

PASSAGE 58

Tra ID Đề [5859] - Tra ID Video [5860]

It seems strange that although we know a lot about how to live healthily, many people continue to do things (1) _____ to their health. The modern world offers us plenty of opportunities to live healthily. For instance, we all know about the importance of eating a balanced diet and taking regular exercise. Moreover, in rich countries we have easy access to good-quality fresh food and suitable sports (2) _____, so it should be easy to (3) _____ healthy living habits.

However, there are things which prevent many people (4) _____ having a healthy lifestyle. For example, industry and traffic have led to serious environmental pollution. What is more, we spend a lot of time sitting down, and this often means we have less time for activities which keep us fit. For example, there are many people (5) _____ in front of computers working, studying, or playing computer games every day. In addition, many people do not eat the right sort of food.

Question 1:

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|--------------------------|-------------------------|
| A. that can be harmed | B. which may be harmful |
| C. which can be unharmed | D. that is harmful |

Question 2: A. facilities B. gadgets C. items D. produce

Question 3: A. achieve B. control C. adopt D. increase

Question 4: A. from B. of C. to D. about

Question 5:

- | | |
|----------------------------------|----------------------------------|
| A. that spent many hours sitting | B. whose spend much hours to sit |
| C. who spend many hours to sit | D. that spend many hours sitting |