

# Unit 1

## How Often Do You Work Out?



I like jogging . I **often** jog in the morning.  
**Hannah**

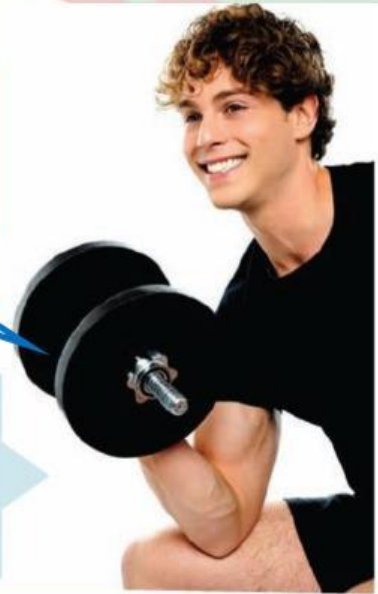
I enjoy working out.  
I go to the gym  
**three times a week.**

**Ben**



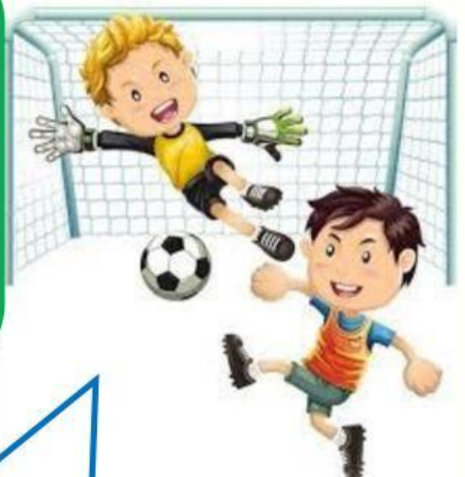
I hate exercising. I love using social media. I spend **hours** surfing the Internet.

**Emma**



I seldom play sports. **Sometimes** I play a game of tennis. My favorite hobby is cooking and baking.

**Claudia**



I'm on the soccer team. We **usually** practice after school **twice** a week.

**Zachary**





I love extreme sports. I **often** go motorcycle riding on the weekend.

Josh



I enjoy watching movies. I **sometimes** see five or six movies a week.

Noah



I play classical guitar. I **usually** practice one or two hours a day.

Becky

## Language Check

Answer true or false

1. \_\_\_\_\_ Hannah **never** runs in the morning.
2. \_\_\_\_\_ Ben **often** goes to the gym.
3. \_\_\_\_\_ Emma **enjoys** exercising.
4. \_\_\_\_\_ Claudia's favorite hobby is tennis.
5. \_\_\_\_\_ Noah is crazy about movies.
6. \_\_\_\_\_ Becky **seldom** practices the guitar.