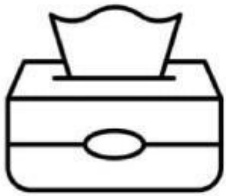


# Personal Hygiene

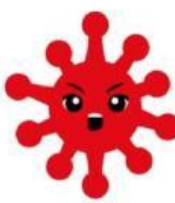
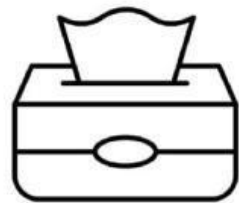
Draw a line to show where you use the product on the part of the body



Name: \_\_\_\_\_

# Hygiene Picture Matching

Draw a line to match pictures that are related.

|                                                                                     |   |   |                                                                                       |
|-------------------------------------------------------------------------------------|---|---|---------------------------------------------------------------------------------------|
|    | ● | ● |    |
|   | ● | ● |   |
|  | ● | ● |  |
|  | ● | ● |  |
|  | ● | ● |  |

# Personal Hygiene Facts



**Washing Hands often helps removes germs and helps prevent infections**



**It's important to Brush your teeth everyday to prevent cavities**



**Blowing the nose regularly prevents mucus building up and your nose from being running.**



**Always wash your hands after using the bathroom to help stop the spreading germs.**



**Regular baths or showers with a mild soap, followed by drying with a clean towel, help wash away germs and prevent illness,**



**Flossing helps remove bacteria, plaque, and food from between your teeth, and it reduces the likelihood of tooth decay and gum disease.**