

READING

Task 1

Read the texts below. Match choices (A–H) to (1–5).

There are three choices you do not need to use.

1 **Style & Space**

Transform your place with Style & Space! Discover our collection of stylish, comfortable furniture for every room. This month only our design experts help you create the home of your dreams for free if you agree to film the result of the transformation for our inspirational campaign.

Visit us at 72, Penelope Street, Brighton.

Open Monday to Sunday, 9 AM to 7 PM.

Call (348) 93-63-641 or shop online at www.style-furniture.com

2 **Certified Culinary Course**

Turn your passion for cooking into a rewarding career! This intensive online course is designed to equip you with the skills and knowledge needed to excel in the culinary world.

Master the art of creating and executing a menu, from appetizers to desserts.

Enroll by August 31st and receive a free set of professional knives, valued at \$150, to help you get started on the right foot.

Call (295) 588-98-41 for more details.

3 **Comedy Night at Laugh Central**

Enjoy an evening of laughter with top comedians at Laugh Central. The show features a lineup of local and national comedy stars.

Event Date: October 8th.

Tickets: \$25 (includes one free drink).

Book tickets at www.laughwithuscentral.com

4 **Sunrise Brunch Bistro**

Start your day the right way at Sunrise Brunch Bistro! From fluffy pancakes to avocado toast, our menu is packed with fresh, wholesome options to fuel your morning. Join us for a cup of our aromatic coffee and a breakfast experience that will brighten your day.

5 **Cozy 1-Bedroom Loft for Rent**

This charming 1-bedroom loft in the historic district offers exposed brick walls, modern amenities, and a rooftop terrace with city views.

Monthly Rent: \$1,500 (Includes water and internet).

Available from January 5th.

Phone: (885) 204-56-08.

Which advertisement is about _____?

- A** renting a place in an old part of town with panoramic sights
- B** a night of jokes from leading stand-up performers
- C** a free design consultation for your home makeover
- D** an opportunity to visit another country
- E** a program that provides a complimentary collection of high-quality kitchen tools
- F** a job offer
- G** a sport club
- H** a spot to enjoy a nutritious morning meal

	A	B	C	D	E	F	G	H
1	☐	☐	☐	☐	☐	☐	☐	☐
2	☐	☐	☐	☐	☐	☐	☐	☐
3	☐	☐	☐	☐	☐	☐	☐	☐
4	☐	☐	☐	☐	☐	☐	☐	☐
5	☐	☐	☐	☐	☐	☐	☐	☐

Task 2

Read the texts below. For questions (6–10) choose the correct answer (A, B, C or D).

The Secrets of Longevity in the Bolivian Jungle

Deep in the heart of the Bolivian Amazon, 84-year-old Martina Canchi Nate moves with remarkable energy. In a few short minutes, she digs up yucca roots and skillfully cuts down a plantain tree, effortlessly slinging the heavy bunch over her back. "I've done this my whole life," she says, beaming with pride.

Martina belongs to the Tsimane, a semi-nomadic indigenous community of around 16,000 people who live a subsistence lifestyle. Their daily routines are a blend of hunting, farming, and weaving—activities that keep them constantly active. Scientific studies have revealed that the Tsimane possess some of the healthiest arteries ever recorded and experience slower brain aging compared to people in industrialized nations.

"Imagine, a 75-year-old Tsimane's arteries are comparable to those of a 50-year-old American," explains Professor Hillard Kaplan, who has dedicated two decades to studying the Tsimane's unique health. Their diet, rich in fiber and low in fat, consists primarily of carbohydrates, with 72 %

of their calories coming from sources like fruits, vegetables, and grains. Notably, they consume no processed foods or sugars, which contributes to their remarkable cardiovascular health.

Even in their later years, Tsimane elders like Juan, who is around 78, remain active. He still participates in hunting but admits, "I don't walk as far anymore... maybe two days at most."

However, life in the jungle is not without its challenges. Modern changes, including forest fires and the **encroachment** of modern conveniences, are slowly impacting their traditional way of life. "The fire made the animals leave," Juan laments, highlighting the environmental pressures facing their community.

Despite these changes, the Tsimane embrace aging with a sense of acceptance and peace. As Hilda, 81, chuckles, "I'm not afraid of dying... they'll bury me, and I'll stay there — very still." Their unique lifestyle and perspective on aging offer intriguing insights into longevity and well-being in our rapidly changing world.

6. Which activity does Martina Canchi Nate demonstrate her skill in?
☐ A Weaving.
☐ B Hunting.
☐ C Farming.
☐ D Chopping down trees.
7. What is one of the notable health characteristics of the Tsimane, according to scientific studies?
☐ A Faster brain aging.
☐ B Healthier blood vessels than those in developed countries
☐ C Higher cholesterol levels.
☐ D Greater incidence of heart disease.
8. How does Juan's current activity level compare to his past?
☐ A He walks farther now than before.
☐ B He has stopped hunting completely.
☐ C He walks shorter distances now.
☐ D He has become more sedentary.
9. What does the term "encroachment" refer to in the context of the text?
☐ A The expansion of new technologies in traditional practices.
☐ B The gradual invasion or intrusion into an area or way of life.
☐ C The introduction of new agricultural techniques.
☐ D The increase in tourism and outside visitors.

10. What does Hilda's perspective on aging reveal about the Tsimane's attitude toward death?

- ☐ A Fearful and anxious.
- ☐ B Indifferent and detached.
- ☐ C Accepting and peaceful.
- ☐ D Resistant and confrontational.

Task 3

Read the texts below. Match choices (A–H) to (11–16).

There are two choices you do not need to use.

- 11 New Zealand's stunning landscapes, shown in "The Lord of the Rings," are often linked to Middle-earth. Though Tolkien's Middle-earth is fictional and not a tourist spot, the Hobbiton Movie Set offers a close experience. Originally a sheep farm near Matamata, it was transformed into a film location by director Peter Jackson. Located about two hours south of Auckland, the farm was used for both "The Lord of the Rings" and "The Hobbit" films. Since 2002, Hobbiton has been a tourist attraction. Now, visitors can explore Hobbit Holes, which have fully themed rooms including kitchens, bedrooms, and dining areas. Fans can enjoy the detailed settings, though taller guests may need to crouch.
- 12 Carved from ice and snow, the IceHotel in Jukkasjärvi, Sweden, is rebuilt and reshaped each year. Staying here feels like stepping into a Nordic saga. Known locally as "Ishotellet," this unique hotel is constructed from frozen water from the Torne River. Every year, the hotel surprises visitors with new designs, featuring poetic rooms sculpted from ice blocks and illuminated with blue LED lights. Guests sleep in polar-tested sleeping bags as temperatures inside hover around -5°C . The IceHotel also offers a memorable culinary experience, with traditional dishes like reindeer tartar and moose filet prepared by skilled chefs.
- 13 In the remote Australian town of Coober Pedy, nearly everything is underground – from homes to campsites. As global temperatures rise, this subterranean lifestyle seems increasingly relevant. Located about 848 km north of Adelaide, Coober Pedy is known for its unique underground living, driven by extreme summer heat that can reach 52°C . This underground approach provides a stable, cooler environment. Similar subterranean adaptations have been used throughout history, like in Cappadocia, Turkey, where ancient cave dwellings offer efficient climate control.
- 14 Floating houses are a new way to live with rising sea levels and flooding. These homes float on water, so they move up and down with the water levels. In Amsterdam, the Schoonschip community shows how these houses can be eco-friendly and modern. They use solar panels and energy-efficient heat pumps. Built from sustainable materials, these homes also have a cozy design. Floating houses are becoming popular in cities like Rotterdam and New York. They offer a creative solution to the challenges of climate change and show how we can adapt our living spaces to rising waters.
- 15 Imagine living in a house that's more than just a shelter — it's a complete ecosystem. Earthship homes are eco-friendly and self-sustaining, made from natural and recycled materials. They use old tires, glass bottles, and cans to build strong, insulated walls. These homes capture and recycle rainwater, providing fresh water for all needs. They also have greenhouses for growing fruits and vegetables, promoting self-sufficiency. Earthships manage sewage with on-site treatment systems, reducing environmental impact. They harness solar and wind energy for electricity, and their design optimizes passive solar heating and
- 16 Palm Springs, California, is renowned for its mid-century modern homes, reflecting a unique blend of style and function. Nestled in the desert near the San Jacinto mountains, the city became a hotspot for architects like Richard Neutra and Albert Frey in the mid-1900s. The hot desert climate favored low-profile, single-story homes with flat roofs and expansive overhangs for cooling. Post-World War II, the city saw a boom in modernist architecture and innovative designs. These homes, characterized by clean lines and large windows, epitomize the glamorous, relaxed lifestyle sought by Hollywood's elite and continue to attract admirers.

cooling. Living in an Earthship means enjoying comfort and independence while protecting the planet.

Which houses _____?

- A are eco-friendly and use renewable energy sources
- B adjust to increasing water levels using sustainable and contemporary elements
- C host symphony concerts, choir performances throughout the year
- D sit close to the peaks and embody the chic, relaxed lifestyle of screen legends
- E have been a tourist attraction since 2002 because of a famous movie
- F are reconstructed annually
- G are designed below the surface to manage high temperatures
- H provide visitors with unmatched panoramic views of Dubai and beyond

	A	B	C	D	E	F	G	H
11	☐	☐	☐	☐	☐	☐	☐	☐
12	☐	☐	☐	☐	☐	☐	☐	☐
13	☐	☐	☐	☐	☐	☐	☐	☐
14	☐	☐	☐	☐	☐	☐	☐	☐
15	☐	☐	☐	☐	☐	☐	☐	☐
16	☐	☐	☐	☐	☐	☐	☐	☐

Task 4

Read the text below. Choose from (A–H) the one which best fits each space (17–22).
There are two choices you do not need to use.

Unschooling

Since the pandemic, homeschooling has become more popular, and now a new trend called "unschooling" is gaining more attention. Unschooling, also known as "free schooling," focuses on (17) _____ rather than following a set curriculum. Spiritual influencer Mami Onami recently went viral for her unschooling approach, which involves not teaching her children in a traditional sense but responding (18) _____. This has led to mixed reactions on social media, with some questioning her parenting methods.

Unschooling is defined as a method (19) _____. According to Peter Gray, (20) _____, it allows children to direct their own learning based on what they are naturally interested in. Some unschoolers use a loose schedule and provide some instruction, while others (21) _____. This approach differs from traditional homeschooling by its lack of structure.

The idea of unschooling has historical roots in the philosophy of Jean-Jacques Rousseau. Interest in unschooling surged during the pandemic and remains popular on social media. Some view unschooling as a way to challenge (22) _____ and promote social justice, though concerns exist about whether it adequately prepares children for societal integration.

- A traditional education systems
- B learning based on children's interests
- C that does not follow a fixed curriculum
- D a psychology professor at Boston College
- E who are sticking to a strict schedule
- F allow children to set their own schedules
- G to their curiosity
- H whether it prepares children for societal integration

	A	B	C	D	E	F	G	H
17	☐	☐	☐	☐	☐	☐	☐	☐
18	☐	☐	☐	☐	☐	☐	☐	☐
19	☐	☐	☐	☐	☐	☐	☐	☐
20	☐	☐	☐	☐	☐	☐	☐	☐
21	☐	☐	☐	☐	☐	☐	☐	☐
22	☐	☐	☐	☐	☐	☐	☐	☐

USE OF ENGLISH

Task 5

Read the text below. For questions (23–27) choose the correct answer (A, B, C or D).

Balancing schoolwork with extracurricular activities can be challenging, but it's important for personal growth. Start by prioritizing your academic (23) _____, noting deadlines and tests in a planner to stay organized and (24) _____ last-minute stress. Explore activities that truly interest you, like sports, debate, or music, which can enhance your creativity and improve your future applications. Be realistic about how much time you can (25) _____ to these activities without compromising your studies. Learn to set (26) _____ and say "no" when needed to maintain balance. Manage your time wisely by breaking tasks into smaller parts and seeking (27) _____ from teachers or mentors when necessary. Finally, remember to take care of yourself by getting enough sleep, eating well, and exercising regularly.

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|---|---------------------------------------|--------------------------------------|---|--|
| 23 ☐ A confusion | 24 ☐ A improve | 25 ☐ A commit | 26 ☐ A margins | 27 ☐ A success |
| ☐ B errands | ☐ B avoid | ☐ B increase | ☐ B boundaries | ☐ B development |
| ☐ C discussion | ☐ C regret | ☐ C limit | ☐ C achievements | ☐ C support |
| ☐ D responsibilities | ☐ D expand | ☐ D neglect | ☐ D aback | ☐ D complexity |

Task 6

Read the text below. For questions (28–32) choose the correct answer (A, B, C or D).

Benefits of Exercise

When I received the gift, I (28) _____ it would be something traditional, like a watch or a piece of jewelry. However, when I (29) _____ it, I found an experience instead—tickets to a concert we had always wanted to attend together. My friend said that she wanted us to create memories (30) _____ than collect things, and I couldn't agree more now. I realized that we could have had those memories only (31) _____ shared experiences. The joy of that evening, the music, and the laughter could never have been captured (32) _____ a physical gift.

- 28 ☐ A was thinking
☐ B thought
☐ C think
☐ D thinks
- 29 ☐ A open
☐ B was opened
☐ C opened
☐ D was opening
- 30 ☐ A quite
☐ B rather
☐ C most
☐ D better
- 31 ☐ A through
☐ B thorough
☐ C though
☐ D thus
- 32 ☐ A for
☐ B by
☐ C up
☐ D from