

Active English Discussion 2

Unit 14

A. Fill in the Blanks. Choose the best answer

1. _____ are people from Fiji, an island country in the South Pacific.

a) Fijians c) Australians
b) Italians d) Europeans

2. It's _____ to think you can lose 10 kilograms in a week by skipping meals.

a) obsessed c) perfectionist
b) unrealistic d) irony

3. People with _____ have trouble controlling their blood sugar levels.

a) unrealistic c) plump
b) diet d) diabetes

4. Cakes, ice creams, and pastries are examples of _____.

a) organic food c) high-calorie desserts
b) eating disorders d) genetically modified food

5. She decided to go on a strict _____ to lose weight for her wedding.

a) obese c) perfectionist
b) diet d) irony

6. If you eat too much junk food and don't exercise, you may become _____.

a) obsessed c) obese
b) diabetes d) irony

7. It's an _____ that you have ten thousand spoons when all you need is a knife.

a) obsession c) perfectionist
b) irony d) diet



8. A _____ is someone who wants everything to be perfect all the time.

- a) perfectionist
- c) irony
- b) diabetic
- d) Fijian

9. She was diagnosed with an _____ after struggling with extreme dieting and unhealthy eating habits.

- a) organic food
- c) unrealistic goals
- b) eating disorders
- d) diabetes

10. She is _____ with BTS. She watches all their concerts and treasure every souvenir.

- a) obsessed
- c) ironic
- b) perfectionist
- d) diet

11. The baby has cute, _____ cheeks that everyone loves to pinch.

- a) obsessed
- c) plump
- b) obese
- d) perfectionist

12. In ancient Greece, a strong and athletic body was considered the _____.

- a) height of beauty
- c) organic food trend
- b) eating disorder
- d) irony

13. That name _____ — I think I've heard it somewhere before.

- a) plumps a bit
- c) rings a bell
- b) obsessed you
- d) unrealistic idea

14. She prefers buying _____ because they are healthier and are grown without chemicals.

- a) genetically modified (GM) food
- c) organic food
- b) high-calorie desserts
- d) diet



15. Some people are worried that _____ might not be safe to eat in the long term.
Farmers use them to get bigger fruits and vegetables.

- a) eating disorders
- b) genetically modified (GM) food
- c) organic food
- d) unrealistic diets

B. Match column A with Column B

1. Apple of his/her eye	a. A very lazy person
2. Butter up	b. A favorite thing
3. Cool as a cucumber	c. Calm and confident
4. Couch potato	d. Crazy, mad
5. Cry over spilt milk	e. Flatter someone
6. Cup of tea	f. Look or smell very good
7. Eat one's words	g. Regret uselessly
8. Full of beans	h. Something you like or do well
9. Make one's mouth water	i. Take back something you said
10. Out to lunch	j. Tell a secret
11. Piece of cake	k. Very energetic and active
12. Sell like hotcakes	l. Very easy
13. Spill the beans	m. Very popular

C. Sentence Writing. Write a sentence using the following.

- 1. Piece of cake
- 2. Spill the beans
- 3. Apple of my eye