



FIRST QUARTER EXAMINATION

I. The following activities develop the three aspects of health. Write *P* on the blank if it stands for Physical, *M* for Mental and *S* for Spiritual.

- II. Write *TRUE* if the sentence is correct, and *FALSE* if it is wrong.**

- III. Complete each sentence. Circle the letter of the correct answer.**

- 
- LIVEWORKSHEETS

3. With the gift of five senses, I am able to _____ and enjoy the beautiful things around me.
- | | |
|---------------|------------|
| a. appreciate | c. destroy |
| b. hate | d. boast |
4. We feel _____ to face life's challenges.
- | | |
|--------------|----------------|
| a. excited | c. scared |
| b. worthless | d. overwhelmed |

Complete the sentence below.

5. As a Grade 6 student, I am _____ to know and be able to analyze the issues affecting my country.

IV. How would people feel in the following situations? Underline the best answer.

1. Lea feels (disappointed, inspired) when people in the community work together to make their place clean.
2. The barangay captain is (delighted, disappointed) to work with people who want a clean and healthy community.
3. Majority of the residents in our community are (appreciative, bored) of the well- planned projects of our barangay captain.
4. Chloe (is frustrated with, is thankful to) some uncooperative neighbors.
5. As a Grade 6 student, Noel is now (challenged, dissatisfied) to do something for the good of his community.
6. Sally and Beth feel (comfortable, irritable) living in a clean and healthy community.
7. As a student, Rene feels (interested, annoyed) to see their community members participate in health projects.
8. People in a community get (embarrassed, involved) in different health projects.
9. Community officials are (happy, serene) to see their community members participate in health projects.
10. Bong is (annoyed, thrilled) by the foul smell of the garbage in the streets.

V. Explain the given statement. (5pts)

"No Man is an Island"

VI. What will you do in the following situations? Why? Make a short paragraph of your answer and write it on the blanks provided. (4pts. Each)

1. A friend asks you to try smoking.

2. Two of your friends are having a misunderstanding and you know that it's getting worse because they are saying negative things behind each other's back.

3. One of your classmates are bullying someone at school. You used to be friends with the person that is being bullied. You want to stand up to your friends because you feel bad, but you realize that they will probably not take that very well.

4. Your friend invited you to join their outreach but you know your parents will not allow you because they are concern about your safety.

5. A total lockdown because of COVID was declared in your place for two weeks. What will you do two have a fruitful week at home.
