Sustainable Fashion Explained: Key Terms You Need to Know!

Instructions: Watch the video about sustainable fashion and choose the best answer (a, b, c, or d) for each question.

1. According to the video, what is sustainable fashion?

a) Clothes that are very cheap and popular.
b) Clothes made in a way that is good for people and the planet.
c) Clothes that are only black and white.
d) Clothes that you can only buy in big stores.

2. What is "fast fashion"?

a) High-quality clothes that last for many years.
b) Clothes that are made from natural materials like bamboo.
c) Cheap clothes that are made very quickly to follow new trends.
d) A style of clothing for running and sports.

3. "Ethical fashion" means that the people who make the clothes...

a) work very fast.
b) use the best colours.
&c) get fair pay and have a safe place to work.
d) are famous designers.

4. The video gives examples of eco-friendly materials. Which of these is an example from the video?

a) Plastic bags
b) Bamboo
c) Glass
d) Paper

5. What is "upcycling"?

a) Throwing old clothes in the trash.
b) Buying new clothes every month.
c) Repairing a small hole in a shirt.
d) Turning old clothes into something new and different.

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