

UNIT 2: MEMORY AND THE MIND

Describe a memorable period or event from your childhood.

balancing
pedal

excitement
persistence

gained confidence
scraped my knee

hold the back
support

One of the most memorable events from my childhood was the first time I learned to ride a bicycle.

It happened when I was around six years old. My father bought me a small red bike for my birthday. At first, I was very excited but also nervous because (1) _____ on two wheels seemed impossible to me.

During the first few days, my father would (2) _____ of the bike and run alongside me as I tried to (3) _____. I fell many times and even (4) _____ once. But my father kept encouraging me, telling me not to give up. Slowly, I (5) _____ and was able to balance better. After about a week of practice, I finally managed to ride without any help. I still remember the feeling of (6) _____ and freedom as I pedaled down the street all by myself.

This event was memorable because it taught me the value of (7) _____ and not giving up, even when something seems difficult. I also learned how important (8) _____ from family can be when you're trying to achieve something new.

Describe a memorable period or event from your childhood.

break the ice
for dear life

bundle of nerves
hit it off

comfort zone
in store

crying
stands out

first taste
with open arms

One of the most memorable events from my childhood was when I started school for the very first time. I must have been about five years old, and I still remember that day **as if it were yesterday**. I was **a** (1) _____ because it was all completely new to me, and I didn't know **what was** (2) _____.

When I arrived, the place was buzzing with children – some were (3) _____ **their eyes out**, while others were **clinging to their parents** (4) _____. I tried to **keep my cool**, though deep down, I was anxious. My teacher **greeted us** (5) _____ and a warm smile, which helped me (6) _____ and settle in more easily. Throughout the day, we played games, sang songs, and even dipped our toes into writing some letters. I (7) _____ with a few classmates right away, which made things much easier.

This experience really (8) _____ **in my memory** because it was my (9) _____ **of independence**. I learned how to get along with others, follow instructions, and deal with unfamiliar situations. Looking back, it taught me that **stepping out of my** (10) _____ can open the door to exciting new experiences.