

Previous Day's High (PDH) and Previous Day's Low (PDL) in Trading

The **Previous Day's High (PDH)** and **Previous Day's Low (PDL)** are key price levels in **ICT trading**, used to identify crucial **support and resistance zones** in daily trading strategies.



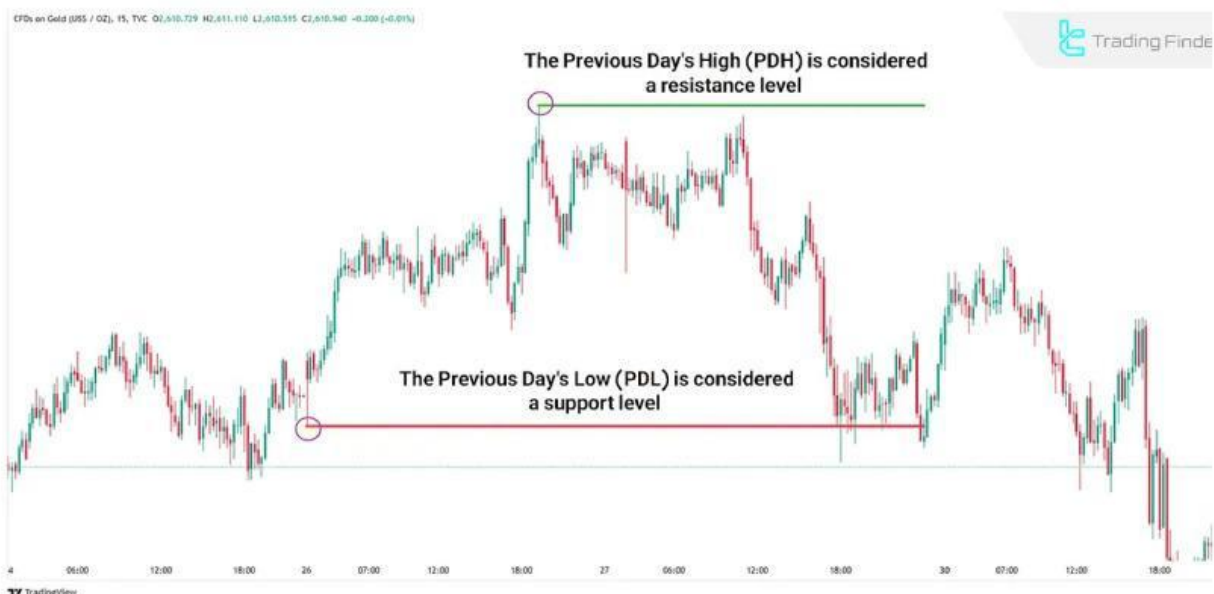
Previous Day's High (PDH) and Previous Day's Low (PDL) in ICT

What Are PDH and PDL?

PDH represents the **highest price** reached on the previous trading day, while PDL indicates the **lowest price**.

These levels help traders analyze past market movements and **identify potential reaction zones**.

Price often shows significant reactions at these levels, making them essential for **day traders**.



How to Mark the Previous Day's High (PDH) and Previous Day's Low (PDL) on a Chart

How Do PDH and PDL Reflect Market Strength?

The PDH and PDL levels act as **market sentiment indicators**.

- ⚡ If the market **stays above PDH** in early trading hours, it signals **strong bullish momentum**;
- ⚡ If the market **remains above PDL** but fails to break PDH, it suggests **weak market conditions**.

How to Use PDH and PDL in Trading

Before the market opens, traders should **mark PDH and PDL** on their charts. These levels can be manually drawn and used throughout the trading session to assess potential trade setups.

An Example of Buy Trading with PDH

In a **5-minute gold chart**, if the price reaches the **PDH zone**, traders can look for **bearish reversal patterns** near this level. This setup provides an opportunity to **open sell positions**.



How PDH Acts as a Resistance Zone for Price Decline

An Example of Sell Trading with PDL

In a **5-minute gold chart**, if the price reaches the **PDL zone**, traders can look for **bullish reversal patterns** near this level. This setup creates an opportunity to **enter buy positions**.



How PDL Acts as a Support Zone for Price Reversal

Conclusion

The **Previous Day's High (PDH)** and **Previous Day's Low (PDL)** are essential **reference points** for day traders.

These levels help traders understand price behavior and **market sentiment** while acting as **key support and resistance levels**.

Price reactions around these zones often provide high-probability trade setups.

Sources:

1.our website link :

<https://tradingfinder.com/education/forex/ict-pdh-pdl/>

2.all Education :

<https://tradingfinder.com/education/forex/>



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