

**SECTION A (Reading): 40 marks**

In the **separate Resource Material** there are five texts on the theme of 'Acts of Kindness' labelled **Texts A-E**. Read each text carefully and answer all the questions below that relate to each of the texts.

**Text A**

**A1.** What does RAoK stand for?

[1]

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**A2.** What example of a random act of kindness is given in the text?

[1]

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**A3.** When is Random Act of Kindness week?

[1]

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**Text B**

**A4.** Which of the following sentences best describes what is meant by 'The Kindness Chain'? **Tick (✓) the correct box.** [1]

When you are linked to someone else because they are kind to you.

☐

A Kindness Chain is when you are kind to another person.

☐

It is a type of chain that cannot be seen.

☐

One kind deed that causes another good deed – forming a chain.

☐

**A5.** Text B shows the Kindness Chain. Put these stages into the order which best shows how you can become a link in the Kindness Chain by numbering them. [3]

One stage has been completed for you:

Work out who you would like to help and why you would like to help them.

2

Complete an act of kindness and become a link in the continuing Kindness Chain.

☐

Find out what the Kindness Chain is and consider whether you should get involved.

☐

Think about how much time or money you can commit to being kind.

☐

**A6.** Explain, **in your own words**, what the phrase 'chain reaction' means. [1]

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**Text C**

**A7.** Write down the example of a 'face to face' activity that is given in the text.

[1]

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**A8.** How does the writer try to persuade us that helping others can be beneficial to our own health?

[8]

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**A9.** What does a 'kindness bank' allow you to do? Select the most appropriate description. Tick (✓) the correct box. [1]

It gives you the ability to cash in on positive actions.

☐

It gives you the ability to keep kind actions confidential.

☐

It gives you the ability to draw on memories in the future.

☐

It gives you the ability to store a positive emotion.

☐

It gives you the ability to keep track of a kind action.

☐

**Text D**

**A10.** Summarise in your own words how being kind to others can benefit you.

[5]

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**A11.** The writer tells us that 'those who give more, get more'. What does this phrase suggest? [1]

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**TEXT E**

**A12.** Explain why some people are uncomfortable with random acts of kindness.

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**A13.** What **two** things might a charity send to an individual to encourage them to donate to its cause?

[1]

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