

1) Read the introduction to the article about Omani sports stars. Work in four groups - A, B, C, D, and read about the star as indicated. Answer the questions under each text:



Ali Al Habsi (Football). Ali Al Habsi is Oman's star goalkeeper. His performance in the 2009 Gulf Cup secured the cup for Oman, and won him the best goalkeeper award for the fourth time. Ali started playing football at the age of 8 or 9 in his village of Al Mudhaibi. By the age of 17 he was playing for the Oman national team. Later he went to Europe. He is the first Omani to play for the prestigious English Premier League.

Advice for young people: "Everyone wants to be a footballer because they think it's very glamorous and exciting. But it's a lot of hard work. As with everything, you have to start at the bottom and give it all you've got. That's the way to succeed."

A) What sport does Ali Al Habsi do? _____.

B) When did he start doing this sport? _____.

C) What was he the first person to do?

D) What advice does he have for young people?



Ahmad Al Harthy (Racing)

Ahmad Al Harthy is the first circuit racing driver in Oman. He fell in love with racing at the age of 7 or 8, when his brother took him go-karting. His first big race was at the Middle Eastern Championships in Bahrain in 2006, when he came second. Ahmad has had many successes, including winning podium places in the Porsche Carrera Cup GB. He is very concerned about road safety in Oman and better driver education.

Advice for young people: "If you have a goal, stay motivated and don't give up. It's never about not being able to. There's always a way to follow your dream. Family support is very important too in helping you achieve your goals."

A) What sport does Ahmad Al Harthy do? _____.

B) When did he start doing this sport? _____.

C) What was he the first person to do?

D) What advice does he have for young people?



Hiba Al Rahbi

(Horse riding) Hiba Al Rahbi is a champion horsewoman and soldier. She has ridden with the Royal Cavalry in Oman since she was 9 years old. She has taken part in many international competitions. In 2007, she won an international dressage competition in Qatar. Hiba also does racing, and trick riding at the Royal Horse Show. She was the first girl in Oman to stand on a horse. She was winner of the 2009-2010 cup for the best female rider in Oman.

Advice for young people: "Don't give up when things go wrong. Sometimes I've had bad luck - I fall or I've come third in a competition instead of first or second. But after a fall, you have to pick yourself up and get right back on your horse, and carry on."

A) What sport does Hiba Al Rahbi do? _____.

B) When did she start doing this sport? _____.

C) What was she the first person to do?

D) What advice does she have for young people?



Shihab Al Riyami (Volleyball)

In 2011, Shihab Al Riyami became the first Arab to be selected to represent his country on the coaching committee of the prestigious Asian Volleyball confederation (AVC). He started playing volleyball when studying sports at Sultan Qaboos University in 1997. Since then, Shihab's aim has been to promote the development of volleyball in Oman, and set up more clubs where young people can play.

Advice for young people: "Although you need to focus on studying first, sports are extremely important in our life. If you play a sport, you can improve your ability all round – as the saying goes, a healthy mind in a healthy body."

A) What sport does Shihab Al Riyami do? _____.

B) When did he start doing this sport? _____.

C) What was he the first person to do?

D) What advice does he have for young people?

2-Read the texts about the four sports stars again. Match the definitions on the left with words from the texts on the right .

a) admired and respected by people (adj) (Text 1)

1)circuit

b) attractive and interesting (adj) (Text 1)

2)glamorous

C)track that cars race around (n) (Text 2)

3)represent

d) worried (adv) (Text 2)

4)promote

e)someone who wins competitions (n) (Text 3)

5)Prestigious

f)kind of competition for horses (n) (Text 3)

6) concerned

g)be a kind of symbol for something (v) (text 4) Shihab)

7)dressage

h)encourage the development of something (V) (text 4)

8)champion

3)Complete the missing parts in the following sentences with words from Activity 2:

1-The government should do more to _____ sustainable agriculture.

2-She hired an agent to _____ her in the contract negotiations.

3-He excels in the show ring and _____ arena.

4- She dreamt of future glory as an Olympic _____.

5-Her family was very _____ for her safety.

6-It takes 60 seconds for blood to make one complete _____ of the human body.

7-Ali was promoted to a more _____ position at work because of his hard work .

8-She looked _____ in her formal black dress.

4-Write the words below into the correct columns. Note - Some words may go into more than one column. Two words do not go into any of the columns.

Pool	Score(v)	kick (v)	Gallop(v)	ball	goal	saddle	reins
net	track	Hit(v)	racket	engine	mechanic		

Football	Motor racing	Horse riding	Volleyball