







## Pre-Writing Practice: describing a health issue

**Activity 1:** Match the word with its meaning. These words will help you describe your pain.

Word or Phrase	Meaning
1. pain	a. strong pain that comes quickly
2. sore	b. hurts when you touch it
3. stiff	c. hard to move or bend
4. sharp pain	d. when your body hurts
5. doctor's appointment	e. a time to see the doctor

## Activity 2: Helpful Words and Phrases to Use in Your Note.

**Instructions:** Match the pictures with the expressions below

I have pain in my right hand and shoulder.	
It started a few days ago.	
It feels sore and stiff.	
I don't know why it hurts.	
I made a doctor's appointment.	
I hope to feel better soon.	

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