

Being in a hurry



1.8

1. What do you often have to do very quickly?

→ Frankly, I always have to eat breakfast **in a rush**⁽¹⁾. Well, **sleeping in**⁽²⁾ is my bad habit, so every morning I just have a short period of time to be ready for heading to work. You know, things like **doing personal hygiene**⁽³⁾, **putting on makeup**⁽⁴⁾ and getting dressed all take me lots of time so I have to eat quickly.

⁽¹⁾**In a rush**: Trong tình trạng vội vã

Rush /rʌʃ/: vội vã

Ví dụ: *In a rush about so many things*

⁽²⁾**To sleep in**: ngủ nướng

Ví dụ: *I usually sleep in on Saturdays.*

⁽³⁾**To do personal hygiene**: làm vệ sinh cá nhân

Personal /pɜː.sən.əl/: Cá nhân

Hygiene /ˈhaɪ.dʒiːn/: vệ sinh

Ví dụ: *I do personal hygiene everyday*

⁽⁴⁾**To put on makeup**: trang điểm

Ví dụ: *Anyone, after all, can put on makeup.*

2. Do you think you do things well when you're in a hurry?

→ I don't think so. I have to admit that I've got into trouble a thousand times because I was in a hurry. Once I broke a vase on the table while **hurriedly**⁽⁵⁾ moving around to find my phone and get to work. I just left the mess and went out so that I could catch the bus on time.

⁽⁵⁾**Hurriedly** /ˈhʌr.i.d.li/: Một cách vội vã

Ví dụ: *The party was a rather hurriedly arranged affair.*

3. Do you find it difficult to do things quickly?

→ Yes, I mean who doesn't? It's hard to do something both carefully and quickly, isn't it? If I am in this position, surely I will make mistakes.

Clothes



1.9

1. What kinds of clothes do you usually wear?

→ Casual clothes like jeans and T-shirts are my best choice in the **wardrobe**⁽¹⁾. Putting on these clothes makes me comfortable. It's also easy to **mix and match**⁽²⁾ and I still look very **stylish**⁽³⁾.

⁽¹⁾**Wardrobe** /'wɔːdrəʊb/: tủ quần áo

Ví dụ: He hung his suit in the wardrobe.

⁽²⁾**Mix and match** /mɪks ænd mətʃ/: phối đồ, quần áo

Ví dụ: Alice learned to mix and match her skirts, blouses, and sweaters

⁽³⁾**To be stylish** /'staɪlɪʃ/: kiểu cách, hợp thời trang

Ví dụ: The film's direction is subtle and stylish.

2. Are there any colors you do not like to wear?

→ I try to avoid wearing white clothes since they tend to get dirty easily, even a small **stain**⁽⁴⁾ can also be easily **recognizable**⁽⁵⁾. Washing it up and removing the dirt is much harder too.

⁽⁴⁾**Stain** /steɪn/: Vết bẩn, vết ố

Ví dụ: You can remove a red wine stain from a carpet by sprinkling salt over it.

⁽⁵⁾**To be recognizable** /'rek.əg.naɪ.zə.bəl/: có thể nhận ra được

Ví dụ: The cartoon character was instantly recognizable to millions of children.

3. Do you wear the same kind of clothes on weekends and weekdays?

→ Not really. During weekdays when being at work, I have to wear a uniform which is a white shirt and a black skirt. It fits me too closely so I feel a bit uncomfortable. Well, weekends are the time for me to **put off**⁽⁷⁾ my boring uniform and dress casually.

⁽⁶⁾**To put on**: mặc (quần áo)

Ví dụ: If I'm having a bad hair day, I just put on a hat.

⁽⁷⁾**Put off**: cởi bỏ (quần áo)

Ví dụ: Mr. Nirenberg was put off.

Trying new activities



1. Do you like to try new activities that you haven't done before?

→ Actually, it depends on which activity that is. For me, most of the time I'm willing to **give it a go**⁽¹⁾. I would say I'm kind of **curious**⁽²⁾ and **eager**⁽³⁾ to learn new things or get new experiences from doing things that I have never done before.

⁽¹⁾**To give it a go**: thử

Ví dụ: *I might give it a go*

⁽²⁾**To be curious** /'kjʊə.rɪ.əs/: tò mò, muốn tìm hiểu

Ví dụ: *I was curious to know what would happen next.*

⁽³⁾**To be eager** /'i:.gər/ (to do something): háo hức,

mong muốn làm một việc gì đó

Ví dụ: *She was eager to help.*

2. Did you enjoy trying new activities when you were younger?

→ I tend to **hesitate**⁽⁴⁾ a bit back then. I think I had much more fear of failure at that time but now I just try things without thinking about it so much. Even if it's something difficult and I don't succeed in the first **attempt**⁽⁵⁾, I still have a **sense of achievement**⁽⁶⁾ at the end.

⁽⁴⁾**To hesitate** /'hez.ɪ.tert/: chần chừ, do dự

Ví dụ: *She hesitated slightly before answering the detective's question.*

⁽⁵⁾**Attempt** /ə'tempt/: sự cố gắng, thử làm một việc gì đó

Ví dụ: *He attempted a joke, but no one laughed.*

⁽⁶⁾**A sense of achievement**: Cảm giác bản thân đạt được điều gì đó

Sense /sens/: Cảm giác

Achievement /ə'tʃi:v.mənt/: thành tựu

Ví dụ: *It gives you a sense of achievement if you actually make it to the end of a very long book.*

3. Do you prefer to try a new activity alone or with your friends?

→ Yes, I mean who doesn't? It's hard to do something both carefully and quickly, isn't it? If I am in this position, surely I will make mistakes.

Weekends



1.11

1. Do you like to go to the cinema on weekends?

→ Yes, for sure. I'm a bit of an **avid movie-goer**⁽¹⁾.

Every weekend, after hanging out, my friends and I often choose the cinema as our last destination to enjoy days off and catch up on the latest movies.

⁽¹⁾**An avid movie-goer:** một người thích đi xem phim
Avid /'æv.ɪd/ : Ham mê

Movie-goer /'muː.vi.ɡəʊ.ər/ : Người xem phim
Ví dụ: *His mother was a chemist and an avid movie-goer.*

2. What do you enjoy doing most on weekends?

→ Like I said, I prefer going out with friends on Saturday and Sunday. We mostly do things like **gossiping**⁽²⁾ while drinking tea, then taking selfies. It is literally the best way to unwind and relieve stress.

⁽²⁾**To gossip** /'ɡɒs.ɪp/ : Nói chuyện phiếm

Ví dụ: *Jane and Lyn sat in the kitchen having a good gossip about their friends.*

3. Do you think there are enough interesting things to do in your city at weekends?

→ Undoubtedly Yes. In HCMC, there is a wide range of **recreational options**⁽³⁾ and places for people to choose, ranging from shopping malls, cinemas to night markets, bars and so on.

⁽³⁾**Recreational options:** Lựa chọn để giải trí

Recreational /,rek.rɪ'ei.ʃən.əl/ : giải trí

Options /'ɒp.ʃən/ : Lựa chọn

Ví dụ: *Recreational options are available in Garrison itself.*