

# Study the Word List with Definitions

| Term                          | Definition                                                                                                               | Translation                                        |
|-------------------------------|--------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------|
| open-minded                   | willing to consider ideas and opinions that are new or different to your own                                             | широких взглядов, непредубежденный                 |
| beneficial                    | Helpful or advantageous                                                                                                  | полезный                                           |
| perception                    | A belief or opinion about something                                                                                      | восприятие                                         |
| seek                          | To try to find or get something                                                                                          | искать                                             |
| multitude                     | A large number of things                                                                                                 | множество                                          |
| gain a positive outlook       | Develop optimistic attitude                                                                                              | обрести позитивный взгляд (на что-либо)            |
| ancient                       | Of or from a long time ago                                                                                               | древний                                            |
| walk down unfamiliar paths    | Try new experiences                                                                                                      | идти неизведанными путями                          |
| avoid the crowds              | Stay away from busy places                                                                                               | избегать толпы                                     |
| discover                      | Find something new                                                                                                       | находить, обнаруживать, открывать, делать открытие |
| exploration                   | The activity of searching and finding out about something                                                                | исследование                                       |
| stressed out                  | Worried and nervous                                                                                                      | измотанный                                         |
| engage with                   | To become involved with something                                                                                        | взаимодействовать                                  |
| hold different viewpoints     | Have various opinions                                                                                                    | иметь разные взгляды                               |
| replace                       | Take the place of something                                                                                              | заменять                                           |
| develop adaptability          | Improve ability to adjust to new conditions                                                                              | развивать адаптивность                             |
| be pushed out of comfort zone | Forced to try difficult things                                                                                           | выйти из зоны комфорта                             |
| intelligence                  | Ability to learn and understand                                                                                          | интеллект                                          |
| demand                        | Strong need or desire                                                                                                    | спрос, требование                                  |
| property                      | Building or land                                                                                                         | собственность, имущество                           |
| off-season                    | Less popular travel time                                                                                                 | несезон                                            |
| appeal to                     | To make a serious or formal request, especially to the public, for money, information, or help; Be attractive to someone | обращаться; понравиться или привлечь кого-то       |
| alternate                     | Take turns                                                                                                               | чередовать                                         |

Match the word/phrase on the left with its correct definition or synonym on the right. Each word and definition is used only once.

1. stressed out
2. avoid the crowds
3. ancient
4. develop adaptability
5. intelligence
6. replace
7. gain a positive outlook
8. exploration
9. walk down unfamiliar paths
10. beneficial
11. hold different viewpoints
12. demand
13. perception
14. property
15. appeal to
16. off-season
17. discover
18. open-minded
19. engage with
20. seek
21. multitude
22. be pushed out of comfort zone

- A. To grow the ability to adjust to new conditions
- B. The act of traveling to learn about new places
- C. To find something for the first time
- D. A building or piece of land owned by someone
- E. To be forced into unfamiliar or challenging situations
- F. The way you think about or understand something
- G. To take the place of something else
- H. Feeling overwhelmed or anxious
- I. Very old; from long ago
- J. To interact or become involved with
- K. To begin seeing things in an optimistic way
- L. To look for or try to obtain
- M. A very large number
- N. The ability to learn, understand, and apply knowledge
- O. To stay away from busy, packed places
- P. To attract or interest someone
- Q. Helpful; producing good results
- R. Willing to consider new ideas or opinions
- S. To believe or accept contrasting opinions
- T. The time of year when fewer tourists visit
- U. A strong need or desire for something
- V. To try new experiences or directions in life

# Complete the text below using the words from the list.

## Use each word/phrase only once.

Travelling is not just about seeing new places — it's a powerful tool for personal growth. When you (1) \_\_\_\_\_ unfamiliar cultures, you (2) \_\_\_\_\_ adaptability and learn to (3) \_\_\_\_\_ different viewpoints. Many people travel to (4) \_\_\_\_\_ a break from daily stress — especially if they feel (5) \_\_\_\_\_ from work or school. One great tip is to travel during the (6) \_\_\_\_\_, when destinations (7) \_\_\_\_\_ fewer tourists and prices drop. This helps you (8) \_\_\_\_\_ the crowds and truly (9) \_\_\_\_\_ local life.

Exploring (10) \_\_\_\_\_ ruins or wandering through remote villages allows you to (11) \_\_\_\_\_ hidden gems most tourists miss. The (12) \_\_\_\_\_ for authentic experiences is growing — people want to (13) \_\_\_\_\_ with locals, not just take photos. Some even (14) \_\_\_\_\_ traditional hotels with homestays, a type of (15) \_\_\_\_\_ that offers deeper cultural immersion.

Being (16) \_\_\_\_\_ helps you accept unexpected changes — like missed buses or strange food. You might even be (17) \_\_\_\_\_ your comfort zone, which builds emotional (18) \_\_\_\_\_. Over time, you (19) \_\_\_\_\_ a positive outlook and realize how (20) \_\_\_\_\_ travel is for your mind. In fact, the (21) \_\_\_\_\_ of benefits — from improved problem-solving to greater empathy — is astonishing. Travel doesn't just change your location; it transforms your (22) \_\_\_\_\_ of the world.

**Rewrite each sentence below using one of the target words/phrases. Keep the meaning the same. Use each word/phrase only once.**

1. Travelling helps you learn to adjust to new and unexpected situations. → Travelling helps you \_\_\_\_\_.
2. Seeing how others live can make you more accepting of new ideas. → Experiencing other cultures makes you more \_\_\_\_\_.
3. Many tourists go to famous landmarks, but I prefer finding quiet, unknown places. → I like to \_\_\_\_\_ instead of following the tourist trail.
4. The Taj Mahal and the Pyramids are examples of very old human creations. → These are examples of \_\_\_\_\_ wonders.
5. Going to Bali in November means fewer people and lower hotel costs. → Bali in November is \_\_\_\_\_, so it's less crowded.
6. Some travelers choose Airbnb apartments over big chain hotels. → Some travelers \_\_\_\_\_ hotels with private \_\_\_\_\_ rentals.
7. When you meet locals, try talking to them and learning from them. → Make sure to \_\_\_\_\_ the local community.
8. Travel teaches you to understand that not everyone thinks the same way. → You learn to \_\_\_\_\_.
9. Backpacking through Southeast Asia forced me to face my fears. → It \_\_\_\_\_.
10. People travel because they want to find peace or adventure. → People \_\_\_\_\_ relaxation or excitement through travel.
11. The number of reasons to travel is huge — from fun to education. → There is a \_\_\_\_\_ of reasons to travel.
12. Travel can help you start thinking more hopefully about life. → You can \_\_\_\_\_ through new experiences.
13. Don't go to Venice in summer — it's packed! → Try to \_\_\_\_\_ by visiting in spring.
14. You'll find amazing street food if you explore side alleys. → You'll \_\_\_\_\_ hidden culinary treasures.
15. The act of discovering new countries changes how you see yourself. → \_\_\_\_\_ reshapes your self-image.

#### Словообразование

1. **travel** - traveller, travelling
2. **tour** - tourist, touristic, tourism
3. **industry** - industrial, industrialist, industrialization
4. **benefit** - beneficial
5. **possible** - possibility, possibly, impossibility, impossible
6. **nation** - national, nationality, international
7. **comfort** - comfortable, uncomfortable, comfortably, uncomfortably
8. **adventure** - adventurous, adventurer
9. **discover** - discovery, discoverer
10. **explore** - exploration, explorer
11. **real** - reality, realistic, really
12. **create** - creation, creative, creator, creativity
13. **flexible** - flexibility, flexibly
14. **emotion** - emotional, emotionally
15. **develop** - development, developer, developing
16. **employ** - employee, employer, employment, unemployed
17. **lead** - leader, leadership
18. **intelligence** - intelligent

Прочитайте приведённый ниже текст. Образуйте от слов, напечатанных заглавными буквами в конце строк, обозначенных номерами **25–29**, однокоренные слова так, чтобы они грамматически и лексически соответствовали содержанию текста. Заполните пропуски полученными словами. Каждый пропуск соответствует отдельному заданию из группы **25–29**.

#### The Swiss Alps Experience

25. Switzerland is internationally famous for its breathtaking mountain landscapes that attract millions of \_\_\_\_\_ every year. Many come for winter sports while others prefer summer hiking. **TOUR**
26. The Alps offer \_\_\_\_\_ opportunities for all kinds of travelers, from relaxing spa retreats to extreme climbing adventures. **VARY**
27. Local authorities have invested heavily in tourist \_\_\_\_\_ to make the mountains accessible while preserving nature. **DEVELOP**
28. Modern cable cars provide \_\_\_\_\_ access to high altitudes, allowing visitors to enjoy spectacular views with minimal effort. **COMFORT**
29. Among the most exciting \_\_\_\_\_ is the First Cliff Walk near Grindelwald, a metal walkway clinging to the rock face 2,000 meters above ground. **ACTIVE**