



Breast development	Broader shoulders and more muscle mass
Widening of hips and changes in body shape	Increased activity of sweat glands (stronger body odor)
Start of menstruation (menarche)	Growth spurt (increase in height and weight)
Voice deepening (due to growth of the larynx)	Growth of pubic and underarm hair
Enlargement of testes and penis	Skin changes (acne, oily skin)
Facial hair growth (mustache, beard)	