



Keep Safe and Clean

1. Tick the correct option -

- a. What is the best way to remove most germs from your hands?
 Wiping with a tissue
 Rinsing with water only
 Washing with soap for 20 seconds
 Using a towel
- b. Why should store food in the fridge or cover it?
 Tastes better
 Prevents spoilage
 Keeps it warm
 Keeps it dry
- c. What can happen if you eat from a dirty plate?
 Tastes sweet
 Stays fresh
 Stomach infection
 Cools you down
- (iv) Which is a safe food habit?
 Keeping food uncovered
 Cold leftovers
 Wash fruits
 Same spoon for raw & cooked food

2. Select the cards that represents clean habits:

