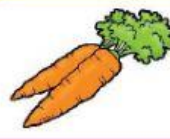
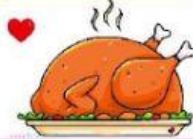


Food healthy habits

1. Look the picture and label.



2. Choose the correct word to complete the sentences



You shouldn't eat

_____ before lunch.



You _____ should _____ eat

_____ for breakfast



I don't like to eat _____ for dinner.



You shouldn't eat too much junk food like _____.

3. Complete the sentences. Drag and drop

Breakfast

Meals

Dinner

lunch

- a) _____ is the most important meal of the day.
- b) You should eat a balanced plate for _____
- c) It is important not to eat a lot of food in the _____
- d) You should eat three _____ a day

4. Count and answer

How many are there?

