

Phiếu học tập môn Tiếng Anh lớp 11

- Bài 1: Eat, Drink and Be Healthy

Full name:

Class:

Vocabulary: bland, lean, raw, ripe, bitter, detox, stale, rotten, sour, cooked, sweet, hot, spicy, mild, unripe, fatty

Exercise 1: Drag and drop the vocabulary words below into the appropriate groups.

Hương vị (Taste)	Trạng thái (State)

Words

bland

raw

lean

ripe

bitter

detox

stale

rotten

sour

cooked

sweet

hot

spicy

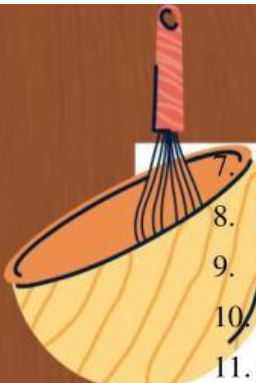
mild

unripe

fatty

Exercise 2: Fill in the blanks with the appropriate words.

1. This chicken is very _____. It doesn't have much flavor.
2. I prefer _____ meat because it has less fat.
3. Be careful! These peppers are very _____.
4. This fruit isn't _____ yet. It's still quite hard.
5. The milk smells _____. I think it has gone bad.
6. After the holidays, many people try to _____ their bodies from toxins.

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7. This bread is _____. We need to buy a new loaf.
 8. Don't eat that apple! It's _____.
 9. Lemons have a _____ taste.
 10. I like my vegetables _____.
 11. This cake is so _____. It's delicious!
 12. The soup is still very _____. Let it cool down a bit.
 13. I don't like food that is too _____. Just a little chili is okay.
 14. This curry is quite _____. It's perfect for people who don't like strong spices.
 15. This banana is _____. It's ready to eat.
 16. You should avoid eating too much _____ food.
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Exercise 3: Choose the best answer.

1. The opposite of "sweet" is _____.
a) sour b) spicy c) bland d) ripe
2. Food that is not cooked is _____.
a) rotten b) raw c) stale d) lean
3. If food has a strong, burning taste, it is _____.
a) mild b) hot c) unripe d) cooked
4. When your body gets rid of harmful substances, it is called _____.
a) fatty b) detox c) bitter d) sweet
5. Meat with a lot of fat is _____.
a) lean b) bland c) fatty d) sour

Exercise 4: Match the words in column A with their appropriate meanings in column B.



Cột A (Word)	Cột B (Meaning)
1. Bitter	a) Not cooked
2. Cooked	b) Having a sharp, sometimes unpleasant taste, like a lemon
3. Raw	c) Having a strong, often unpleasant taste, not sweet
4. Sour	d) Prepared by heating
5. Ripe	e) Fully grown and ready to be eaten