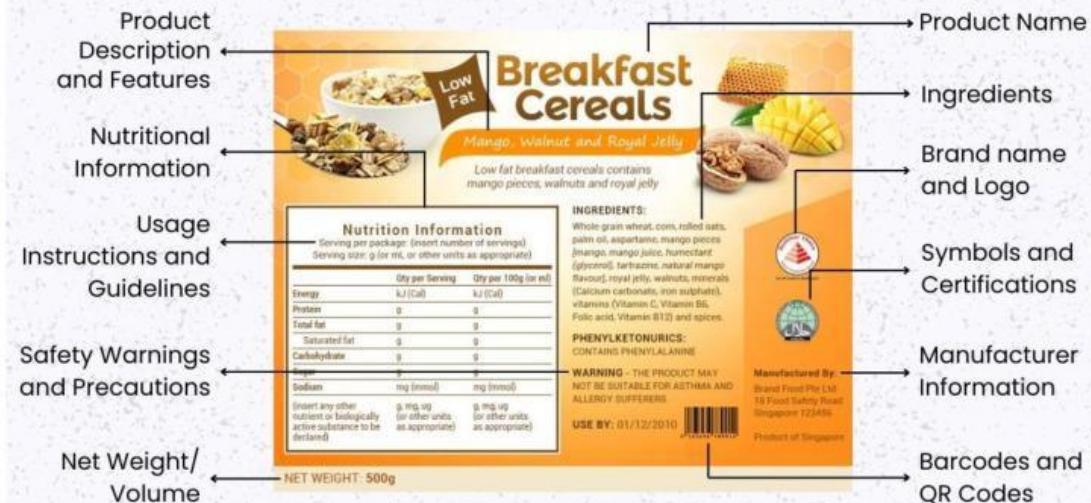


Components of a Product Label



A label is a kind of short functional text that **refers to printed information** affixed on the outer package **of products**. The social function of a label is to give detail information about the products such as medicine, food, beverages, cosmetics, electronics, etc. The purpose of a label is to provide identification or information about an object, product, or item.

Do the exercise to get all the information variety of products!

The following picture is for question 1 and 2.

Healthy Life Original 100% Whole Wheat Whole Grain Bread

Nutrition Facts

Serving Size 2 Slices (41g)
Servings Per Container 11

Amount Per Serving	% Daily Value	Calories	Calories from Fat
70	0%	35	5
150mg	6%	150mg	80mg
16g	5%	16g	8g
6g	2%	6g	3g
5g	2%	5g	2g
0g	0%	0g	0g

Percent Daily Values (DV) are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories	2,000	2,500
Total Fat	Less than 65g	80g
Sat. Fat	Less than 20g	25g
Cholesterol	Less than 300mg	375mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

NO Bromate
NO Hydrogenated Oil
0 Grams Trans Fats
NO Saturated Fats
NO Cholesterol

INGREDIENTS: WATER, 100% WHOLE GRAIN WHOLE WHEAT FLOUR, SOY FIBER AND/OR WHEAT FIBER AND/OR SUGAR CANE FIBER, WHEAT GLUTEN, YEAST, BROWN SUGAR, CONTAINS 2% OR LESS OF THE FOLLOWING: MOLASSES, SALT, DOUGH CONDITIONERS (MONO & DIGLYCERIDES, SODIUM STEAROYL LACTYLATE, ETHOXYLATED MONO- DIGLYCERIDES, ASCORBIC ACID, CALCIUM PEROXIDE, AZODICARBONAMIDE), CALCIUM PROPIONATE (TO PREVENT SPOILAGE), GUAR GUM, YEAST NUTRIENTS (CALCIUM SULFATE, CALCIUM CARBONATE, AMMONIUM SULFATE), FUMARIC ACID, WHEAT STARCH, PALM OIL, SOY LECITHIN.

CONTAINS: WHEAT, SOY.

LEWIS BAKERIES, INC.
GENERAL OFFICES: EVANSVILLE, IN 47710

Allergy Advisory: Produced on the same bakery equipment as baked goods containing milk, eggs, or nuts. Therefore, this product may inadvertently contain milk, eggs, or nuts to which some people may be allergic.

While we make every effort to post the most current product nutrition facts and ingredients on this web site, your best source of product information is what is printed on the package you purchase.

- What is the purpose of the text?
 - To show the ingredients of a product.
 - To explain the superiority of a product.
 - To describe the nutrition fact of product.
 - To give detailed information about a product.
- From the text, we can conclude that the product....
 - is safe for all people
 - is good for our health
 - contains saturated fats
 - is made from wheat only

The following picture is for questions 3 and 4.



3. Why does the writer write the label?
 - A. To tell us how to use the ear drops.
 - B. To show the content of the ear drops.
 - C. To inform about the use of the ear drops.
 - D. To give detailed information about the ear drops.
4. What should people do before using the product?
 - A. Read the label carefully
 - B. See a doctor to consult
 - C. Check the use of the product
 - D. Use antibiotics for all ear pains

The following picture is for questions 5 and 6.



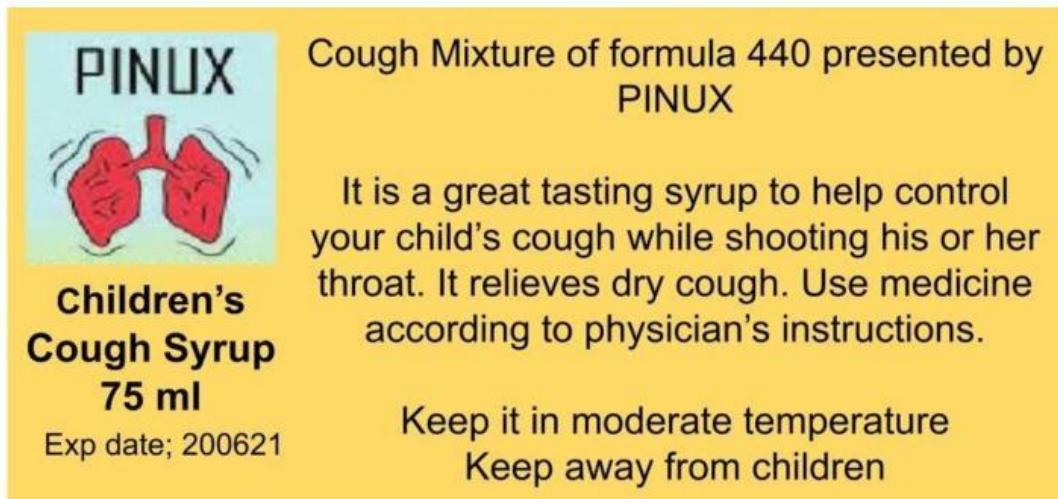
5. What is the product used for?
 - A. To scent the room
 - B. To moisturize the skin
 - C. To repel insects from houses
 - D. To protect user from insects' bites
6. From the label we know that....
 - A. the product is harmful to human skin
 - B. the product contains unnatural ingredients
 - C. we should stop using it when rash appears
 - D. we should keep the product in a warm place

The following picture is for questions 7 and 8.



7. What is the label about?
 - A. Food
 - B. Vitamin
 - C. Beverage
 - D. Supplement
8. Why do you think we should consume the product?
 - A. It is healthy
 - B. It is zero fat
 - C. It contains vitamins
 - D. It has calcium

The following picture is for questions 9 and 10.



9. What is the brand name of the cough syrup?
 - A. Formula 440
 - B. PINUX
 - C. Cough Mixture
 - D. Children's Cough Syrup
10. What is the primary purpose of this medicine?
 - A. To control a child's fever
 - B. To relieve a dry cough
 - C. To soothe a sore throat
 - D. To treat a stomachache

The following picture is for questions 11 – 14.

Nutrition Facts
Serving Size 1 container (71g)

Amount Per Serving	% Daily Value*
Calories 330	Calories from Fat 130
Total Fat 14g	22%
Saturated Fat 7g	36%
Trans Fat 0g	
Cholesterol less than 5mg	1%
Sodium 1170mg	49%
Total Carbohydrate 42g	14%
Dietary Fiber 2g	6%
Sugars 2g	
Protein 7g	
Vitamin A 4%	• Vitamin C 2%
Calcium 2%	• Iron 25%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:
Calories: 2,000 2,500

Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate	300g	375g	
Dietary Fiber	25g	30g	

INGREDIENTS: ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM OIL, SALT, CONTAINS LESS THAN 2% OF DRIED CARROT FLAKE, DRIED CORN, DRIED GREEN PEA, MONOSODIUM GLUTAMATE, POWDERED CHICKEN, GLUCOSE, ONION POWDER, DRY SOY SAUCE (WHEAT, SOYBEAN, SALT), HYDROLYZED CORN AND SOY PROTEIN, MALTODEXTRIN, SPICE AND COLOR, GARLIC POWDER, CALCIUM SILICATE, SUGAR, POTASSIUM CARBONATE, SODIUM CARBONATE, SODIUM TRIPOLYPHOSPHATE, CITRIC ACID, RENDERED CHICKEN FAT, AUTOLYZED YEAST EXTRACT, DISODIUM GUANYLATE, DISODIUM INOSINATE, NATURAL AND ARTIFICIAL FLAVOR, TBHQ (PRESERVATIVE), SODIUM ALGINATE, AUTOLYZED TORULA YEAST EXTRACT.
CONTAINS WHEAT AND SOYBEAN.

NISSIN MANUFACTURED BY: NISSIN FOODS (USA) CO., INC.
2001 W. ROSECRANS AVE., GARDENA, CA 90249
MANUFACTURED IN A FACILITY THAT PROCESSES MILK, EGG, PEANUT, TREE NUTS, CRUSTACEAN SHELLFISH, AND FISH PRODUCTS.

CHICKEN Flavor
Recommended Cooking Directions

- 1 • Pull back lid to dotted line.
• Fill cup to inside line with boiling water from kettle or microwave.
- 2 • Close lid and let stand for 3 minutes.
• Stir well and enjoy.

Do Not Microwave.
Caution: Product is hot; please handle with care.
Do not purchase if cup is open or torn.

Cup Noodles.®
For the Very Best in Ramen Noodle Soup.®

www.nissinfoods.com

- How many calories are in one serving of this product?
A. 130
B. 330
C. 42
D. 14
- Which of the following allergens is NOT listed on the label?
A. Soy
B. Fish
C. Peanuts
D. Wheat
- What is the percentage of the daily value for sodium in one serving of this product?
A. 14%
B. 49%
C. 22%
D. 36%
- According to the recommended cooking directions, how long should you let the noodles stand after adding boiling water?
A. 1 minute
B. 3 minutes
C. 5 minutes
D. 2 minutes

The following picture is for questions 15 and 16.



15. What product is the label about?

- Food for kids.
- Dairy milk.
- Low fat milk.
- Cereal for kids.

16. From the text we know that ...

- The product contains vitamins.
- The product contains mostly carbohydrate.
- The amount of protein per serving is more than the sugars.
- The daily value percentage of calcium is less than that of trans fat.

The following picture is for questions 17 and 18.



17. How many servings are in the entire container?

- A. 1
- B. 8
- C. 110
- D. 64

18. What is the main ingredient of this juice?

- A. Flash Pasteurized
- B. Sugar
- C. Water
- D. Freshly Squeezed Oranges

The following picture is for questions 19 – 20.

AUGMENTIN®

125mg/5mL
NDC 0029-6085-39

Tear along perforation

NSN 6505-01-340-0847

Directions for mixing:
Tap bottle until all powder flows freely.
Add approximately 2/3 of total water
for reconstitution (total = 67 mL);
shake vigorously to wet powder. Add
remaining water; again shake vigorously.

Dosage: See accompanying prescribing
information.

Tear along perforation

*Keep tightly closed.
Shake well before using.
Must be refrigerated.
Discard after 10 days.*

AUGMENTIN®
**AMOXICILLIN/
CLAVULANATE POTASSIUM
FOR ORAL SUSPENSION**

When reconstituted, each 5 mL contains:
AMOXICILLIN, 125 MG,
as the trihydrate
CLAVULANIC ACID, 31.25 MG,
as clavulanate potassium

75mL (when reconstituted)

SB SmithKline Beecham

19. What is the concentration of this medication when it is reconstituted?

- A. 67 mg/mL
- B. 125 mg/5 mL
- C. 75 mL
- D. 31.25 mg/5 mL

20. How many days after reconstitution should the medicine be discarded?

- A. 7 days
- B. 10 days
- C. 67 days
- D. 5 days