

SPORTS & FITNESS VOCABULARY ASSIGNMENT

A) Match each phrasal verb with its correct definition.

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|-------------|---|
| 1- carry on | a) Stop doing something because it's too hard |
| 2- catch up | b) Continue doing something |
| 3- drop out | c) Enroll/register for an activity |
| 4- give up | d) Do physical exercise |
| 5- join in | e) Begin a new hobby/sport |
| 6- work out | f) Participate in an activity |
| 7- sign up | g) Reach the same level as someone else |
| 8- take up | h) Leave a course/sport before finishing |

B) Choose the odd one out:

People: REFEREE COMPETITORS FITNESS TRACKER PERSONAL TRAINER
Places: FITNESS CENTRE TRACKSUIT COURT PITCH
Objects/Equipment: DIVE HELMET NET SPORTS WATCH
Actions: GO JOGGING HIKING OPPONENTS ROCK CLIMBING
Sports: HOCKEY RUGBY BASKETBALL PUSH-UPS

C) Unscramble the words

OHSOT:

THEALCTSI:

IIKNGH:

KINSIG:

TRSECHT:

D) Complete the sentences with the correct phrasal verb:

1. She didn't enjoy the swimming course, so she decided to _____.
2. If you want to stay healthy, you should _____ a sport.
3. I need to _____ for the yoga class online.
4. Come on, _____! Don't stop running now.
5. He runs very fast, I can't _____ him.

