

WHAT IS IT MADE FROM?

GRANULATED
SUGAR

PALM SUGAR

LUMP SUGAR

BROWN
SUGAR

SAP OF
SUGAR PALM

WHITE SUGAR

SUGAR CANE

REFINED
SUGAR CANE



PALM OIL

COCONUT OIL

SESAME OIL

OLIVE OIL





MSG

SWEET SOY
SAUCE

SALT

SEA WATER OR
ROCK SALT

FERMENTED
BLACK SOYBEANS

FERMENTED
CORN STARCH OR
SUGAR CANE

THE FUNCTION

CHOOSE THE CORRECT OPTIONS!

1. The function of sugar is to give ...
a) a salty taste
b) a sweet taste
c) a bitter taste
2. The function of MSG is to ...
a) enhance the flavor of food
b) sweeten some types of drinks
c) extract the taste of food
3. What's the function of salt?
a) to give a salty taste
b) to add a sour taste
c) to give bitterness
4. What's the function of sweet soy sauce?
a) to add a bitter taste
b) to give a nutty taste
c) to give a sweet, savory taste
5. Which seasoning can be used as a natural preservative?
a) MSG
b) sugar
c) salt