

Listening Part 1

You will hear people talking in eight different situations.

For questions **1-8**, choose the best answer **A**, **B** or **C**.

- 1** You hear a man talking about crime fiction.

What is his attitude to crime novels now?

- A** He thinks they are a useful distraction.
- B** He prefers to buy only one crime novel at a time.
- C** He finds them less memorable than other types of novel.

- 2** You hear two sports journalists talking about a tennis player who is retiring.

What do they agree about the tennis player?

- A** He will look for opportunities to work on TV.
- B** He is likely to start a new career as a coach.
- C** He was chosen to stop playing at the right time.

- 3** You hear an inventor talking about her work.

What does she say about inventions?

- A** They are the result of a lot of hard work.
- B** She enjoys encouraging others to create them.
- C** Ideas for them come to her at unexpected times.

- 4** You hear two friends discussing their plans for the weekend.

What is the man doing?

- A** persuading his friend to take up cycling
- B** recommending a new cycle route to his friend

C inviting his friend to accompany him on a cycle ride

5 You hear a woman talking about crossword puzzles.

How does she feel about doing them?

A relaxed while she is focused on a crossword

B excited if she can solve all the clues correctly

C satisfied that she is exercising her brain

6 You hear two colleagues talking about travelling to work.

What do they disagree on?

A that the time spent travelling is a waste of time

B that travelling to work is very expensive

C that it's better to live outside the city and travel in to work

7 You hear a researcher talking about social media.

What point does he make about it?

A It's easy to forget that social media is a recent development.

B The disadvantages of social media are often exaggerated.

C Friendships on social media cannot replace face-to-face contact.

8 You hear a woman telling a friend about her experience of using a life coach.

What has the woman decided to do differently?

A stop worrying about whether she achieves her goals

B set herself smaller goals that are easier to achieve

C reflect on which goals are most important to achieve

Listening Part 2

You will hear a talk by a woman called Kelly who ran a long-distance hiking route from the top to the bottom of New Zealand.

For questions 9-18, complete the sentences with a word or short phrase.

Running the 'Long Pathway' – a 3,000km route in New Zealand

Kelly trained for running the Long Pathway near where her (9) lives.

Kelly took her (10) with her to New Zealand to provide practical support.

Kelly uses the word (11) '.....' to describe the beaches she ran along.

The hardest day of the sun was when Kelly lost her (12)

Kelly says she enjoyed running in the (13) most of all.

For part of the route, Kelly did a trip in a (14) for 128 kms.

Kelly was amazed by the (15) she saw.

Kelly used a ferry to cross from the North to the South Island because of the (16) on the day she was there.

Despite training well, Kelly had issues with her (17) near the end of the race.

Kelly says she felt (18) when she finally got to the finish line.

Listening Part 3

You will hear five short extracts in which people are talking about camping trips.

For questions **19-23**, choose from the list (**A-H**) what opinion each speaker gives about the camping trip they went on.

Use the letters only once. There is one extra letter which you do not need to use.

- A** It was more comfortable than I had thought.
- B** It made me want to go camping again.
- C** It brought the family closer together.
- D** It was easy for me to choose a good camp-site.
- E** It cost less than my usual holidays.
- F** It made me feel healthier.
- G** It brought back happy memories.
- H** It was a great way for me to relax.

19 Speaker 1

20 Speaker 2

21 Speaker 3

22 Speaker 4

23 Speaker 5

Listening Part 4

You will hear an interview with a man called Jamie Cole, who is talking about his experience of writing his first recipe book.

For questions **24-30**, choose the best answer (**A**, **B** or **C**).

- 24** When Jamie was a recipe tester, he decided to write a recipe book because
- A** he was persuaded by a colleague that his book would do very well.
 - B** he thought his own recipes were better than the ones he was testing.
 - C** he knew he had a good understanding of what makes a successful recipe.
- 25** How did Jamie succeed in getting a book deal with a publisher?
- A** He found an agent who helped him.
 - B** He had a useful contact in the business.
 - C** He wrote to every publisher of food books.
- 26** What aspect of writing the book did Jamie find most challenging?
- A** having to spend so much time shopping for ingredients
 - B** practising the same recipe many times in order to perfect it
 - C** researching background information to include about his recipes
- 27** Jamie says he has been asked by the public
- A** whether the pictures in his book are real.
 - B** whether he had help with writing the recipes.
 - C** whether his recipe book has earned him lots of money.
- 28** Why does Jamie think his recipe book is popular?
- A** He uses unusual flavour combinations in his recipes.

B His recipes are aimed at people with little time to cook.

C He has included recipes for cooks of different abilities.

29 What advice does Jamie give to people thinking of writing their first recipe book?

A focus on a particular style or type of cooking

B develop food preparation skills by taking courses

C get a job where you work in a kitchen every day

30 What is Jamie's immediate priority for his career?

A planning a series of TV programmes about food

B travelling widely to gather ideas for future books

C starting a blog as a way to communicate with readers