

# WORKSHEET

Class: Canada  
FF1 – Unit 12



Teacher's feedback



**Task 1: Look, read and fill in the blanks.**



Crunchy  
Tasty

Carrot



V  tamins  
Miner  ls



  rotein  
N  trients



Pr  tein  
Cal  ium



Eneg  



Prote  n  
Good for   rain



Good for   ealth  
Stay youn  



Vit  min C



Nu  rients  
Ca  cium  
Vitami  s  
Prote  n



No ta  te  
No colo    
Stay h  althy

**Task 2: Look, read and fill the blanks with correct words**

1. Yogurt is made from milk. It is yummy. It provides protein and calcium.

2. \_\_\_\_\_ are very \_\_\_\_\_ and \_\_\_\_\_, its orange. it's good for our skin and health.



3. \_\_\_\_\_ provides vitamin C that is good for our \_\_\_\_\_ and health.

4. Rice provides a lot of important \_\_\_\_\_ and minerals, Vietnamese has \_\_\_\_\_ in every meal.



5. Meat provides a lot of \_\_\_\_\_ and nutrients, we can make many dishes with \_\_\_\_\_.

6. \_\_\_\_\_ is good food. It has A lot of protein. It is good for our \_\_\_\_\_.



7. Milk is a sweet drink. It \_\_\_\_\_ important nutrients such as calcium, \_\_\_\_\_ and protein.

8. Water has no \_\_\_\_\_ and no \_\_\_\_\_. We drink water to stay healthy..



9. Bread provides \_\_\_\_\_. It made from mixing flour, \_\_\_\_\_ and yeast.

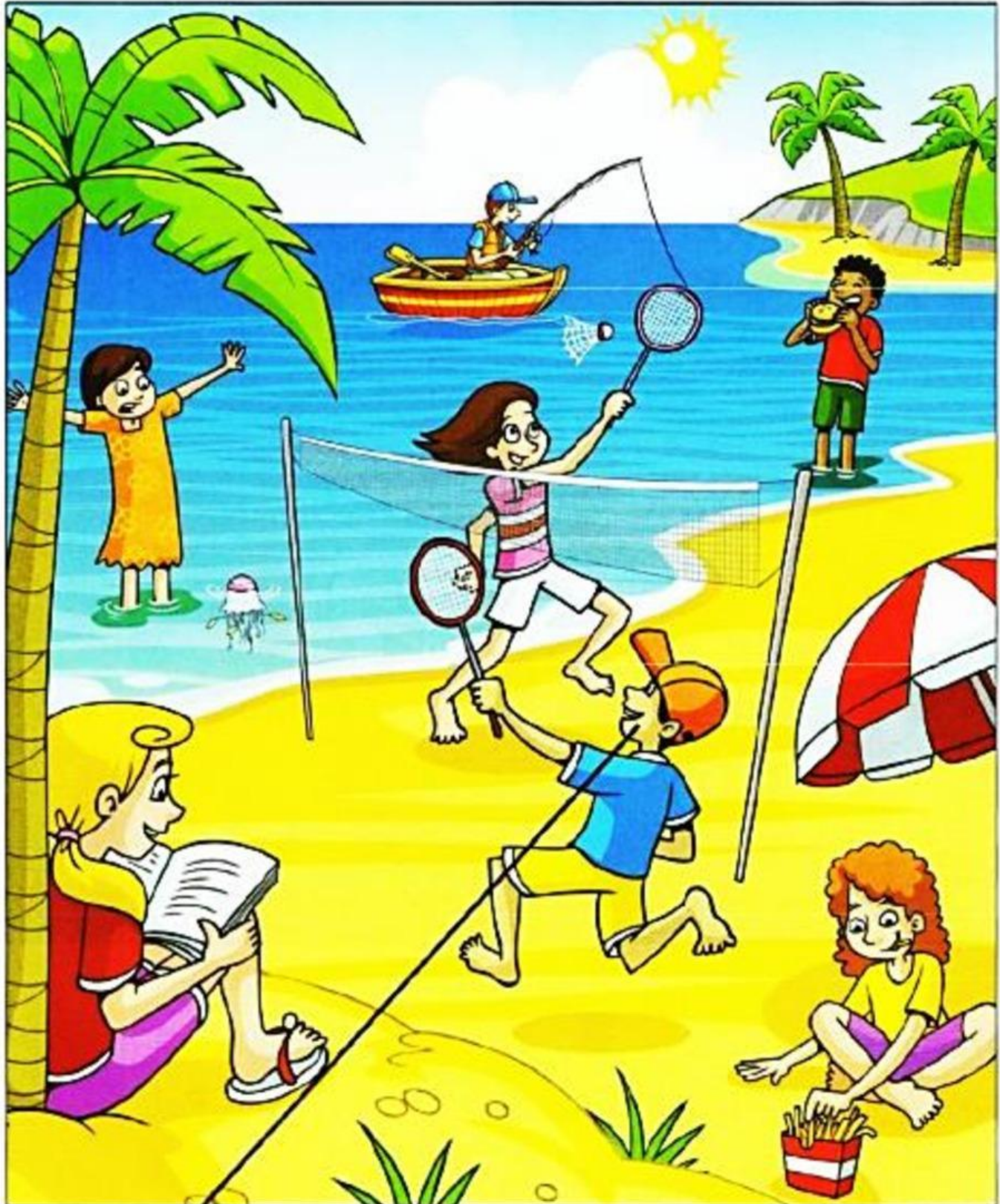
**Task 3: Listen and draw lines.**

Mark

Jill

Pat

Alice



Tom

Grace

Hugo