Vocabulary (page 32)

a 4.7 Listen to the sounds and number the phrases 1–6.

- [ ] get dressed
- [1] wake up
- [ ] have breakfast
- [ ] take a shower
- [ ] go to work / school
- [ ] have a coffee / tea

LIVEWORKSHEETS

Vocabulary (page 32)

a Match the verb phrases and pictures.

Busy Belinda

- [ ] take a shower
- [ ] have a coffee
- [ ] do the housework
- [ ] start work at 8:30
- [ ] finish work at 6:30
- [ ] get dressed
- [1] wake up at 7:00
- [ ] have lunch at work
- [ ] go shopping
- [ ] go to bed
- [ ] have pizza for dinner
- [ ] get home late
- [ ] go to work by bus
- [ ] put on make-up
- [ ] check emails
- [ ] get to work

Busy Belinda

Chill Charlie

- [ ] go to Spanish classes
- [17] get up at 8:00
- [ ] have breakfast
- [ ] shave
- [ ] go home early
- [ ] walk to work
- [ ] relax
- [ ] take the dog for a walk
- [ ] sleep for eight hours
- [ ] make dinner
- [ ] take a bath
- [ ] see friends

Chill Charlie

LIVEWORKSHEETS

Reading & Listening (page 32)

a Read the article. Use the glossary to help you. How do you think Marjan feels at the end of a typical day? Choose from the adjectives in the list.

bored happy relaxed sad stressed tired

Busy lives

MOTHER...

Marjan Jahangiri, originally from Iran, is one of the only women professors of cardiac surgery in Europe. She does more than 300 operations a year. She lives in London with her husband and their 17-year-old son, Darius.

...AND SON

Glossary

cardiac surgery an operation to repair somebody's heart

a lecture a talk to a group of people to teach them about something, e.g., at a university

be on call be available for work if necessary

do research study something to learn more about it

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LIVEWORKSHEETS

Reading & Listening (page 32)

a Read the article. Use the glossary to help you. How do you think Marjan feels at the end of a typical day? Choose from the adjectives in the list.

bored happy relaxed sad stressed tired

Can you describe your daily routine?

I get up between 6:00 and 6:30 a.m., I get to work at 7:00, and my meetings usually start at 7:30. After that, I don't have a break. I have lunch at my desk. I often do two operations a day, and I also have lectures and more meetings. At home, I have dinner with my son. Between 9:30 and 11:30 p.m., I do research and I watch the news on TV. One or two nights a week I'm on call, so I probably need to do operations during the night. I often work on weekends, too. But that's OK – I think I have a great life because I love my work.

How do you balance work with your family life?

I spend a lot of time with my son. I want him to learn about hard work and good values, and I want to be an example for him. My husband is away a lot, but we talk on the phone every day. I think one reason why I am successful in my professional life is because he isn't at home all the time!

What do you do to relax?

I play the piano for an hour every day, late at night. I think it helps me with my operations – it's technical in the same way. I also go to the hair stylist twice a week. I do a lot of my research there! They turn the music off for me, and I use the time to read all my academic papers.

DuocUC

LIVEWORKSHEETS

Reading & Listening (page 32)

b Read the article again. In pairs, answer the questions from memory.

1 What time does Marjan get up?
2 What does she do when she's at work?
3 Where does she have lunch?
4 What does she do in the evening?
5 Is her job a 9–5 job? Why (not)?
6 Does she see her family a lot?
7 How does she relax?
8 Does she like her job?

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LIVEWORKSHEETS

Reading & Listening (page 32)

c 4.11 Listen to Darius, Marjan's 17-year-old son, talking about his day. Complete blanks 1–12.

MORNING

[1] 7:30 He gets up.
He has breakfast and then he goes to school by Tube.

8:20 [2] He _____ to school.

9:00 Classes start. [3] He has _____ or _____ classes before lunch.

AFTERNOON

1:00 He has lunch at [4] _____.
[5] _____ His classes start again.

4:15 He finishes school. He doesn't [6] _____ then. He studies in the library or plays music. On Tuesdays, he [7] _____ in the school choir and on [8] _____ he [9] _____ percussion in the school orchestra.

EVENING

6:00 He gets home. [10] He _____ a _____ and then has dinner. After dinner, he does homework for [11] _____ or _____ hours.

[12] _____ He goes to bed.

Glossary

the Tube the London subway
choir a group of people who sing together
percussion musical instruments, e.g., drums
A levels exams that UK students take in the final year of school

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Grammar (page 33)

prepositions of time and place

a Look at some sentences from Darius's day. Complete them with *at*, *in*, *on*, or *to*.

1 I get up ____ 7:30.
2 I usually go ____ school by Tube.
3 I have lunch ____ school.
4 I usually have two or three classes ____ the afternoon.
5 I sing in the school choir ____ Tuesdays.

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LIVEWORKSHEETS

Grammar Bank 4B (Page 131)

4B

a Complete with *at*, *in*, or *on*.

on Saturday
1 ____ the evening
2 ____ September 22nd
3 ____ the summer
4 ____ 7:30
5 ____ night
6 ____ Wednesday afternoon
7 ____ the weekend
8 ____ January
9 ____ 2020

b Complete with *at*, *in*, or *to*.

We go to school by bus.
1 Sorry, John isn't here. He's ____ work.
2 It's a beautiful day. Let's go ____ the beach.
3 Sally's boyfriend works ____ a factory.
4 My brother studies math ____ New York University.
5 I go ____ the gym on Tuesdays and Thursdays.
6 I work ____ an office.
7 We live ____ a modern apartment.
8 It's Monday. The children are ____ school.
9 My father is a doctor. He works ____ a hospital.
10 Jack isn't ____ home. He's with a friend.

LIVEWORKSHEETS

Speaking & Writing Page 33

a Look at the questions to ask your partner. What two words are missing?

What time / get up?

/ have breakfast in the morning? What / have?

How / go to work or school?

What time / start work or school?

What time / have lunch? Where?

/ have a long lunch break? How long?

What time / finish work or school?

What / do after work or school?

/ go out during the week? Where / go?

/ relax in the evening? What / do?

When / do English homework?

What time / go to bed?

How / feel at the end of the day?

LIVEWORKSHEETS