

## LKPD MEETING 2

The following text is for questioner 1-10

### **The Impact of Social Media on Our Lives**

Social media is now a very big part of our daily lives. According to research from *We Are Social and Hootsuite* (2024), there are over 4.9 billion social media users worldwide. People use social media to talk with friends, share photos, and get news quickly. Apps like Facebook, Instagram, and TikTok help people stay connected no matter where they live, especially during times when meeting face to face is hard.

However, studies show that social media can cause some problems. One problem is mental health. Experts say that using social media too much can make people feel lonely or sad. A study published in the *American Journal of Preventive Medicine* found that people who spend more than two hours a day on social media are more likely to feel isolated and anxious. This happens because people often compare their own lives with what they see online. When they only see the good parts of others' lives, they might feel unhappy about their own.

Another problem is that social media can make students less productive. Many students spend too much time on social media when they should be studying. According to a survey by *Common Sense Media* (2023), 60% of teenagers admit that social media distracts them during homework or study time. Teachers say this makes students lose focus and their grades become lower. Even though social media is fun, it is important to balance it with studying and other activities to do well in school.

Social media also affects how people view their achievements. Many users often post about success, luxury, or milestones like buying a new car, getting a new job, or traveling abroad. This can create pressure for others to feel like they are not doing enough in their own lives. According to a study by the *University of Pennsylvania* (2018), regularly comparing oneself to others on social media can lead to feelings of low self-worth and anxiety. People need to remember that social media usually highlights only the good parts of someone's life and not the challenges they face behind the scenes.

Social media can help people stay close to family and friends who live far away. According to *Pew Research Center* (2021), 72% of adults say social media helps them feel more connected with family and friends. Social media also offers many chances to learn new things and share useful information. Many online groups use social media to support each other and spread knowledge about hobbies, health, or education.

In conclusion, social media has both good and bad effects on our lives. According to research, we should use social media wisely, manage our time well, thinking critically about what we see online, and keeping a healthy balance between online and offline activities. If used wisely, social media can become a powerful tool for communication, learning, and connection. But if misused, it can harm our mental well-being and productivity. Therefore, it is important to stay aware of its impact and use it in ways that support our personal growth and everyday life.

1. What is the main point discussed in the first paragraph?
  - a. Social media help people find jobs
  - b. Social media has replaced face to face communication completely
  - c. Social media widely use to communicate and stay connected
  - d. Most people use only one social media platform
  
2. According to the text, how many people use media worldwide in 2024?
  - a. About 2 billion
  - b. Over 3.5 billion
  - c. More than 4.9 billion
  - d. Almost 6 billion
  
3. According to the text, what is the main idea of paragraph 2?
  - a. Using social media too much can negatively affect mental health
  - b. People use social media to talk with friends and get news quickly
  - c. Social media apps like Tiktok and Facebook are becoming more popular
  - d. Social media helps people stay connected with other
  
4. What is the closet meaning of the word “experts” in the sentence “expert say that using social too much can make feel lonely or sad”
  - a. People who follow social media trends
  - b. People who give opinions based on feelings
  - c. People who have deep knowledge and skills in field
  - d. People who often complain about technology
  
5. What percentage of teenager admit that social media distracts them from homework?
  - a. 80%
  - b. 70%
  - c. 60%
  - d. 45%
  
6. What does the word “luxury” mean in the sentence below?  
"Many users often post about success, luxury, or milestones like buying a new car, getting a new job, or traveling abroad."
  - a. Something expensive
  - b. Something simple and cheap
  - c. A difficult challenge
  - d. A daily routine
  
7. Why does the writer say social media only shows the best parts?
  - a. To warn readers not to fully trust everything they see online
  - b. To ask people to upload more personal pictures
  - c. To give advice about improving photo quality
  - d. To explain why some people find social media less exciting

8. What is the purpose of paragraph 5?
  - a. To explain the way people sometimes spend too much time on social media without realizing it
  - b. To describe how social media can be used for building relationships and sharing useful knowledge
  - c. To discuss how students might lose their concentration because of using social media
  - d. To highlight that social media posts often show positive experiences instead of reality
  
9. What is the important message of the text?
  - a. It is better to avoid using social media at all
  - b. Social media is only harmful for people's lives
  - c. Social media always shows real and complete life
  - d. Social media must be used with care and in balance
  
10. What should people do to avoid the bad effects of social media?
  - a. Focus only on the fun parts of social media
  - b. Use it wisely and think about what they see
  - c. Use social media all the time
  - d. Stop using social media completely