





## Active English Discussion 2

### Unit 14

#### A. Fill in the Blanks. Choose the best answer

- \_\_\_\_\_ are people from Fiji, an island country in the South Pacific.  
a) Fijians                      c) Australians  
b) Italians                    d) Europeans
- It's \_\_\_\_\_ to think you can lose 10 kilograms in a week by skipping meals.  
a) obsessed                    c) perfectionist  
b) unrealistic                d) irony
- People with \_\_\_\_\_ have trouble controlling their blood sugar levels.  
a) unrealistic                c) plump  
b) diet                         d) diabetes
- Cakes, ice creams, and pastries are examples of \_\_\_\_\_.  
a) organic food                c) high-calorie desserts  
b) eating disorders           d) genetically modified food
- She decided to go on a strict \_\_\_\_\_ to lose weight for her wedding.  
a) obese                        c) perfectionist  
b) diet                         d) irony
- If you eat too much junk food and don't exercise, you may become \_\_\_\_\_.  
a) obsessed                    c) obese  
b) diabetes                    d) irony
- It's an \_\_\_\_\_ that you have ten thousand spoons when all you need is a knife.  
a) obsession                    c) perfectionist  
b) irony                        d) diet

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8. A \_\_\_\_\_ is someone who wants everything to be perfect all the time.
- a) perfectionist                      c) irony  
b) diabetic                          d) Fijian
9. She was diagnosed with an \_\_\_\_\_ after struggling with extreme dieting and unhealthy eating habits.
- a) organic food                      c) unrealistic goals  
b) eating disorders                  d) diabetes
10. She is \_\_\_\_\_ with BTS. She watches all their concerts and treasure every souvenir.
- a) obsessed                          c) ironic  
b) perfectionist                      d) diet
11. The baby has cute, \_\_\_\_\_ cheeks that everyone loves to pinch.
- a) obsessed                          c) plump  
b) obese                              d) perfectionist
12. In ancient Greece, a strong and athletic body was considered the \_\_\_\_\_.
- a) height of beauty                  c) organic food trend  
b) eating disorder                  d) irony
13. That name \_\_\_\_\_ — I think I've heard it somewhere before.
- a) plumps a bit                      c) rings a bell  
b) obsessed you                      d) unrealistic idea
14. She prefers buying \_\_\_\_\_ because they are healthier and are grown without chemicals.
- a) genetically modified (GM) food              c) organic food  
b) high-calorie desserts                          d) diet



15. Some people are worried that \_\_\_\_\_ might not be safe to eat in the long term.  
Farmers use them to get bigger fruits and vegetables.

- a) eating disorders
- b) genetically modified (GM) food
- c) organic food
- d) unrealistic diets

**B. Match column A with Column B**

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|---------------------------|----------------------------------|
| 1. Apple of his/her eye   | a. A very lazy person            |
| 2. Butter up              | b. A favorite thing              |
| 3. Cool as a cucumber     | c. Calm and confident            |
| 4. Couch potato           | d. Crazy, mad                    |
| 5. Cry over spilt milk    | e. Flatter someone               |
| 6. Cup of tea             | f. Look or smell very good       |
| 7. Eat one's words        | g. Regret uselessly              |
| 8. Full of beans          | h. Something you like or do well |
| 9. Make one's mouth water | i. Take back something you said  |
| 10. Out to lunch          | j. Tell a secret                 |
| 11. Piece of cake         | k. Very energetic and active     |
| 12. Sell like hotcakes    | l. Very easy                     |
| 13. Spill the beans       | m. Very popular                  |

**C. Sentence Writing.** Write a sentence using the following.

- 1. Piece of cake
- 2. Spill the beans
- 3. Apple of my eye