



KEMENTERIAN AGAMA REPUBLIK INDONESIA
KANTOR KEMENTERIAN AGAMA KABUPATEN KLATEN
MADRASAH ALIYAH NEGERI 1 KLATEN
ASESMEN SUMATIF AKHIR SEMESTER GASAL
TAHUN AJARAN 2024/2025

Mata Pelajaran : Bahasa Inggris	Hari, Tanggal : Rabu, 4 Desember 2024
Kelas / Peminatan : X (Fase E)	Waktu : 07.30 - 09.30 WIB

PETUNJUK UMUM

- a. Awali dengan membaca Basmallah dan akhiri dengan Hamdallah.
- b. Tulis nama, kelas/peminatan/program studi dan nomor tes anda secara lengkap di lembar jawab.
- c. Periksa dan bacalah dengan cermat soal-soal sebelum Anda menjawabnya.
- d. Gunakan waktu yang tersedia dengan sebaik-baiknya.
- e. Dahulukan soal-soal yang Anda anggap mudah.
- f. Tidak diperbolehkan memakai alat elektronik dan sejenisnya.
- g. Kerjakan sendiri serta berdoalah agar diberi kemudahan dan pertolongan Allah SWT.

A. SOAL PILIHAN GANDA

Pilihlah salah satu jawaban yang benar diantara A, B, C, D, atau E yang sesuai dengan pertanyaan pada tiap nomor dengan cara menghitamkan bulatan atau menyilang (X) pada kolom lembar jawab yang telah disediakan !

Text for questions no 1-3

Rio Haryanto is an Indonesian racing driver. He makes history as the first Indonesian to compete in Formula 1. He was born on January 22, 1993, in Surakarta, Central Java. Rio starts his racing career at a young age. He participates in various karting championships before moving on to more competitive racing series. His talent and determination lead him to join the GP3 Series and GP2 Series, where he achieves several podium finishes.

In 2016, Rio Haryanto joins the Manor Racing team in Formula 1. He represents Indonesia on the world stage. Although his time in Formula 1 is brief, it is a significant achievement for Indonesian motorsport. Rio is known for his calm demeanour and focus on the track. He earns respect from his peers and fans alike. Outside of racing, Rio enjoys spending time with his family. He is actively involved in promoting motorsport in Indonesia. He continues to inspire young Indonesian racers to pursue their dreams in international motorsport.

1. What is the purpose of the text?
 - A. to tell about Rio Haryanto's appearance
 - B. to describe Rio Haryanto in detail
 - C. to give information about Rio Haryanto's career
 - D. to retell about Rio Haryanto's experience in Formula 1
 - E. to amuse the reader about Rio Haryanto

2. Which of the following qualities helped Rio Haryanto get respect from his peers in Formula 1?
 - A. His ability to win races consistently
 - B. His leadership skills in team management
 - C. His calm demeanour and focus on the track
 - D. His technical knowledge of race car engineering
 - E. His strong social media presence

3. Which of the following best describes Rio Haryanto's approach to racing and his career development?
 - A. Focused on maximizing sponsorship deals to extend his career
 - B. Committed to developing motorsport in Indonesia alongside his career
 - C. Prioritized breaking lap records over teamwork
 - D. Preferred to stay in national competitions rather than international racing
 - E. Focused entirely on Formula 1 and disregarded other series

Text for questions no 4-7

Cristiano Ronaldo dos Santos Aveiro (Cristiano Ronaldo) was born on 5 February 1985 in Funchal, Madeira, Portugal into a very poor family. He is a very famous Portuguese football player and the most expensive player in the world. Ronaldo is now the face of football and becomes one of the greatest football players in the world.

Cristiano Ronaldo has an athletic body with a height of 186 centimeters and weighs 83 kilograms. His skin color is olive with a beardless face and distinctive smile. He has round, light brown eyes. His short, dark brown and wavy hair along with his round face makes him look masculine and handsome. His favorite color is white and he loves to wear a watch whenever he goes out with his family and friends. This makes him very fashionable.

4. What is the main idea of the second paragraph?
 - A. Ronaldo's background and family
 - B. Ronaldo's career achievements
 - C. Ronaldo's physical appearance and features
 - D. Ronaldo's favorite things
 - E. Ronaldo's relationship with his family
5. Which of the following describes Cristiano Ronaldo's appearance?
 - A. Pale skin, blue eyes, and blonde hair
 - B. Olive skin, light brown eyes, and short, dark brown hair
 - C. Tan skin, dark brown eyes, and long, curly hair
 - D. Fair skin, green eyes, and medium-length hair
 - E. Dark skin, black eyes, and long, wavy hair
6. What makes Cristiano Ronaldo one of the most famous football players in the world?
 - A. His background and education in Portugal
 - B. His role as the face of football and being the most expensive player
 - C. His ability to speak multiple languages
 - D. His success as a coach and manager
 - E. His family's financial support during his early career
7. The word "fashionable" in the text is closest in meaning to:
 - A. Stylish
 - B. Outdated
 - C. Simple
 - D. Casual
 - E. Ordinary

Text for questions no 8-10

Michael Jordan

If you are a sport fan, you are sure to know the name Michael Jordan. He is probably the greatest basketball player the world ever seen. Although his career as a player is over, his fame will live on for many years to come.

Michael Jordan certainly looks like a star. He is tall, well-built and handsome, with friendly brown eyes and wide grin. He always manages to look well-dressed, even in his casual clothes or smart suits.

His personality, too is as outstanding as his playing ability. Michael is a very determined person. This has made him a successful basketball star. He has given lots of money and support to charities.

All in all, Michael Jordan is not only a great athlete, but also a warm, caring person. Is it no wonder that so many boys have dreamed of growing up to be just like him.

8. What is the main idea of the third paragraph?
 - A. Michael Jordan is handsome
 - B. Everyone dreams to be Michael Jordan
 - C. His playing ability
 - D. Michael Jordan's personality
 - E. Michael Jordan's appearance
9. "His personality, too is as outstanding as his playing ability"
What is the synonym of the underlined word?
 - A. Great
 - B. Warm
 - C. Determined
 - D. Famous
 - E. Ordinary

10. What can be inferred about Michael Jordan's attitude towards society?
- He cares about the well-being of others and supports various charities
 - He spends most of his time practicing basketball
 - He is more known for his appearance than his societal contributions
 - He is famous only for his basketball skills, without any social contributions
 - He focuses primarily on his business and personal career after retirement

Text for questions no 11-14

Let me tell you about my unforgettable experience. When I was a high school student, I went to the stadium with my friends to see a football match. The match was derby. The tension was high.

Both teams were longtime rivals. I was told by my father not to go to the stadium. However, I didn't obey my father. I went there by riding a motorcycle. When I entered the stadium, the flare was lightened, people roared and drum was beaten had. I felt terrified and amazed with the scenery. I was a little bit worried because I thought something was going to be bad after the match. I watched the match until the end.

However, the thing I worried didn't happen. Each supporter went outside the stadium in a peaceful manner.

11. How did the writer feel at the beginning of the match?
- Confused
 - Excited
 - Terrified and amazed
 - Bored
 - Angry
12. What did the writer expect to happen after the match?
- a peaceful celebration
 - a fight or trouble
 - Fireworks show
 - a concert
 - a storm
13. What was the atmosphere like when the writer entered the stadium?
- Quiet and calm
 - Peaceful and relaxing
 - joyful and fun
 - Exciting but scary
 - Boring and quiet
14. People roared and drum was beaten had
What is a synonym of "roared"?
- Whispered
 - Cheered
 - Laughed
 - Talked
 - Spoke

Dialog for questions no 15-17

Tom : Did you watch the U23 football match yesterday?
 Emma : Yes! That last-minute goal was insane!
 Tom : I know, right? I thought it would end in a draw.
 Emma : Me too. The striker really delivered under pressure.
 Tom : And the goalkeeper was amazing with that double save!
 Emma : Totally. Do you think they'll win the next game?
 Tom : If they fix their defense, they definitely can!

15. What is the purpose of the dialog?
- to tell people about the U23
 - to amuse the readers
 - to promote U23 football match
 - to retell watching a soccer experience
 - to invite people to watch the match
16. What did Emma think about the last-minute goal?
- It was sad
 - It was disappointing
 - It was lucky
 - It was offside
 - It was planned
17. The correct statement based on the dialog is, **except**.....
- Tom and Emma thought the game would end in a draw.
 - Tom is not sure the team can win the next match
 - The last-minute goal was awesome
 - Emma praised the striker for scoring a crucial goal under pressure.
 - Emma thinks the striker performed well under pressure.

18. Read the dialog below!

Angga : I heard Lionel Messi plays for Paris Saint-Germain now. Is that true?"

Banu : "Yes, he plays really well there, but he as many goals as he used to in Barcelona."

Angga : "Still, he is one of the greatest."

What is the best phrase to complete the dialog?

- A. don't score
B. scores
C. didn't score
D. doesn't score
E. scored

19. Complete the dialog below!

Paul : "..... you know Sarah Thompson?"

Brian : "Yes, she's a fast runner."

Paul : "Oh, right! She's really strong and always focus on the finish line."

Brian : "Exactly, and her speed incredible!"

- A. Does, is
B. Do, is
C. Do, are
D. Does, are
E. Did, was

20. Complete the dialog below

Vanya : Do you know Greysia Polii? She..... an amazing Indonesian badminton player.

Liam : Yes! She won gold at the Tokyo 2020 Olympics.

Vanya : She is so quick and great teamwork.

Liam : Definitely! Her hard work really paid off.

- A. was, has
B. were, has
C. is, have
D. is, has
E. is, had

21. Fill in the blanks with appropriate word

The crowd loudly when the matchlast night.

- A. cheered, began
B. cheered, begin
C. cheers, begins
D. cheers, began
E. cheered, begins

22. Fill in the blanks with appropriate word

In the final set, the tension high, and everyone to stay calm yesterday.

- A. was, try
B. were, try
C. was, tried
D. were, tried
E. was, trying

23. Fill in the blanks with appropriate word

Alex : you watch the match yesterday?

Sam : Yes, it was amazing! The final point was so intense.

Alex : I know! The crowd went crazy when our team

Sam : Best game I've seen in a while!

- A. Do, win
B. Do, won
C. Did, win
D. Did, won
E. Does, won

24. Fill in the blanks with appropriate word

The game at 7 PM, and the supporters excited last night.

- A. starts, are
B. starts, is
C. started, is
D. started, was
E. started, were

Text for questions no 25-29

5 Tips for people with gastritis

Don't Eat in Large Portions: Eating large portions can put pressure on the stomach, causing stomach acid to rise up into the esophagus, which triggers acid reflux symptoms.

Eat Smaller, Frequent Meals: Instead of having three large meals, try eating smaller portions more frequently throughout the day. This helps to reduce stomach acid production and prevents irritation of the stomach lining.

Avoid Spicy and Acidic Foods: Stay away from foods that can trigger gastritis symptoms, such as spicy dishes, citrus fruits, tomatoes, and caffeinated drinks. These foods can increase stomach acid and worsen the condition.

Manage Stress: Stress can exacerbate gastritis symptoms, so it's important to practice relaxation techniques like deep breathing, meditation, or yoga to keep stress levels under control and support overall digestive health.

Avoid Fruits and Vegetables that Produce High Amounts of Gas: Certain fruits and vegetables, like beans, cabbage, and broccoli, can produce excess gas, which may increase pressure on the stomach and cause acid to rise.

25. What is one reason why people with gastritis should avoid eating large portions?
- A. It reduces stomach acid production.
 - B. It puts pressure on the stomach, causing acid to rise into the esophagus.
 - C. It increases the body's energy levels.
 - D. It improves nutrient absorption.
 - E. It helps manage stress levels.
26. What is one benefit of eating smaller throughout the day?
- A. It increases stomach acid production.
 - B. It helps reduce stomach acid production.
 - C. It leads to faster digestion.
 - D. It helps absorb more nutrients.
 - E. It promotes weight gain.
27. Which foods should be avoided by people with gastritis?
- A. Dairy products
 - B. Spicy dishes and caffeinated drinks
 - C. Bread and pasta
 - D. Bananas and pears
 - E. Low-sodium foods
28. What is one recommended way to manage stress for better digestive health?
- A. Eating in large portions
 - B. Drinking more caffeinated beverages
 - C. Practicing relaxation techniques like meditation
 - D. Eating more acidic foods
 - E. Sleeping less
29. Which fruits and vegetables do potentially produce gas?
- A. Apples and oranges
 - B. Bread and rice
 - C. Beans, cabbage, and broccoli
 - D. Carrots and lettuce
 - E. Potatoes and zucchini

Text for questions no 30-34

How to reduce insomnia

Establish a Regular Sleep Schedule: Try to go to bed and wake up at the same time every day, even on weekends. A consistent routine helps regulate your body's internal clock, making it easier to fall asleep and wake up naturally.

Create a Relaxing Bedtime Routine: Engage in calming activities before bed, such as reading, meditating, or taking a warm bath. This helps signal to your brain that it's time to wind down and prepares your body for sleep.

Don't drink too much caffeine: Consuming too much caffeine, especially in the afternoon or evening, makes it harder for the body to relax and fall asleep. Limiting caffeine can help your body unwind more easily at night, supporting a regular sleep schedule and improving overall sleep quality.

Make Your Sleep Environment Comfortable: Ensure your bedroom is cool, quiet, and dark, as these conditions promote better sleep. Consider using earplugs, blackout curtains, or a white noise machine if necessary.

Stay Active During the Day: Regular physical activity can improve sleep quality, but avoid vigorous exercise too close to bedtime. Engaging in moderate exercise like walking or yoga during the day can help reduce insomnia and promote restful sleep.

30. What is the aim of the text?
- A. To tell the reader how to manage their sleep
 - B. To tell the reader how to minimize insomnia
 - C. To describe the reader about insomnia
 - D. To give information about insomnia
 - E. To tell the reader how to make their sleep cozy

31. Look at the statements below!
- 1) Caffeine prevents dehydration during sleep
 - 2) Physical activity can increase sleep quality
 - 3) One of the ways to reduce insomnia is doing nothing during the day
 - 4) Manage sleep schedule is not important of decreasing insomnia
 - 5) The cozy environment makes our sleep better
- What are the correct statements based on the text above?
- A. 1 and 3
B. 2 and 4
C. 3 and 4
D. 2 and 5
E. 1 and 5
32. Which of the following is an effective bedtime routine for improving sleep quality?
- A. Eating a heavy meal
B. Watching a scary movie
C. Taking a warm bath
D. Working on a computer
E. Drinking strong coffee
33. What is NOT a suggested way to make your sleep environment comfortable?
- A. Using blackout curtains
B. Keeping the room dark
C. Keeping the bedroom bright and loud
D. Using earplugs
E. Setting a cool temperature

The following infographic is for questions number 34-36



34. What kind of exercise mentioned in the infographic above?
- A. Cooling down exercise
B. Strengthening exercise
C. Curling exercise
D. Bench press exercise
E. Cardio exercise
35. Look at the following statements
- 1) Running can maintain immune system
 - 2) Running decrease brain function
 - 3) Running helps you to reach ideal weight
 - 4) Running doesn't have any effect for your muscle
 - 5) Running helps you to strength your lungs
- From the statements above, the benefit of running can be seen on number....
- A. 1, 2 and 5
B. 2, 3 and 5
C. 3, 4 and 5
D. 1, 2 and 3
E. 1, 3, and 5
36. What will probably the readers do after reading the infographic above?
- A. They will do nothing
B. They will search the cardio exercise on internet
C. They will do cardio exercise
D. They will run every time
E. They will never do running activity

Text for question no 37-40

Limit refined carbs: Refined carbs like white bread, pastries, and sugary snacks can lead to spikes in blood sugar and insulin levels, which may encourage fat storage. Reducing them can help you manage weight and decrease belly fat.

Eat more protein: Protein helps boost metabolism and promotes satiety, making you feel fuller longer. Eating more protein can help reduce overall calorie intake and support fat loss, especially around the belly.

Do exercise: Regular exercise, especially cardio and strength training, can help burn calories, improve muscle tone, and reduce body fat. Focusing on core exercises may help target the belly area.

Don't drink too much sweet drinks: Consuming excessive sugary drinks like sodas and sweetened juices are high in empty calories that quickly turn into fat. Reducing these can help limit calorie intake and prevent belly fat accumulation.

Eat More Fiber: Increasing fiber intake, especially soluble fiber, can help reduce belly fat. Fiber slows digestion and helps you feel full for longer, which can reduce overall calorie intake.

37. What is the best title for the text above?
- A. How to lose fat in our body
B. How to reduce our weight
C. How to lose belly fat
D. How to increase fat
E. How to keep our normal weight
38. "Consuming **excessive** sugary drinks like sodas and sweetened juices...."
The bold word has closest meaning with.....
- A. Enough
B. Limited
C. Sufficient
D. Too much
E. less
39. What is the true statement of the text above?
- A. Decreasing fiber intake can help reduce belly fat
B. Doing cardio exercise can burn the belly fat
C. Eating more refined carbs helps reduce belly fat
D. Reducing protein intake will boost metabolism and increase fullness.
E. Drinking sugary drinks regularly has no impact on calorie intake or belly fat
40. Why is it beneficial to eat more protein when trying to manage weight?
- A. Protein is high in sugar, which boosts energy.
B. Protein causes rapid spikes in blood sugar.
C. Protein promotes fullness and helps reduce calorie intake.
D. Protein increases belly fat accumulation.
E. Protein makes you feel hungrier sooner.

B. SOAL PILIHAN GANDA KOMPLEKS

Pilihlah dua jawaban yang benar diantara A, B, C, D, atau E yang sesuai dengan pertanyaan pada tiap nomor dengan cara menghitamkan bulatan atau menyilang (X) pada kolom lembar jawab yang telah disediakan !

Text for questions no 41-43

How to keep our mental health

Be grateful for what you have: Practicing gratitude helps shift focus to the positives in life, which can improve mood and build resilience against stress.

Believe that you're capable: Self-confidence is key to managing challenges. Reminding yourself of your abilities can reduce anxiety and increase motivation.

Stop comparison: Comparing yourself to others often leads to feelings of inadequacy. Focus on your own growth and achievements to build self-esteem and reduce stress.

Do mindfulness activities: Mindfulness practices, like meditation or deep breathing, can help you stay present, manage stress, and gain a better perspective on challenges.

Take a social media break for a week: Reducing social media exposure can prevent burnout, reduce negative feelings from constant comparison, and give you more time for activities that truly nourish you.

41. Which are the statements **not true** based on the text above?
- A. To maintain mental health, we need to have a self confidence
B. Comparing ourself to others sometimes reduce stress
C. Decreasing the use of social media can reduce negative feeling for constant comparison
D. Do some activities like yoga and meditation can manage stress
E. Gratitude is one way to decrease mood
42. ".....your abilities can reduce anxiety and increase motivation"
What are the synonyms of the underlined word?
- A. Decrease
B. Reduce
C. Rise
D. Expand
E. Minimize

43. Which activity is suggested to help manage stress and stay grounded?
- A. Playing video games
 B. Practicing mindfulness, like meditation
 C. Comparing yourself to others
 D. Spending more time on social media
 E. Ignoring self-confidence
44. Choose 2 sentences belong to simple present tense
- A. Julie was pretty when she was 5
 B. The employees are required to wear their ID card at work every day.
 C. I met my idol in a match yesterday.
 D. Mrs. Ratih teaches English in our class once a week
 E. Rans Family has travelled around Korea for 2 weeks
45. Choose 2 of the sentences belong present perfect
- A. They have no choice to go on holiday next week
 B. I have a very beautiful rose
 C. We have been in the classroom since 7 o'clock
 D. Tina and Tiar have gone to Bali for four days
 E. My sister has a cute cat

C. SOAL URAIAN

Jawab pertanyaan berikut ini pada lembar jawab yang telah disediakan!

Text for no 46-47

How to maintain heart health

Eat a Heart-Healthy Diet: Focus on eating foods that are good for your heart, such as fruits, vegetables, whole grains, and lean proteins. Avoid excessive consumption of saturated fats, trans fats, and high-sodium foods, which can increase the risk of heart disease.

Stay Physically Active: Aim for at least 30 minutes of moderate exercise, like brisk walking, cycling, or swimming, most days of the week. Regular physical activity strengthens the heart, improves circulation, and helps maintain a healthy weight.

Stay at a healthy weight: When you stay within a healthy weight range, it helps to reduce strain on the heart, lower blood pressure, and regulate cholesterol and blood sugar levels. This, in turn, minimizes the risk of developing conditions like hypertension, high cholesterol, and diabetes, which are key contributors to heart disease

Limit Alcohol and Avoid Smoking: Excessive alcohol and smoking are major risk factors for heart disease. If you drink alcohol, do so in moderation, and quitting smoking can significantly improve your heart health and reduce your risk of cardiovascular problems.

Monitor Blood Pressure and Cholesterol: Regularly check your blood pressure and cholesterol levels. High blood pressure and cholesterol can lead to heart disease if not controlled, so it's important to take preventive measures and consult your doctor if needed.

46. What is the purpose of the text above?
47. Discuss the role of regular physical activity in maintaining heart health. Why is it important, and what types of exercises are beneficial for the heart?
48. Fill in the blank with appropriate word in the bracket
- a. Yesterday It _____ (be) a wonderful day because We _____ (go) to the mountains. We usually _____ (go) to beach, but yesterday We _____ (not).
- b. I _____ (not, like) playing sports but I _____ (love) watching them on TV. I _____ (watch) a boxing match last night but I _____ (not, like) it because one of the boxers _____ (be) really hurt.

Text for no 49-50

Tips for maintaining health during the transition season

Boost Your Immune System: Eat a balanced diet rich in vitamins and minerals, especially vitamin C, to strengthen your immune system.

Stay Hydrated: Drink plenty of water throughout the day to stay hydrated. Proper hydration supports your immune system and helps your body function well, especially when the weather is unpredictable.

Get Enough Rest: Make sure you're getting enough sleep each night. Rest allows your body to repair itself and strengthens your immune system, making it easier to handle the changing weather conditions.

Eat healthy food: Eating nutritious food is essential during transitional seasons, when the body is more vulnerable to weather changes and illnesses. Choose nutrient-rich foods like vegetables, fruits, proteins, and whole grains that are high in vitamins and minerals.

Maintain Good Hygiene: Wash your hands regularly, especially after being outside or in crowded areas. This helps prevent the spread of germs and reduces the risk of getting sick during the season change.

49. According the text, why is it important to stay hydrated during unpredictable weather?
50. The text tells that Vitamin C can help us to prevent the immune system. Give some examples of foods consist of vitamin C!



KANTOR KEMENTERIAN AGAMA KABUPATEN KLATEN
MADRASAH ALIYAH NEGERI 1 KLATEN
ASESMEN SUMATIF AKHIR SEMESTER GASAL
TAHUN PELAJARAN 2024/2025

LEMBAR JAWABAN

NAMA : MATA PELAJARAN :
NO. PESERTA : HARI / TANGGAL :
KELAS / RUANG : WAKTU :

Lembar Jawab Soal Pilihan Ganda

1	A	B	C	D	E	11	A	B	C	D	E	21	A	B	C	D	E	31	A	B	C	D	E	41	A	B	C	D	E
2	A	B	C	D	E	12	A	B	C	D	E	22	A	B	C	D	E	32	A	B	C	D	E	42	A	B	C	D	E
3	A	B	C	D	E	13	A	B	C	D	E	23	A	B	C	D	E	33	A	B	C	D	E	43	A	B	C	D	E
4	A	B	C	D	E	14	A	B	C	D	E	24	A	B	C	D	E	34	A	B	C	D	E	44	A	B	C	D	E
5	A	B	C	D	E	15	A	B	C	D	E	25	A	B	C	D	E	35	A	B	C	D	E	45	A	B	C	D	E
6	A	B	C	D	E	16	A	B	C	D	E	26	A	B	C	D	E	36	A	B	C	D	E	46	A	B	C	D	E
7	A	B	C	D	E	17	A	B	C	D	E	27	A	B	C	D	E	37	A	B	C	D	E	47	A	B	C	D	E
8	A	B	C	D	E	18	A	B	C	D	E	28	A	B	C	D	E	38	A	B	C	D	E	48	A	B	C	D	E
9	A	B	C	D	E	19	A	B	C	D	E	29	A	B	C	D	E	39	A	B	C	D	E	49	A	B	C	D	E
10	A	B	C	D	E	20	A	B	C	D	E	30	A	B	C	D	E	40	A	B	C	D	E	50	A	B	C	D	E

Lembar Jawab Soal Essay (dilanjutkan di sebaliknya)