NAME: _____

Answer the questions below and use the word bank to help you.

Word Bank					
patient	impatient	wait	calm	control	frustrated

1. People that are _____ wait calmly for things to happen without getting upset.

2. The word _____ is the opposite of the word patient.

3. Impatient people often get _____ or restless when delays occur.

4. There is an old phrase, Good things happen to those who _____ .

5. Being patient involves being in _____ of your own behavior.

6. Whenever you feel that you are going to lose your patience, try doing something to _____ yourself down.

LIVEWORKSHEETS