

20 Pips a Day Strategy – ICT-Style Scalping

The **20 Pips a Day ICT Strategy** is one of the methods based on the **ICT style** and **market structure**, aiming to deliver relatively consistent daily profits. This strategy focuses on the **New York** and **Asia** trading sessions.



Using the 20 Pips Strategy in the Asia and New York Sessions

Introduction to the ICT 20 Pips a Day Strategy

The main goal of the **20 Pips a Day strategy** is to capture at least 20 pips daily from the market. This method leverages **liquidity grabs** and **market structure shifts (MSS)** to take advantage of short-term price moves, especially in lower timeframes.

Unlike predictive strategies, 20 Pips a Day is based on actual price behavior and liquidity dynamics in the market.

Advantages of the ICT 20 Pips a Day Strategy

Despite its simplicity, the 20 Pips ICT scalping strategy has several features that make it practical for many short-term traders:

- ⚡ **Ease of execution:** Can be implemented using simple tools like 5-minute and 1-minute charts;
- ⚡ **Daily profitability:** When executed correctly, it can yield consistent daily profits;
- ⚡ **Defined risk-to-reward ratio:** Typically maintains at least a 1:1 risk/reward, enhancing money management;
- ⚡ **Smart position management:** Allows traders to hold a portion of the position to gain additional profit if the trend continues.

How to Use the ICT 20 Pips a Day Strategy?

The strategy is applied during two main sessions: **Asia** and **New York**, as described below:

Executing ICT 20 Pips a Day in the Asia Session

The **Asia session** implementation occurs between **8:00 PM to 12:00 AM (New York time)**.

Price often moves towards **liquidity zones** left from the New York session during the window. After tapping these zones, we usually see reactions such as **reversals or directional** moves.

Buy Scenario – Asia Session

To execute long trades in the Asia session:

1. On the **5-minute timeframe**, identify short-term **lows** formed at the end of the New York session;
2. Wait for the price to **briefly break these lows** and grab liquidity (**Liquidity Raid**);
3. On the **1-minute timeframe**, look for signs of **rejection** or a **Market Structure Shift (MSS)**;
4. Once confirmed, enter a **buy position**. Set **stop-loss at 20 Pips below** entry and **take-profit at 20 Pips above**;
5. If the price moves in your favor, you may **leave part of the position open** to capture further gains.



How to execute buy trades using the ICT 20 Pips strategy in the Asia session

Sell Scenario – Asia Session

To execute short trades:

1. Similar to the buy setup, but this time focus on **short-term highs** formed at the end of the New York session;
2. If price **breaks these highs** and grabs liquidity, switch to the 1-minute chart for further confirmation;
3. Look for signs of **price rejection** or **MSS**;
4. Enter a **sell trade**. Set **stop-loss and take-profit at 20 Pips**



How to execute sell trades using ICT 20 Pips strategy in the Asia session

Executing ICT 20 Pips a Day in the New York Session

The strategy is applied from the **New York session** open until around **10:00 AM (NY time)**.

After the London session sets the **daily high or low**, the **New York session** usually sees a retracement or reversal, offering a prime **scalping opportunity**.

Buy Scenario – New York Session

Steps for a buy setup:

1. Ensure that the **London session has set the daily low**;
2. On the **5-minute timeframe**, identify **short-term lows** formed after the New York open;
3. If price breaks below these lows and grabs liquidity, drop to the **1-minute chart**;
4. If you see **MSS or price rejection**, enter a **buy trade**. Set **SL and TP to 20 Pips**.



Executing buy trades using ICT 20 Pips strategy in the New York session

Sell Scenario – New York Session

Steps for a sell setup:

1. Confirm that the **London session has set the daily high**;
2. Identify **short-term highs** formed post-New York open on the 5-minute chart;
3. If price breaks these highs and grabs liquidity, analyze the 1-minute chart;
4. Upon confirming **MSS or rejection**, enter a **sell position** with a **20-pip SL and TP**.



Executing sell trades using ICT 20 Pips strategy in the New York session

Additional Tips for Success with ICT 20 Pips Strategy

Here are a few tips to increase your win rate while using the ICT 20 Pips a Day strategy:

- ⚡ **Assess overall market condition:** Don't rely solely on setups and always consider broader context like market trend, range vs trend phase, and news impact;
- ⚡ **Use higher timeframes:** Analyzing H1 or H4 helps validate setups and understand market direction;
- ⚡ **Risk management is critical:** Always define your stop-loss and position size to avoid large losses;
- ⚡ **Be disciplined and patient:** Only enter when all conditions are met and don't enter impulsively near key levels without valid signals.

Conclusion

The **ICT-style 20 Pips a Day strategy** is a structured approach to trading based on **price action** and **liquidity behavior**. Traders can identify moments such as **Market Structure Shifts (MSS)** and **Liquidity Raids** and enter trades at precise moments.

A key feature of the method is the combination of **lower timeframe analysis** with **higher-level structures** like **daily highs/low**s and **key London / New York zones**.

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