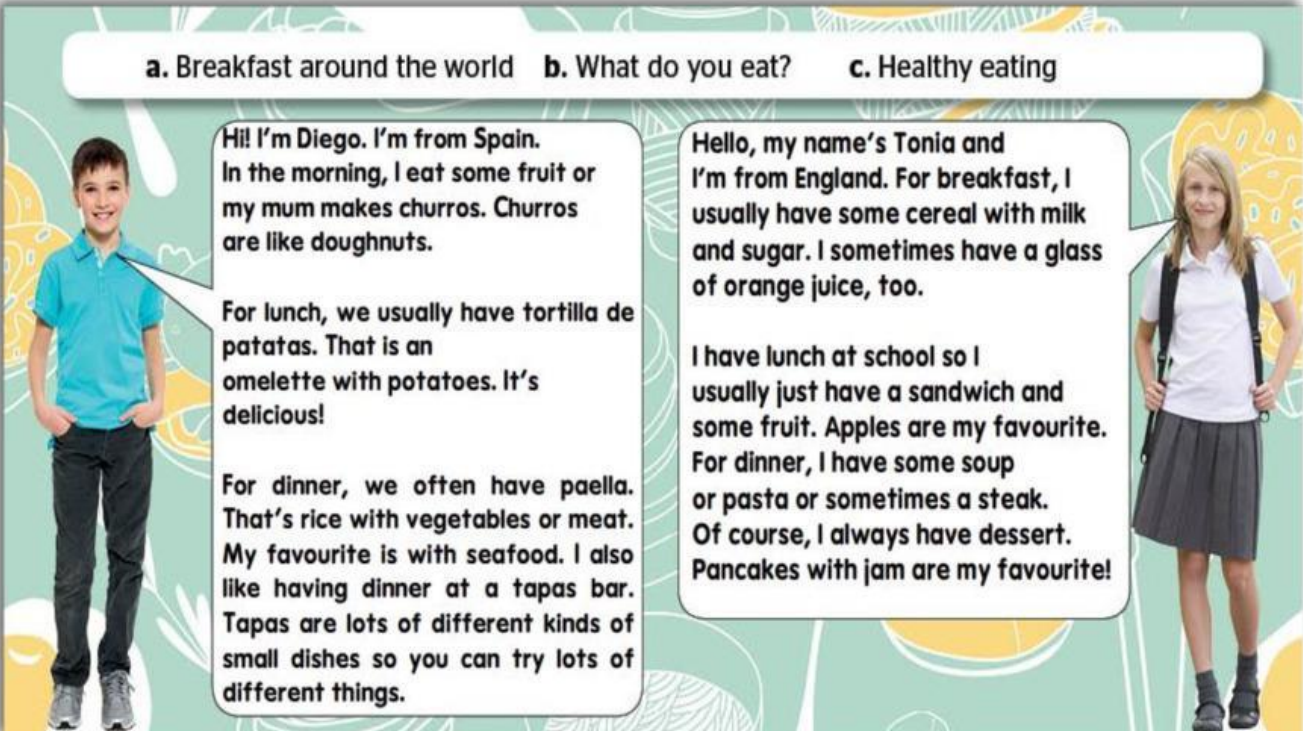


## SESSION N°01

### “LET’S READ ABOUT BREAKFAST AROUND THE WORLD”

A. Listen and read. Then, choose the best title a,b or c

**a. Breakfast around the world    b. What do you eat?    c. Healthy eating**



**Diego (Spain):**  
Hi! I'm Diego. I'm from Spain. In the morning, I eat some fruit or my mum makes churros. Churros are like doughnuts.  
For lunch, we usually have tortilla de patatas. That is an omelette with potatoes. It's delicious!  
For dinner, we often have paella. That's rice with vegetables or meat. My favourite is with seafood. I also like having dinner at a tapas bar. Tapas are lots of different kinds of small dishes so you can try lots of different things.

**Tonia (England):**  
Hello, my name's Tonia and I'm from England. For breakfast, I usually have some cereal with milk and sugar. I sometimes have a glass of orange juice, too.  
I have lunch at school so I usually just have a sandwich and some fruit. Apples are my favourite. For dinner, I have some soup or pasta or sometimes a steak. Of course, I always have dessert. Pancakes with jam are my favourite!

B. Read again and choose the correct option

#### Literal Questions

- Where is Diego from?
  - England
  - Spain
  - France
  - Italy
- What does Diego's mum sometimes make in the morning?
  - Paella
  - Pancakes
  - Churros
  - Sandwiches
- What is tortilla de patatas?
  - Rice with vegetables

- b) Omelette with potatoes
  - c) Steak with pasta
  - d) Pancakes with jam
4. What fruit does Tonia say is her favourite?
- a) Bananas
  - b) Apples
  - c) Oranges
  - d) Grapes
5. What dessert does Tonia always have?
- a) Ice cream
  - b) Pancakes with jam
  - c) Churros
  - d) Tapas

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## Inferential Questions

6. Why does Diego like eating at a tapas bar?
- a) Because he doesn't like paella
  - b) Because he can try many small dishes
  - c) Because he always eats churros there
  - d) Because he loves dessert
7. What can we infer about Tonia's lunch?
- a) It is usually at home with her family
  - b) It is light and simple because she eats at school
  - c) It always includes steak
  - d) It is the biggest meal of her day
8. Which meal seems to be the most important for Diego?
- a) Breakfast
  - b) Lunch

- c) Dinner
- d) Dessert

9. What do both Diego and Tonia's diets show about their countries?

- a) They only eat fast food.
- b) Their meals are very international.
- c) They include traditional and typical foods from their culture.
- d) They never eat fruits or vegetables.

10. If Tonia had to choose between churros and pancakes with jam, what would she probably choose?

- a) Churros, because they are sweet
- b) Pancakes with jam, because they are her favourite
- c) Both, because she loves desserts
- d) Neither, because she doesn't like sweets

C. Read again and write who eats the following and if it's for breakfast, lunch, dinner, dessert as in the example.



1. *Diego's dinner.*



2.



3.



4.



5.



6.



7.



8.