

# BIG2 Review Unit 2



Playing is fun. When we move, we use our bones and muscles. Bones and muscles help us play.



We throw with our hands. Our hands have many bones. One hand has 27 bones.



We kick with our feet. Our feet have many bones, too. One foot has 26 bones.



When we throw a ball, we use 34 muscles.

When we kick a ball, we use 13 muscles.

When we jump, we use more than 70 muscles.

We need to take good care of our bones and muscles.

## Exercise 1: Fill in the blanks

1. One hand has ..... bones.
2. One foot has ..... bones.
3. When we throw a ball, we use ..... muscles.
4. When we kick a ball, we use ..... muscles.
5. When we jump, we use more than ..... muscles.

## Exercise 2: Write True or False

1. We use our bones and muscles when we move.
2. The hand has more bones than the foot.
3. We use 70 muscles to throw a ball.
4. Kicking a ball uses fewer muscles than throwing a ball.
5. Bones and muscles do not help us play.

## Exercise 3: Answer Questions in Full Sentences.

1. What do bones and muscles help us do? .....
2. Which has more bones: a hand or a foot? .....
3. Why is it important to take care of our bones and muscles?  
.....

## Tag! You're It!

**1** In Ghana, Africa, children play Big Snake. One child is the "snake". The snake runs and tags another child. That child holds the snake's hand. Together they try to tag other children. Other children join the snake. At the end, there is one very big snake!



**2** In Mexico, children play Sun and Ice. There are two teams. On each team, one child chases and tags a child on the other team. That child must freeze. He or she can't move. If another person on that child's team touches the child and says "Sun!" the child can move again.

**3** In China, children play Catch the Dragon's Tail. Children stand in a line. They put their hands on the shoulders of the child in front of them. This is the "dragon." The first child is the head of the dragon. The last child is the tail. The head chases the tail. If the head child tags the tail child, the head child becomes the tail. A new child becomes the head. It's even more fun with two dragons!

## Exercise 4: Matching

Write games to the correct countries.

**Catch the Dragon's Tail**  
**Big Snake**  
**Sun and Ice**

1. Ghana .....

2. Mexico .....

3. China .....

## Exercise 5: Sequencing

Put the steps of each game in the correct order. Number them from 1-3.

### Big Snake (Ghana)

- \_\_\_ Other children join the snake.
- \_\_\_ The snake tags a child.
- \_\_\_ The child holds the snake's hand.

### Sun and Ice (Mexico)

- \_\_\_ A player on the team says "Sun!" to free a frozen child.
- \_\_\_ A child from one team tags a child from the other team.
- \_\_\_ The tagged child must freeze.

### Catch the Dragon's Tail (China)

- \_\_\_ The head tries to tag the tail.
- \_\_\_ Children stand in a line with hands on shoulders.
- \_\_\_ If the head tags the tail, they switch roles.