

Name:

Class:

## PART 1 - LISTENING

Listen to this audio and then write down what you hear:



## QUESTIONS

Answer the questions below. Choose the correct answer:

1) What time does Max wake up?

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2) What does Max have for breakfast?

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3) Does he takes the train for school?

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4) Does Marcos hate playing football with his friends?

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## PART 2 - READING

### A DAY IN MIA'S LIFE

Hello, I'm Mia! I'm 15 years old, and I live in a small town with my family. My weekdays are very busy, but I like them. I wake up every day at 6:30 a.m. and have a quick breakfast. I usually eat cereal and drink orange juice. Then, I get ready for school. I walk to school because it's close to my house, and I like walking in the morning. My classes start at 8:00 a.m. and finish at 2:30 p.m. My favorite subjects are English and art.

After school, I sometimes meet my friends at the park, but if I have a lot of homework, I go straight home. I usually study for about two hours. At 6:00 p.m., I have dinner with my family. We often eat pasta or chicken with vegetables. In the evening, I like to relax. I usually watch TV, play video games, or read a book. I go to bed at around 10:30 p.m. I love my routine because it keeps me active and happy.



### QUESTIONS

Answer the questions below. Choose the correct answer:

1) What time does Mia wake up?

☐ 7:00 a.m.    ☐ 6:30 a.m.    ☐ 8:00 a.m.

2) What does Mia usually eat for breakfast?

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3) How does Mia go to school?

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4) What time do Mia's classes start?

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5) What is Mia's favorite subject?

☐ Science   ☐ Math   ☐ English

6) Where does Mia go after school if she has a lot of homework?

☐ To the park   ☐ To her friend's house   ☐ home

7) How long does Mia study in the afternoon?

☐ One hour   ☐ Two hours   ☐ Three hours

8) What does Mia usually have for dinner?

☐ Pizza   ☐ Pasta or chicken   ☐ Soup

9) What does Mia do in the evening to relax?

☐ Goes jogging   ☐ Watches TV or plays video games   ☐ Cleans the house

10) What time does Mia go to bed?

☐ 9:30 p.m.   ☐ 10:00 p.m.   ☐ 10:30 p.m.



## WRITING ACTIVITY

Write a short paragraph about your daily routine. Use the questions below to help you:

- What time do you wake up?
- What do you have for breakfast?
- What are your favorite subjects?
- What do you do after school?
- What do you do in the evening?
- What time do you go to bed?



# TELLING THE TIME

What time is it?

1) 🕒 It's 4:15.

( ) It's quarter to four. ( ) It's quarter past four. ( ) It's half past.

2) 🕒 It's 10:30.

( ) It's half past ten. ( ) It's ten to eleven. ( ) It's quarter past ten.

3) 🕒 It's 8:45.

( ) It's half past eight. ( ) It's quarter past eight. ( ) It's quarter to nine.

4) 🕒 It's 1:00.

( ) It's one o'clock. ( ) It's half past one. ( ) It's quarter to one.

5) 🕒 It's 2:15.

( ) It's quarter past two. ( ) It's quarter to two. ( ) It's quarter to two. o'clock.



# ADVERBS OF FREQUENCY

Choose the correct answer:

1) I \_\_\_\_\_ go to the gym on weekends. (100% of the time)

( ) Never ( ) Always ( ) Rarely

2) My brother \_\_\_\_\_ eats vegetables. He hates them. (0% of the time)

( ) Sometimes ( ) Usually ( ) Never

3) We \_\_\_\_\_ go to the beach in summer. (80% of the time)

( ) Rarely ( ) Almost never ( ) Often

4) She \_\_\_\_\_ arrives late to class. (50% of the time)

( ) Always ( ) Never ( ) Sometimes

5) They \_\_\_\_\_ play soccer after school. (20% of the time)

( ) Often ( ) Hardly ever ( ) Always

6) We \_\_\_\_\_ visit our grandparents on holidays. (60% of the time)

( ) Usually ( ) Never ( ) Rarely