

Part 1 Short Texts (MCQs)

Practice 1

8

Read the text carefully in each question. Choose the best answer A, B or C.
For each question, mark the correct answer A, B or C on your answer sheet.



1. The advice is
 - A for people who love to eat a balanced diet.
 - B targetted at people who want to consume better food.
 - C to encourage people to practise eating healthily.



CLEAN HANDS

Handwashing is a very effective way to prevent the spread of illness. This "hands-on" presentation is suitable for children ranging from 5 to 10 years old. They will have fun to learn where germs may hide and ways of preventing sickness by washing their hands in the correct way.

2. This advertisement
 - A is to promote an entertainment programme.
 - B aims at young children for a health campaign.
 - C provides an interesting way of educating youngsters.

Doing physical exercise is for people of all ages. It helps children to do well in school and can improve the power of your brain as you age. Many teenagers and young adults are involved in playing sports which is a good way to be active. However, the older generation may not be as active due to work and other commitment. These people should try to do brisk walking, jog or ride bicycles during weekends if not every day, for an opportunity to be more active.

3. The article

- A suggested that more people should start being active in sports.
- B stated some of benefits gained if people engage in exercises.
- C mentioned that not so many teenagers are active in games.



Accidents and injuries can occur anywhere, anytime. Do ensure that your box have proper supplies.

4. People need first aid kit to

- A treat minor or basic injuries quickly.
- B provide treatment for elderly patients.
- C store all their medicines in one place.

Deforestation threatens different species of animals and birds. Removing trees also causes the forest to lose its canopy that disallows direct penetration of the sunlight during the day. This changes the night temperatures of the forest and can bring harm to plants and animals.

5. Deforestation

- A affects the lives of flora and fauna.
- B changes species of birds and animals
- C disallows the cultivation of new trees.

Let's do our part to protect the environment. Here are some of the ways.

Always reduce, reuse and recycle to conserve natural resources and landfill space.

Save water and electricity and you can save your utility bills.

Use public transport or ride bicycles or carpool.

Plant more trees so we can have food and more oxygen.

6. The following is not a way of sustaining the environment.

- A Having the 3 R's campaign throughout the year.
- B Not switching off lights when leaving a room.
- C Joining car-free morning every Sunday.



7. The fumes being emitted

- A are not considered as air pollutants.
- B have no impact on the environment.
- C may harm the health of human beings.

Dear Customers,

Thank you for shopping at Rara Supermarket. Starting January next year, we will stop the use of free plastic bags to reduce the bad impact of plastic bags on the environment. Please bring your own or buy our recyclable bag.

8. Future shoppers at Rara Supermarket

- A will have to recycle their plastic bags.
- B can take along their own shopping bag.
- C must buy recyclable bag from Rara Supermarket.