

FOOD & DRINKS

- cakes • broccoli • sandwich • biscuits • roll • beef • grapes • nuts • bread • juice • sausage
- chicken • milk • tea • chocolate bar • onion • coffee • pork • cola • pasta • ham • mushrooms
- salmon • cucumber • strawberry • potato • green / red pepper • yoghurt • lettuce
- cabbage • rice • cheese • spinach • crisps • tuna • sweets • tomato • turkey

Fruit and vegetables	Meat	Fish and seafood	Dairy products	Snacks	Drinks	Other
						

KITCHEN EQUIPMENT

- (chopping) board • bowl • plate • tin opener • frying pan • knife • pan / pot • can • cup • fork

- 1 We use a pick up our food.
- 2 We often have a of tea in the morning.
- 3 We fry fish in a .
- 4 We serve food on a .
- 5 We use a to cut a steak.
- 6 We might have a of fizzy drink on a hot day.
- 7 We use a to open tins.
- 8 We cut vegetables on a .
- 9 We eat soup or cereal from a .
- 10 We make soup in a .

COOKING VERBS

- add (salt / spices / pepper)
- cut (tomatoes / chicken)
- fry (fish / onions)
- grill (chicken / vegetables)

- heat (up) (oil / a pan)
- peel (a banana / potatoes)
- slice (bread / tomatoes)
- spread (ketchup / mayonnaise)

1

Francesca's Fish and Chips

First, put some oil into a frying pan and (1) it up. Roll the fillet of fish in a little flour and (2) it in the oil until golden brown. For the chips: (3) the skin off the potatoes and (4) them into long pieces. Cook them in hot oil for five minutes. Serve hot!

2

Easy Peasy Grilled Chicken Sandwich

First, put a chicken breast on a hot grill and (5) it for a few minutes. (6) salt and pepper if you like. While it cooks, (7) two pieces of bread and some tomatoes. (8) mustard and mayonnaise on the bread and put the tomatoes and some lettuce on it. Place the chicken in the bread and enjoy!

TASTES

• savoury • salty • sour • sweet • spicy • bitter

- 1 This lemonade is really . Did you forget to add the sugar?
- 2 This curry is so ! I can't eat it - my mouth is burning!
- 3 The cook added too much salt. I think it's too to eat.
- 4 This raspberry cake is delicious. It's so nice and .
- 5 Do you want a crepe with chocolate or a one with cheese?
- 6 Herbs are usually in taste.