



# UNIVERSITY OF INDONESIA MAJU

## FINAL TERM TEST

NAME : .....

DAY/ DATE : .....

SEMESTER : .....

DURATION : 90 MINUTES

SUBJECT : ENGLISH FOR MIDWIFERY

LECTURER: FITRIANI PRATIWI, M.Pd

**A. Choose the correct answer!**

1. What is the main goal of antenatal care?

- A. To assist delivery
- B. To help newborns grow
- C. To monitor the mother's and baby's health during pregnancy
- D. To teach breastfeeding techniques

2. What expression is appropriate when asking about the patient's last period?

- A. "Do you want to sleep?"
- B. "When was your last menstrual period?"
- C. "How is your baby today?"
- D. "Let's check your heartbeat."

3. In intra natal care, which expression is commonly used?

- A. "Push with the next contraction."
- B. "You should take iron tablets."
- C. "How many times have you vomited?"
- D. "Let me teach you how to breastfeed."

4. Which information should be included in the opening of a **referral letter**?

- A. Patient's diagnosis and treatment plan
- B. Name, age, and reason for referral
- C. Hospital contact number
- D. Family medical history

**B. Complete the dialog!**

***Dialogue 1: Antenatal Care***

**Midwife:** Good morning. Can you tell me \_\_\_\_\_ ?

**Patient:** My last period was on May 5th.

**Midwife:** Thank you. Let me \_\_\_\_\_ your blood pressure.

**Patient:** Okay.

**Midwife:** It's normal. Please remember to take your \_\_\_\_\_ every day and eat nutritious food.

***Dialogue 2: Intra Natal Care***

**Midwife:** You're doing well. Just take a deep \_\_\_\_\_ .

**Patient:** It's very painful.

**Midwife:** I will check the baby's \_\_\_\_\_ now.

**Midwife:** You're \_\_\_\_\_ centimetres dilated. It's almost time to push.

***Dialogue 3: Post Natal Care***

**Midwife:** Hello. How are you \_\_\_\_\_ today?

**Patient:** I feel very tired and I have some \_\_\_\_\_ pain.

**Midwife:** That's normal. Are you able to \_\_\_\_\_ your baby regularly?

**Patient:** Yes, but it's still painful.

**Midwife:** Please continue, and get enough rest.

**C. True/False**

Read the short antenatal care report below and mark the statements True (T) or False (F).

Report:

Mrs. Lina, 28 years old, came to the clinic at 32 weeks of pregnancy. She complained of headaches and swelling in her feet. Her blood pressure was 150/100 mmHg. The midwife advised her to rest, reduce salt intake, and return for follow-up in one week.

1. Mrs. Lina is 30 years old. ☐
2. She has swelling in her feet. ☐
3. She was advised to increase salt intake. ☐

**D. Matching Expressions to Functions**

Match the expressions in Column A with their functions in Column B.

Column A

Column B

- |   |                          |
|---|--------------------------|
| 1. Please take deep breaths and try to relax. | a. Giving reassurance    |
| 2. Could you tell me when the pain started?   | b. Asking about symptoms |
| 3. You should breastfeed every two hours.     | c. Giving advice         |
| 4. Thank you for coming today, take care.     | d. Polite closing        |

**E. Short Case-based Writing**

Scenario: You are a midwife. A 22-year-old postpartum mother says she feels dizzy and weak after delivery. Write three sentences of health education (advice) for her and her family.