GE9 FIRST MID-TERM REVISION 1

A. LISTENING

1. You will hear a talk by a man called Luke Harris who is a sports photographer. For questions 9-18, complete the sentences with a word or short phrase.

The sports photographer

Luke's interest in sports photography started when he attended a (**9**) ..... competition.

One sports photographer Luke met told him that (**10**) ..... was the key thing in becoming successful.

On Luke's first day working for a local newspaper, the type of weather that caused difficulty for him was (**11**) .....

When covering unfamiliar sports, Luke says that finding out about the (**12**) ..... of people involved is the most important thing.

The people Luke most enjoys taking photographs of are the (**13**) .....

Luke's favourite picture of last year was taken next to the (**14**) ..... at a sporting event.

Luke says that it's hard to show (**15**) ..... in photographs of big sporting events.

Luke doesn't mind if the (**16**) ..... isn't perfect when he takes photographs.

Luke admits that he doesn't much enjoy the (**17**) ..... that is part of his job.

The name of Luke's favourite stadium is (**18**) .....

2. Listen and choose the correct answer:

1 You hear two friends talking about a boy who's just completed a trek to the South Pole. **What do they agree about?** **A** It must have been difficult being away from friends. **B** He must be strong mentally as well as physically. **C** They'd like to do something as extraordinary.	**2 You hear a news item about the penguins at Edinburgh Zoo in Scotland.** **What is the speaker explaining?** **A** how penguins came to be at the zoo **B** how young penguins are looked after at the zoo **C** how successful penguin breeding programmes have been at the zoo

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3 You hear two friends talking about celebrating Chinese New Year. **What did the girl find most memorable about the experience?** **A** making preparations in a Chinese home **B** watching a friend in a Chinese parade **C** trying typical Chinese food	**4 You hear a radio report about a teenager who won a science competition.** **What is the speaker doing?** **A** explaining her reasons for entering **B** describing the topic of her project **C** giving information about her background
5 You hear a woman talking about growing up as a junior chess champion. **What did she find difficult about it?** **A** the effect it had on her friendships **B** the amount of travelling that was required **C** the pressure from her parents to succeed	**6 You hear two teenagers talking about a television drama.** **What do they agree about it?** **A** The humour was unconvincing. **B** The storyline was hard to follow. **C** The action scenes were badly done.

B. USE OF ENGLISH

1. Rewrite the sentences so that it has a similar meaning to the given ones using the words in brackets.

A construction company is building a new football stadium near my house. (BEING)

_____

My aunt designs costumes for TV shows. (ARE)

_____

Perhaps Sarah was in a good mood yesterday because she took everyone out to dinner. (HAVE)

_____

I hadn't expected it to take so long to get to the airport. (LONGER)

_____

Teenagers often catch colds more easily than adults. **(**SUSCEPTIBLE)

_____

I think it would be a good idea if you joined the beginner's class. (SUGGEST)

_____

I'll help you with your homework. (MIND)

_____

I hated driving on the left at first, but now I'm OK with it. (USED)

_____

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C. READING

Read and choose the correct answer:

Sarah Forbes talks about how she gets a good night's sleep

I can't remember when I started to have problems sleeping. As a student I seemed to spend half of my life sleeping. But after my graduation I found myself spending hours lying awake until the early hours of the morning. After a few weeks of this I decided to do something about it. I often went to bed at different times; perhaps there was a programme on TV I wanted to watch, or I'd be watching videos on my phone. So I tried going to bed at the same time each night. This took a while to get used to but slowly I found myself getting into a regular routine.

I also took the advice of a friend and made sure I did things to help me relax before I went to bed. I'd start by writing a list of things I needed to do the next day so I wouldn't end up thinking about them during the night. I got into the habit of having a nice warm bath before bedtime and then did some relaxation exercises like meditation. Reading also seemed to work, but not in the way I expected. I would sometimes just fall asleep in the middle of a chapter!

I also found some suggestions online about how to make your bedroom sleep-friendly. I used to have very thin curtains that let the light from outside shine through, so I changed these for thicker ones. I also removed all technology from the room like the TV and the laptop as these are not supposed to help you sleep, even if they are switched off. And of course I left the mobile phone downstairs!

And the result? I'm pleased to say it's worked. Of course, there are some nights where I find it difficult to go to sleep but mostly I'm getting a good seven hours· sleep a night. I started to make a note of my sleep patterns and this is also useful as it helps show things that were making me lie awake, like problems at work. So, I have to say it has been a very successful experiment.

1 When did Sarah's sleeping problems begin?

A when she was a student
B after she finished at university
C a few weeks ago
D at different times during the week

2 Writing a list of jobs to be done

A helped Sarah read.
B meant Sarah worked harder the next day.
C was the first thing Sarah did at bedtime.
D helped her think more clearly.

3 What does Sarah say was the problem with her bedroom?

A Her friends didn't like it.
B It didn't have a TV.
C She often left her laptop switched on.
D It was too bright.

4 Sarah says that now

A she never finds it difficult sleeping.
B she keeps a record of how well she sleeps.
C she never thinks about work at night.
D sleeping better is helping her at work.

5 What would be a good introduction to this article?

A Our sleep expert Sarah Forbes explains how you can make sure you get a good night's sleep.
B Sarah Forbes has not slept well for years. She told us how it affects her work.
C Sarah Forbes suddenly found herself having trouble getting to sleep. But she took control of the situation.
D Sarah Forbes knows what it's like not being able to sleep. Here she explains the dangers of lying awake at night.

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D. WRITING

Question 32: Write your answer 150-200 words in an appropriate style.

You are writing an email about **"How to live a healthy life"** to Mrs. Addrienne Hunter - the host of a radio program.

Your email must include the aspects below:

- eating habits or diets
- exercising or sports
- your own idea (sleeping pattern, daily schedule, etc.)

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