

CAMBRIDGE 18

Test 1

Section 2

Good evening, everyone. Let me start by welcoming you all to this talk and thanking you for taking the time to consider joining (1) ACE offers support to people and services in the local area and we're now looking for more volunteers to help us do this.

By the way, I hope you're all comfortable – we have brought in extra seats so that no one has to stand, but it does mean that the people (2) may be a bit squashed. We'll only be here for about half an hour so, hopefully, that's OK.

One of the first questions we're often asked is how old you need to be to volunteer. Well, you can be (3) or you can be 60 or over; it all depends on (4) you want to do. Other considerations, such as reliability, are crucial in voluntary work and age isn't related to these, in our experience.

Another question we get asked relates to training. Well, there's plenty of that and it's all face-to-face. What's more, training doesn't end when you start working for us – it takes place before, during and after (5) Often, it's run by other experienced volunteers as managers tend to prefer to (6) other things.

Now, I would ask you to consider a couple of important issues before you decide to apply for voluntary work. We don't worry about why you want to be a volunteer- people have many different reasons that range from getting work experience to just doing something (7) But it is critical that you (8) in the day for whatever role we agree is suitable for you - if being a volunteer becomes stressful then it's best not to do it at all. You may think that your income is important, but we don't ask about that. (9) to decide if you can work without earning money. What we value is dedication. Some of our most loyal volunteers earn very little themselves but still (10) to the work they do with us.

OK, so let's take a look at (11) that we need volunteers for and the sort of things that would help you in those.

You may wish simply to help us raise money. If you have the creativity to come up with (12) of fundraising, we'd be delighted, as standing in the local streets or shops with a collection box (13)!

One outdoor activity that we need volunteers for is litter collection and for this it's useful if you can (14), sometimes uphill. Some of our regular collectors are quite elderly, but very active and keen to protect the environment.

If you enjoy working with children, we (15) for what are called 'playmates'. These volunteers help children learn about staying healthy through (16) You don't need to have children yourself, but it's good if you know something about nutrition and can give clear instructions.

If that doesn't (17), maybe you would be interested in helping out at our story club for disabled children, especially if (18) We put on three performances a year based on books they have read and we're always looking for support with the theatrical side of this.

The last area I'll mention today is first aid. Volunteers who join this group can end up teaching others (19) who may be at risk of injury. Initially, though, your priority will be to take in a lot of information and not forget (20) Right, so does anyone have any questions ...