

Full name: .....

Class: .....

## UNIT 2: LOOKING BACK

### VOCABULARY

Exercise 1. Complete the sentences with the verbs below. (*Kéo thả từ vào đúng vị trí*)

are

exercise

avoid

affects

keep

1. Healthy food and exercise help people \_\_\_\_\_ fit.

2. Weather that is too cold or too hot \_\_\_\_\_ your skin condition.

3. Children should \_\_\_\_\_ fast food and soft drinks.

4. Bad habits like eating too much sweetened food and going to bed late \_\_\_\_\_ harmful to our health.

5. We can \_\_\_\_\_ indoors and outdoors.

Exercise 2. Match the words below with their definitions. (*Nối các từ với định nghĩa của chúng*)

A	B
1. always busy doing things, especially physical activities	active
2. good for your health	tidy
3. everything in order	dirty
4. in good shape	healthy
5. not clean	fit

### GRAMMAR

Exercise 3. Tick (✓) simple sentences. (*Chọn câu đơn*)

1. Asians eat a lot of rice, but Europeans don't.

2. Most children love fast food and soft drinks.

3. There is a lot of fresh air in the countryside.

4. Eat less sweetened food, and you won't put on weight.

5. Hard-working people often stay fit.

**Exercise 4.** Change the following sentences into simple ones. (*Chuyển các câu dưới đây thành câu đơn*)

1. You are active, and your brother is active too.

=> Both you and \_\_\_\_\_.

2. Your room looks dark, and it looks untidy too.

=> Your room \_\_\_\_\_.

3. The Japanese work hard, and they exercise regularly.

=> The Japanese \_\_\_\_\_.

4. My mother eats a lot of fruit, and she eats a lot of vegetables too.

=> My mother eats \_\_\_\_\_.

**THE END**