

ADVERBS OF FREQUENCY – WORKSHEET

A DAY IN EMMA'S LIFE

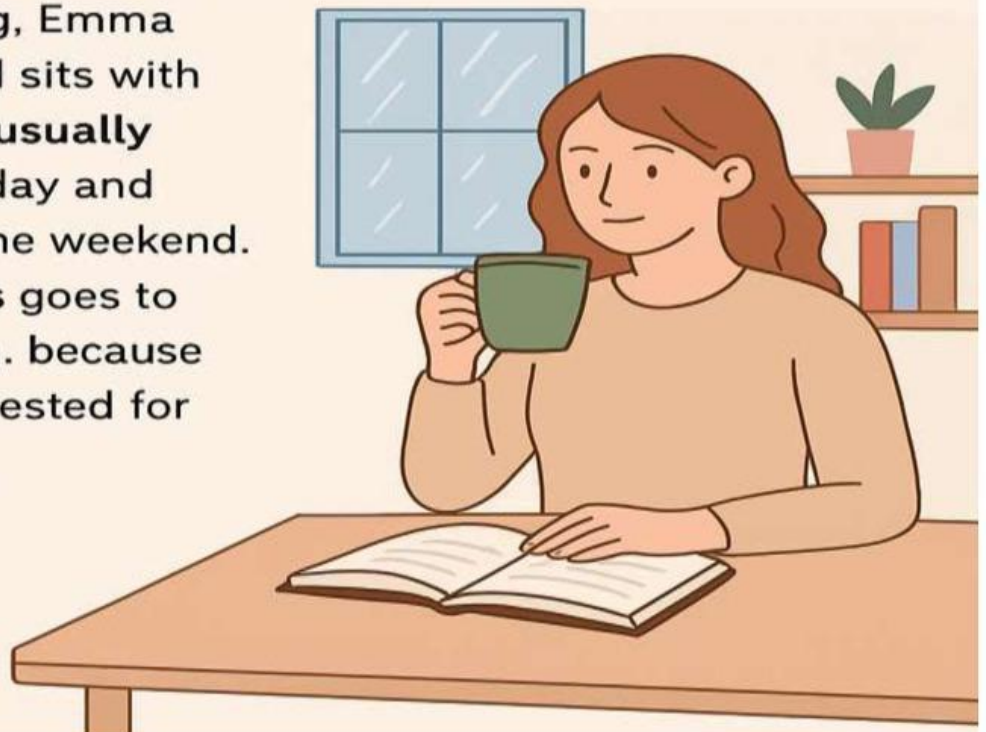
Emma is an English teacher and she **always** wakes up at 6:00 a.m. Every morning, she prepares a cup of tea and checks her lesson plans. She **usually** rides her bike to school, but when it rains, she **sometimes** takes the bus.

At school, Emma teaches five classes a day. Her students **often** ask interesting questions and Emma tries to answer all of them.

During her break, she **rarely** eats snacks, because she prefers healthy food. After school, she goes **back** home and spends some time reading. She **never** watches TV in the afternoon.

In the evening, Emma cooks dinner and sits with her family. They **usually** talk about their day and make plans for the weekend.

Emma **always** goes to bed at 10:00 p.m. because she likes to feel rested for the next day.



After Reading, please work on these following activities.

A.- ☒ Underline the best option for each question

1. How does Emma go to school most of the time?

- a) She always takes the bus
- b) She usually rides her bike
- c) She often drives her car
- d) She never goes to school

2. When does Emma *sometimes* take the bus?

- a) When she is late
- b) When it rains
- c) On Saturdays
- d) When she is tired

3. Which activity does Emma *never* do in the afternoon?

- a) Read a book
- b) Cook dinner
- c) Watch TV
- d) Check lesson plans

4. At what time does Emma usually go to bed?

- a) 9:00 p.m.
- b) 11:00 p.m.
- c) 10:00 p.m.
- d) 8:00 p.m.

B.- ☒ Please, write true or false on each case.

1. Emma often eats snacks during her break.

Answer: _____

2. Emma always wakes up early in the morning.

Answer: _____

3. Emma and her family usually talk during dinner.

Answer: _____

C.- ☒ Matching

Match the **adverb of frequency** with the **correct example from the story**.
Write the full sentence when you are sure of the answer.

Note: use A, B and C to fill out in the sentences

1. "She _____ takes the bus when it rains."
2. "Her students _____ ask interesting questions."
3. "She _____ eats snacks during her break."

Adverb	Story sentence
A. rarely	
B. sometimes	
C. often	