

September Project

My Energy-Saving Self-Assessment

Name: _____

Class: _____

Issue Date: _____

Due Date : _____

Instructions: Read each question carefully. Put a  if you usually do it, or  if you usually don't. Each  is worth **1 point**.

"Remember to be completely honest when completing this self-assessment."

I.	Question	Yes 	No 	Points
1	I turn off the lights when I leave a room.			
2	I keep the fridge door closed.			
3	I use LED bulbs (energy-saving bulbs) at home.			
4	I wash clothes with cold water when possible.			
5	I unplug toys and devices when I'm not using them.			
6	I use a fan instead of an air conditioner when I can.			
7	I turn off the tap while brushing my teeth.			
8	I help keep my home warm in winter and cool in summer.			
9	I cook with a lid on the pot.			
10	I turn off computers or tablets when not using them.			
11	I unplug chargers when they are not in use.			
12	I use a bus, train, or walk instead of a car when possible.			
13	I avoid overloading electrical sockets.			
14	I help plant trees or care for plants around the house.			
15	I wait until the dishwasher is full before running it.			
16	I try to use solar or other clean energy when I can.			

I.	Question	Yes ☒	No ☒	Points
17	I dry clothes in the sun instead of using a dryer.			
18	I keep the fridge at the right temperature.			
19	I use smart plugs or power strips to save electricity.			
20	I close doors and windows when using a fan or air conditioner.			

Total Score: _____ / 20

Energy-Saving Feedback

- **17–20 points:** Excellent! You are a great energy saver. 🌟
- **13–16 points:** Good! You save energy most of the time. 👍
- **10–12 points:** Fair! Try to do more to save energy. ⚡
- **Below 10 points:** Needs improvement. You should try harder to save energy every day. ⚠️

II. Choose the pictures which show the ways to save energy.

