**Part 1**

**Questions 1 to 7**

*You will hear people talking in seven different situations. For questions* 1 to 7*, choose the correct answer* (**A, B,** or **C**).

*You will hear each recording* **twice**. *Answer all the questions.*

**1** Why is Alice worried about John?

**A** John was sick.
**B** John was overweight.
**C** John was not eating well.

**2** Which activity was not mentioned by the woman?

**A** Meet new people.
**B** Eat delicious food.
**C** Enjoy water activities.

**3** What is the best way to stay safe at home?

**A** Keep a first aid kit.
**B** Lock doors and windows.
**C** Switch off all electrical appliances when not in use.

**4** What is the solution to stop littering?

**A** Show respect to nature.
**B** Always use rubbish bins.
**C** Reduce the use of plastic.

**5** What is the basic thing her gadget can do?

**A** Make calls.
**B** Snap photos.
**C** Surfing the Internet.

**6** Why Lucy has to try the dish?

**A** Lucy likes spicy food.
**B** Lucy loves delicious food.
**C** It is Malaysia's traditional dish.

**7** Which pair of shoes will the woman pick?

**A** A pair of black heels.
**B** A pair of black shoes.
**C** A pair of brown shoes.



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**Part 2**

**Questions 8 to 15**

*You will hear a girl talking about Gen-Z. For questions **8 to 15**, choose the correct answer **(A, B,** or **C).***

*You will hear each recording* **twice**. *Answer all the questions.*

**8** Where does the term "Strawberry Generation" come from?

**A** China

**B** Taiwan

**C** Malaysia

**9** What is the main cause of mental health problems among youngsters?

**A** They are well protected by their parents.

**B** They received social pressure and criticism.

**C** They are too sensitive with their surroundings.

**10** Which of the following is false about youths' mental health conditions?

**A** It worsened during various lockdowns.

**B** It worsened after Covid-19 vaccination.

**C** It worsened during Covid-19 pandemic.

**11** According to the Malaysian Mental Health Index, what is the biggest issue of youth?

**A** Mild anxiety

**B** Mild depression

**C** Disruptive behaviour

**12** Who should show support to help ease the problems?

**A** Individuals

**B** Government

**C** Family and friends

**13** Why do youngsters use social media and online platforms during lockdowns?

**A** For studies

**B** For entertainment

**C** For social interactions

**14** How social media helps improve youth's mental health problems?

**A** Connecting family and friends.

**B** Offers resources and support networks.

**C** Share problems publicly for comments and support.

**15** What is the reason for pupils switching off their cameras during online classes?

**A** Fear of being judged

**B** Fear of being well known

**C** Fear of answering questions



LIVEWORKSHEETS

**Part 3**

**Questions 16 to 20**

*You will hear five short extracts in which five speakers are talking about their favourite sports. For questions* **16 to 20**, *choose from the list* (**A to G**) *what each speaker says. Use the letters only once. There are two extra letters which you do not need to use.*

*You will hear each recording* **twice**. *Answer all the questions.*

| | | | | |
|---|---|---|---|---|
| **A** | A well-played round on the course is very rewarding. | Speaker 1 | | **16** |
| **B** | Chances of winning depend on a single player. | Speaker 2 | | **17** |
| **C** | Focus of this sport is to improve individual time. | Speaker 3 | | **18** |
| **D** | Powerful serve or performing a perfect volley is a joy. | Speaker 4 | | **19** |
| **E** | It is a fast-paced game that connects the entire world. | Speaker 5 | | **20** |
| **F** | An individual sport that demands physical endurance only. | | | |
| **G** | It requires physical fitness and mental sharpness. | | | |



LIVEWORKSHEETS

**Part 4**

**Questions 21 to 30**

*You will hear an interview with a psychologist talking about the benefits of reading authentic materials compared to online materials.*

*For questions* **21 to 30**, *fill in the missing information in each numbered space.*

*Use* **NO MORE THAN ONE WORD** *for each space.*

*You will hear each recording* **twice**. *Answer all the questions.*

**Authentic Materials vs Online Materials**

Authentic materials are texts such as **(21)** _____, novels, and magazines, that expose learners to real vocabulary, expressions, and **(22)** _____ which helps learners understand how native **(23)** _____ use the language naturally. While online materials can also be authentic but they are simplified versions and don't always **(24)** _____ real life language. They are good for staying informed about updates and **(25)** _____. Therefore, it is best to use **(26)** _____ in language learning. In addition, reading books and printed materials can improve **(27)** _____ and concentration as well as reduces **(28)** _____ time. Anyone can start with topics that are interesting to stay **(29)** _____ by reading easier texts before slowly move to more complex ones to see improvement. Reading is a journey that helps people to be more **(30)** _____ in the future.



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