
1. Who is the founder of Buddhism?

- A) Mahavira
 - B) Confucius
 - C) Siddhartha Gautama
 - D) Ashoka
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2. What does the term "Nirvana" mean in Buddhism?

- A) Rebirth in heaven
 - B) A state of eternal happiness
 - C) Liberation from suffering and the cycle of rebirth
 - D) Worship of Buddha
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3. What are the core teachings of Buddhism called?

- A) Ten Commandments
 - B) Four Noble Truths
 - C) Five Pillars
 - D) Vedas
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4. According to Buddhism, what causes suffering?

- A) Bad weather
 - B) Desires and attachments
 - C) Angry gods
 - D) Evil spirits
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5. What is the Buddhist path to end suffering called?

- A) Noble Eightfold Path
 - B) Golden Rule
 - C) Middle Way
 - D) Dharma Chakra
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6. Which of the following is *not* one of the Three Jewels (Triple Gem) of Buddhism?

- A) The Buddha
 - B) The Dharma
 - C) The Sangha
 - D) The Vedas
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7. What is the language in which many early Buddhist scriptures were written?

- A) Sanskrit
 - B) Pali
 - C) Hindi
 - D) Arabic
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8. The Middle Way in Buddhism teaches:

- A) Extreme self-indulgence
 - B) Extreme self-denial
 - C) Balance between pleasure and discipline
 - D) Only meditation
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9. Which emperor helped spread Buddhism in India and beyond?

- A) Akbar
 - B) Chandragupta
 - C) Ashoka
 - D) Harsha
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10. What is meditation used for in Buddhism?

- A) Communicating with gods
 - B) Relaxing the body only
 - C) Developing mindfulness and concentration
 - D) Curing illness
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