

SEXUAL ABSTINENCE & Decision Making DISCUSSION QUESTIONS

Directions: Complete these discussion questions and discuss your answers with your parents/guardians.

1. Why is sexual abstinence a healthy choice for a teenager?

2. Why is it important to talk to a parent/guardian about important matters?

3. Why are most teens choosing sexual abstinence?

While considering your values, look over this list of statements and rank them in order of importance to you, with **#1 being most important and #14 being** least important.

Rank These ▾ Making new friends	Rank These ▾ Being involved in sports
Rank These ▾ Going to college	Rank These ▾ Being artistic or creative
Rank These ▾ Making money	Rank These ▾ Getting a good job that I like
Rank These ▾ Getting married	Rank These ▾ Getting along with my parents
Rank These ▾ Making it on my own	Rank These ▾ Being popular
Rank These ▾ Getting good grades	Rank These ▾ Being happy
Rank These ▾ Having my own car	

What are some common unhealthy decisions that you have seen teens make that have had a negative consequence on their life goals?