1:** A. Ancestry      B. Ancestrally      C. Ancestral      D. Ancestrality

**Question 2:** A. technology powerful family      B. family technology powerful

    C. powerful technology family      D. powerful family technology

**Question 3:** A. designing      B. designed      C. which designed      D. was design

**Question 4:** A. to      B. for      C. about      D. forward

**Question 5:** A. bring      B. do      C. make      D. take

**Question 6:** A. To connect

B. Connecting

C. To connecting

D. Connect

**Read of the following leaflet and mark the letter A, B, C or D on your answer sheet to indicate the option that best fits each of the numbered blanks from 7 to 12.**

### The Family Experience: Redesigned for 2025

#### ❖ The Perfect Family Vacation

- Our resort offers many activities for parents, while children can enjoy (7)\_\_\_\_\_ options designed just for them. We are (8)\_\_\_\_\_ welcoming your family to our new resort in 2025.
- The (9)\_\_\_\_\_ includes spacious rooms with modern amenities for maximum comfort. (10)\_\_\_\_\_ your feedback, we have created new family packages.
- Our entertainment program (11)\_\_\_\_\_ daily activities and evening performances for all ages. (12)\_\_\_\_\_ of delicious meals are prepared by our chefs for all guests.

**Question 7:** A. other

B. another

C. the others

D. others

**Question 8:** A. excited about

B. planning on

C. looking forward to

D. waiting for

**Question 9:** A. resort

B. facility

C. building

D. accommodation

**Question 10:** A. On behalf of

B. In accordance with

C. Away from

D. On account of

**Question 11:** A. schedules

B. features

C. selection

D. variety

**Question 12:** A. Most

B. Some

C. All

D. Plenty

**Mark the letter A, B, C or D on your answer sheet to indicate the best arrangement of utterances or sentences to make a meaningful exchange or text in each of the following questions from 13 to 17.**

#### Question 13:

- a. Sarah: Hi Tom! Is that a smart plant on your desk?
- b. Sarah: Wow! What does it say?
- c. Tom: Yes! It's my new digital plant from 2025. It talks to me!

A. c-a-b

B. a-b-c

C. b-a-c

D. a-c-b

#### Question 14:

- a. Mike: Really? How does it work?
- b. Mike: That sounds useful! Is it expensive?
- c. Emma: This is my new pocket chef from 2025. It helps me cook!
- d. Emma: I tell it what food I have, and it gives me recipes. It can also measure ingredients.
- e. Mike: Hi Emma! What is that small robot in your bag?

A. a-b-e-d-c

B. e-c-a-d-b

C. e-c-b-a-d

D. d-a-e-c-b

#### Question 15:

Dear Sarah,

- a. We also go to the park every weekend. It is nice to be outside.
- b. How are you? I hope you are well. Our family is good.
- c. How is your family? Do you do new things together?
- d. I cook with my mom on Sundays. Dad helps too. We learn new recipes.

e. After the pandemic, we spend more time together. We eat dinner at home every day now. We talk more. We play games on Friday nights.

Please write back soon.

Your friend,

LK

A. b-e-a-d-c      B. e-d-a-b-c      C. d-c-a-b-e      D. a-d-b-e-c

**Question 16:**

a. My room is my space. I can close my door when I need quiet time. My family knocks before they come in. This shows respect for me.

b. We talk about our needs in my family. I say when I need alone time. My family listens to me. I listen to them too.

c. Families live together in one home. Everyone needs their own space sometimes. It is important to respect each other's space. This helps everyone feel happy.

d. Respecting space makes a happy family. We all feel better when we have boundaries. We love each other more when we respect each other's space.

e. Parents need space too. When mom or dad is busy, I wait. I do not interrupt them. They feel good when I respect their time.

A. b-a-c-e-d      B. e-a-b-c-d      C. c-a-e-b-d      D. a-e-b-c-d

**Question 17:**

a. Other people worry about changing too much. They ask if we should change how babies look or how smart they are. This feels different.

b. Today doctors can change genes in babies. This is new science. Families must make big choices. They need to think about what is right.

c. Families must learn about gene science. They should talk to doctors. They need to understand what changes mean for the future.

d. Every family makes their own choice. There is no easy answer. We must be careful and kind when we talk about changing babies' genes.

e. Some parents want to fix genes that cause illness. They want healthy babies. This can stop children from getting sick.

A. b-c-d-a-e      B. b-e-a-c-d      C. b-d-e-a-c      D. b-a-c-e-d

**Read the following passage about Teaching Children the Value of Enough and mark the letter A, B, C or D on your answer sheet to indicate the option that best fits each of the numbered blanks from 18 to 22.**

In today's consumer-driven society, children are constantly bombarded with advertisements that create artificial needs. Parents face significant challenges when teaching their children about responsible consumption habits. (18)\_\_\_\_\_, they would develop healthier relationships with material possessions. The concept of "enough" needs to be introduced early, (19)\_\_\_\_\_. Children who learn to appreciate

what they have often grow into more content adults. Parents can model conscious consumption by carefully considering purchases and discussing their choices openly with their children. Excessive consumption not only affects family finances but also contributes to environmental degradation. When shopping with children, (20)\_\_\_\_\_. Many successful families establish clear guidelines for purchases, creating opportunities for children to make thoughtful decisions. The toys that bring children the most joy are often those that stimulate creativity and imagination. By practicing gratitude daily and volunteering in community service, children develop empathy and perspective. Children benefit greatly from experiences rather than objects, creating memories that last much longer than the excitement of new possessions. Teaching children to delay gratification, (21)\_\_\_\_\_. Simple family activities like repairing broken items together can teach valuable lessons. Reading books about sharing and giving can inspire children. Parents should praise children when they make good choices about money. (22)\_\_\_\_\_. Small daily habits form the foundation for lifelong responsible consumption.

**Question 18:**

- A. If students whom are participating in competitive sports and physical activities
- B. If children were given more opportunities to practice mindfulness
- C. If parents which supporting their children through difficult academic challenges
- D. If schools having implemented strict technology usage policies

**Question 19:**

- A. which helps children understand the difference between wants and needs
- B. will helped teenagers develop critical thinking skills in scientific exploration
- C. where students are learning to expressing their emotions through creative writing
- D. enables parents to monitor screen time and online activities

**Question 20:**

- A. parents teaching digital literacy skills while monitoring social media usage
- B. parents having established clear boundaries for screen time and educational content
- C. parents should encourage them to ask questions about product origins and necessity
- D. parents, encouraged exploring outdoor activities instead of material possessions

**Question 21:**

- A. teenagers limit their exposure toward digital media and environmental distractions
- B. schools provide students access toward extracurricular activities and cooperative learning
- C. children express their thoughts through artistic outlets and technological platforms
- D. parents help them develop critical thinking skills and emotional regulation capabilities

**Question 22:**

- A. Regular conversations about basic needs versus wants help build strong values
- B. Creative expression through artistic projects enhances cognitive development
- C. Digital literacy skills during early childhood prevent technological addiction
- D. Outdoor exploration with minimal equipment promotes environmental awareness

**Read the following passage about Cultural Stories Through Shared Meals from 23 to 30.**

Family meals are special times when people come together to enjoy food. In many homes, dinner is when family members talk about **their** day and share stories. Traditional dishes often connect us to our history and culture. My grandmother always says that recipes are like time machines that take us back to the past.

Every country has unique food traditions that families pass down through generations. In Italy, families might spend Sundays making pasta together. In Mexico, preparing tamales for holidays is often a group activity that brings everyone together. These cooking traditions help children learn about their **heritage**. Food becomes more than just something to eat—it becomes a way to remember who we are and where we came from.

The kitchen is usually the heart of the home, where important conversations happen. When we cook together, we learn from each other and create lasting **memories**. My mother taught me how to make her special soup when I was young. Now, I make this soup for my own children. This simple act connects three generations through one recipe. Sharing meals creates bonds that last a lifetime.

In today's busy world, family mealtimes are becoming less common. **Many people eat quickly or alone because of work and school schedules.** However, making time to eat together is important for family relationships. When families sit down without phones or television, they communicate better. Regular family dinners can improve children's vocabulary and confidence. The simple act of sharing food brings people closer together and strengthens family connections.

**Question 23:** According to the passage, which of the following is NOT mentioned as a benefit of family meals?

- A. Improving children's vocabulary and confidence
- B. Creating lasting memories between generations
- C. Strengthening family connections
- D. Lowering the risk of childhood obesity

**Question 24:** The word “**their**” in paragraph 1 refers to \_\_\_\_\_.

- A. people
- B. homes
- C. traditional dishes
- D. family members

**Question 25:** The word “**heritage**” in paragraph 2 is OPPOSITE in meaning to \_\_\_\_\_.

- A. ancestry
- B. innovation
- C. tradition
- D. legacy

**Question 26:** The word “**memories**” in paragraph 3 could be best replaced by \_\_\_\_\_.

- A. experiences
- B. traditions
- C. recollections
- D. moments

**Question 27:** Which of the following best paraphrases the underlined sentence in paragraph 4?

- A. Busy academic and professional timetables often lead individuals to consume meals hastily or in solitude.
- B. Work commitments and educational programs frequently cause family members to dine rapidly without companions.
- C. Due to employment demands and classroom agendas, numerous persons opt for swift dining experiences in isolation.

**D.** The structured routines of occupation and education commonly force people to have brief or solitary eating sessions.

**Question 28:** Which of the following is TRUE according to the passage?

- A.** Traditional recipes serve as metaphorical vehicles that transport individuals back through periods of historical significance.
- B.** Modern technology has permanently disrupted family dining traditions, making it impossible to maintain meaningful connections.
- C.** Italian families universally participate in weekly pasta-making rituals that strictly follow centuries-old preparation methods.
- D.** Children who regularly engage in solitary meals typically develop stronger vocabulary skills than those who dine with family.

**Question 29:** In which paragraph does the writer mention family meals are becoming less common but remain important?

- A.** Paragraph 1
- B.** Paragraph 4
- C.** Paragraph 3
- D.** Paragraph 2

**Question 30:** In which paragraph does the writer mention how different cultures use food traditions to preserve heritage?

- A.** Paragraph 1
- B.** Paragraph 3
- C.** Paragraph 2
- D.** Paragraph 4

**Read the following passage from 31 to 40.**

In today's modern families, two young generations live side by side: Generation Z (born between 1997 and 2012) and Generation Alpha (born after 2012). Gen Z grew up with the internet and smartphones, while Alpha children have never known a world without touchscreens and voice assistants. They often share the same household as siblings or cousins. Despite their age difference, these two generations are cut from the same cloth when it comes to how they connect with family members. Both value digital communication and are comfortable using technology to stay in touch with parents and grandparents through video calls and messaging apps.

[I] Gen Z remembers a time before social media dominated everyday life, while Alpha children see digital tools as completely natural extensions of themselves. [II] When they spend time together, older Gen Z siblings often teach Alpha children new games or apps. This sharing of digital knowledge creates special bonds between them. [III] Families who understand this connection can use technology positively, setting healthy limits while also embracing the digital skills that both generations possess. [IV]

Despite their similarities, these generations face unique challenges in family communication. Gen Z tends to value privacy and often prefers texting to talking, while Alpha children are more comfortable with voice commands and video sharing. Parents sometimes struggle to bridge these different communication styles. The most successful families create spaces where both generations can express themselves in their preferred ways. Regular family meetings, shared activities without screens, and respect for different communication preferences help strengthen bonds between all family members.



**D.** Different generations need to independently develop their communication skills before family bonding can occur.

**Question 38:** Which of the following is TRUE according to the passage?

- A.** Gen Z children prefer communicating through video calls while Alpha children mostly use text messaging apps.
- B.** Parents who understand technology can eliminate all communication challenges between different generations.
- C.** When Gen Z siblings teach Alpha children new digital games, it helps create special bonds between them.
- D.** Most families struggle to maintain harmony because Generation Alpha lacks traditional communication skills.

**Question 39:** Which of the following can be inferred from the passage?

- A.** Families that completely restrict technology use are more likely to have stronger generational connections.
- B.** Technology, when used mindfully with appropriate boundaries, can enhance rather than harm family relationships.
- C.** Children from Gen Alpha will eventually outgrow their dependence on digital tools as they mature into adulthood.
- D.** Parents who grew up before the digital era cannot effectively guide their children's technology usage habits.

**Question 40:** Which of the following best summarises the passage?

- A.** Modern families must limit screen time for children as technology creates barriers between generations and leads to communication problems among family members.
- B.** Gen Z and Alpha generations have different preferences for using technology, which creates conflicts that parents must resolve through careful supervision.
- C.** Despite different digital communication styles, Gen Z and Alpha can form strong family bonds when their preferences are respected and common interests are found.
- D.** The technological divide between older and younger generations requires special educational programs to ensure effective family communication in modern homes.