TOPIC: MY DAILY ROUTINE

SKILL: READING COMPREHENSION

Today, I´m going to talk about my daily routine. My routine is different on weekdays and weekends. I´ll tell you about my routine on weekdays, so I normally wake up at about 6 or 6: 15 am, I like waking up early. I don´t like getting up late, when I wake up, the first thing I do is read my Bible. Then, I study languages for a little while currently I´m studying Indonesian. I like study in the morning because I feel motivated other people prefer studying in the evening.

Do you study in the morning, afternoon or evening? So, after I study I usually eat some fruit this is my first food of the day, then I start my work I usually start working at 7: 00 a.m., most other people start at 8 a.m. or 9 a.m. I like starting early though. I´m English teacher and I teach many students, I have different students every day, some days I have many classes and other days I have fewer classes most of my students are from Brazil and Russia but I have students from many other countries too every day I talk to people from all over the world this is really fun. I love my job, so during my workday I have some breaks some times I have 30 minutes break between classes during my breaks I eat, study and hang out with my wife, my last class usually ends at 4:30 or five p.m.

Many Americans get off work at five PM. After I get off work I eat dinner my wife cooks dinner every weekday so we eat at home I´m always hungry when I finish work in the US people eat dinner early like at 6 PM. This is very common in other countries people eat dinner late like 9 pm. I don´t like this for us dinner is the biggest meal of the day we eat a lot for dinner my wife and I eat meat, vegetables and other food. Some days I exercise in the evening too. I don´t exercise every day only some days I should exercise more though after exercise and eat dinner I eat dessert I normally have milk and cookies I love milk and cookies after dessert I study my languages more then I spend time with my wife lastly I take a shower, brush my teeth and get ready for bed I usually go to bed at 10 pm.

So that my normal routine on weekdays I like to have a consistent routine, I plan my days and I try to follow my plan some people don´t like planning their days. They prefer to do different things every day I like doing different things too, but I like having a general plan to follow if I don´t have a general plan I feel lost I like having a daily routine. However, on the weekends I do many different activities, my weekends are very different from my weekdays, but I always wake up and go to bed at the same time every day that doesn´t change I like to start and end every day at the same time.

LIVEWORKSHEETS

Daily Routine Questionnaire (A1 Level)

True or False

According to the reading write true or false to the following statements

a. The speaker wakes up late on weekdays. ( )
b. Most people he knows start work at 7:00 a.m. ( )
c. The speaker enjoys studying in the morning. ( )
d. He usually eats meat for breakfast. ( )
e. The speaker is a Spanish teacher. ( )
f. He usually eats meat for breakfast. ( )
g. His students are only from Brazil. ( )
h. He finishes work at exactly 6:00 p.m. every day. ( )
i. He goes to bed at 10:00 p.m. ( )
j. He reads the Bible as the first activity after waking up. ( )

Multiple Choice

Choose the correct answer

k. What is his job?
a) Math teacher b) English teacher c) Fitness coach
l. Where are most of his students from?
a) USA and Canada b) Brazil and Russia c) France and Germany
m. What does he do during breaks?
a) Sleep b) Watch TV c) Eat, study, and spend time with his wife
n. When does his last class usually end?
a) 3:00 p.m. b) 4:30 or 5:00 p.m. c) 6:00 p.m.
o. At what time does he start working?
a) 8:00 a.m. b) 7:00 a.m. c) 9:00 a.m.

Short Answer

Answer the following questions with 2 o 3 words

a. What does he usually eat for dessert?

b. What does he do after studying languages in the evening?

c. What does he eat after studying in the morning?

d. What time does he usually begin work?

e. What does he say about his weekend routine?

LIVEWORKSHEETS