

Section 1 – Vocabulary Practice

1. Fill in the blanks with adjectives (fun, boring, exciting, cool):

- Playing football is _____.
- Doing homework is _____.
- Riding a bike is _____.
- Reading books is _____.

2. Choose the correct option (multiple choice):

- Tennis is (fun/boring/exciting).
- Watching TV all day is (fun/boring/cool).

Section 2 – Grammar: Past Continuous

Exercise A - Complete with the past continuous (was/were + verb -ing):

- a. I _____ (play) tennis when my friend called.
- b. They _____ (watch) TV while mom was cooking.
- c. She _____ (ride) her bike when it started to rain.
- d. We _____ (study) English while the teacher was writing.
- e. She _____ (listen) to music when her mom arrived.
- f. We _____ (play) football when it started to rain.
- g. I _____ (watch) TV while my brother _____ (cook).
- h. They _____ (ride) their bikes while their friends _____ (run).
- i. My dad _____ (read) the newspaper when the phone rang.

Exercise B – Choose the correct option

Select the correct answer.

- 1. I was (study / studying) when my sister came home.

2. They (was playing / were playing) basketball while it was sunny.
3. She (were reading / was reading) a book when the lights went out.
4. We were (watching / watch) a movie when the teacher arrived.
5. He (was listening / were listening) to music while he was walking.

Exercise C. Rewrite the sentences using *when* or *while*:

I was reading. My brother was playing video games.

→ I was reading **while** my brother was playing video games.

Join the sentences with **when** or **while**.

1. She was riding her bike. It started to rain.
→ _____
2. I was doing my homework. My dad was watching TV.
→ _____
3. They were swimming. The teacher arrived.
→ _____
4. We were eating pizza. My friend was calling me.
→ _____
5. He was reading. His mom was cooking.
→ _____

Exercise D – Error Correction

Find and correct the mistakes.

1. They was playing football when it started to rain.
2. I were watching TV while my mom cooked.
3. She was listen to music when her friend called.
4. We was play basketball while it was sunny.
5. He were reading a book when the lights goes out.

Section 3 – Reading Comprehension

Read the text and answer.

Yesterday afternoon, I was at the park with my friends. We were playing basketball, and it was a lot of **fun**. Some children were swimming, but it looked **boring**. Later, I was riding my bike **when** it started to rain. It was **exciting**! My sister was reading a book **while** she was listening to music.

Questions:

1. What sport was fun?
 2. What activity was boring?
 3. What happened when it started to rain?
 4. What was the sister doing?
 5. Underline the adjectives in the text.
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Section 4 – Writing Practice

Complete the sentences with your own ideas.

1. Yesterday I was _____ when _____.
2. My friend was _____ while I was _____.
3. Playing _____ is _____.
4. Watching _____ is _____.

Section 5 – Pair Work / Dialogue

Example model:

A: Do you like basketball?

B: Yes, it's fun. What about swimming?

A: No, it's boring. Yesterday I was swimming when it started to rain.

B: Really? I was reading while my brother was watching TV.

Change the underlined words and make your own dialogue.

A: Do you like _____?

B: Yes, it's fun. What about _____?

A: No, it's boring. Yesterday, I was _____ when _____.

B: Really? I was _____ while my brother was _____.